CHATS WITH YOUNG MEN

Lacordaire to a Young Friend.

row against it: such is our life. Be-sides, your health is a natural cause of

sides, your health is a natural cause of weakness and remissness, which I quite understand. Take it for your chief penance, and often make an offering of it to God. The most painful mortifica-tions are those which we do not our-selves will, which neither begin nor

end where we want them. A man may have been making inward and outward acts of humility for weeks; and yet, when the time comes, a mere want of respect in some one else may upset him. As for work, I think there is one kind

As for work, I think there is one kind which is always easy and not fatiguing —reading; not random reading, but serious and consistent reading. We thus easily gain—especially at your age, when the memory is still young and fresh—a vast deal of knowledge with little else than pleasure. The "limitation" tells us that we ought always to

tion" tells us that we ought always to

tion tens us that we ought always to be engaged in reading, writing, medita-ting or praying: aut legendo, scribendo, meditando, vel orando. It is the alter-nation of these kinds of occupation that

fills up and at the same time gives charm

to life. Reading serves to attract the mind, to feed, ennoble and purify it, and I can never understand how wealthy men, with a library at hand, can find the beauty and can serve the mind.

men, with a library at hand, can find time hang heavy, and can even lapse into immoral habits. Idleness is the fruitful mother of bad morals, and read-

ing, although not hard work, is enough

trouble and darkness which comes over your mind at times. We must some-

times feel our own emptiness, and see

how wonderfully weak our nature is, and also how frightfully corrupt. There

is not one of us in whom there are not the makings of a saint as well as of a

rogue. That is the explanation of those

monsters of debauchery and cruelty of whom history tells us. At bottom,

perhaps, they were not of a more wicked nature than others, but imagination and

power took away from them every restraint. The devil is as bad as he is only because of the power he has without

your confessions and communions, and

generally in all the exercises which you have laid down for yourself. Such sub-

Good-bye, my dear child; do not be down-hearted. Take each day as it comes, and serve God. Don't make plans. God will call you at His own and your own time. That is the simplest, the safest and the sweetest course to follow.

Poise. People who would attain equisite mental poise must dive beneath the

white caps and the waves on the surface of thought, down into the depths of

their beings, where there is eternal calm which no mental tempest can dis-

A perfectly poised mind must be in

frequent communication with the divine.

Dwelling upon human qualities will never bring that perfect mental balance,

that divine serenity which makes mere

physical beauty unattractive in com-

There is a sweetness, a ripeness,

divine something about a serene mind which eludes analysis, but which we all

feel. No wealth can compare with the benign, satisfying influence which radi-

ates from an exquisitely poised person-

advise you always to be regular in

You must pay no attention to the

to banish idleness.

any moral curb.

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t-paid in order to shut out the thousand and one disturbing influences in our strenu-ous life, the things which warp and twist 000 Copies and distort us; it is necessary to rise into the higher realm of thought and feeling, where we can breathe a purer

Slovenly Mental Habits. The normal mind acts under law : Record The mental faculties will not give up their best unless they are marshaled by system. They respond cordially to order, but they rebel against shipshod methods. They are like soldiers. must have a leader, a general who en-forces order, method.

The majority of people get very little out of their brains because they never learn to think systematically. Their minds minds are like some country-stores where everything is jumbled up. There is no order or method anywhere. The browse, or cogitate, but they do not focus their minds and conduct their mental processes with order.
Slovenly mental habits will destroy

The strength and persistency of our habitual thought-force measure our efficiency. The habitual thought-force

in many people is so feeble and spas-modic that they cannot focus their mind with sufficient vigor to accomplish much. We can quickly tell the first time we meet a person whether his thought-force is strong or weak, for every sentence hutters will partake of its quality.

The person who has a negative thought - force betrays his lack of strength in his every word. His langu-

age is weak, has no gripping quality.
But the man with a vigorous mentality takes right hold of you, grips your mind with every sentence. His power thrills you, and you feel immediately that you are in the presence of a strong

personality.

It is the positive, the aggressive thought that creates, that invents. The negative thought is always weak.

It takes Courage. To speak the truth when, by a little prevarication, you can get some great

To live according to your convictions. The bank at that place was steep and the To be what you are and not pretend

what you are not. To live honestly within your means, and not dishonestly upon the means of My Dear Friend,—You have written me a good letter, for which thanks. You must not be surprised at your liability to fall off; we are all alike there. Absolute steadfastness here below is a fond dream. We first advance and then fall behind; we go with the stream; we were against it; such is our life. Be-

When mortified and embarassed by humiliating disaster, to seek in the wreck or ruin the elements of future

Conquest.

To throw up a position with a good salary when it is the only business you know and you have a family depending upon you, because it does not have your manufactures.

unqualified approval.

To refuse to knuckle and bend the knee to the wealthy, even though poor.

To refuse to make a living in a questionable vecesion tionable vocation.

To refuse to do a thing which you

think is wrong, because it is customary and done in trade. To be talked about and yet remain silent when a word would justify you in the eyes of others, but which you can-

not speak without injury to another.

To face slander and lies, and to carry yourself with cheerfulness, grace, and dignity for years, before the lie can be

corrected.

To stand firmly erect while others are bowing and fawning for praise and

To remain in honest poverty while others grow rich by questionable methods.

To say "No" squarely when those To do your duty in silence, obscurity, and poverty, while others about you prosper through neglecting or violating

acred obligations Not to bend the knee to popular preudice.-Success.

OUR BOYS AND GIRLS.

To Talk Well. Don't speak in a low, monotonous voice. Conversation is like a song. It needs pronounced accent and a great variety of intonations to keep up a susained interest.

Don't tell long stories of personal ex-

periences. One who has the habit of making personal recitals takes the lion's share of the conversation and doesn't give a listener a chance. Don't ask trifling questions. Don't

air your prejudices. Neither contrib-utes to the grace of conversational art, the essence of which should be sym-Don't talk of melancholy or grewsome matters. Give the talk a happy turn. Don't ride conversation too hard. Leave breathing spaces in the talk. It jection to rule is very useful, although it often seems to us that it would be better to follow the irregular impulse of

is not essential that every moment two people are together should be filled with a flow of words. Don't deaden and hinder the conver sation by being too accurate over details. Don't go back and add appendices to a subject after you have once left it. If the subject was not closed to your sat-

isfaction, no matter.

Don't run one story into another.

When you have told a good story stop short in order that its effect ma A good story should be set off by a blank or dull space in the talk.

Don't make a point of agreeing with every speaker. The real zest of conversation lies in just enough difference of opinion to bring out the strong points of two people's character. There is nothing more genial than the warmth of friendly discussion which never rises to anger.

Don't harp too long on one string. Change to another topic before the one in hand is quite thrashed out. To turn the conversation gracefully is like reversing in the waltz, a nice point of skill

Don't affect a stilted style of conversation. The longest words are by no means the best words. Every day idioms and colloquialisms have a directness and terseness that commend them selves to the really good talker.

ality.
Some of our best observatories are Just A Little Yellow Dog. built upon mountain tops so that the great lens which sweeps the heavens may not be obscured by the dust, the dirt, the mists floating in the atmo-Ben was a worthless, yellow cur, but the baby loved him. They always played together. Their favorite spot was the meadow. There in the tall grass one could see the baby's bobbing pink sun-bonnet and close at hand the dog's wav-In order to shut out the din, the

terrible noises which distract the mind, ing tail. In July the grass was ripe, and he baby's father broug and set to work in the hay-field. The man had made the circuit of th field twice, when Ben sprang from the air, get in closer touch with the divine

grass into the horses' faces. When the mower stopped, he stood before it, barking excitedly. The man tried todrive him away, but Ben, usually an arrant coward, stood his ground in spite of kicks and blows. The hired man returned to his seat and started on, determined to proceed, even if the machine killed the dog. But Ben, divining his intention, grabbed him by the leg and

dragged him to the ground.
The baby's father came The baby's father came hurrying up. Ben ran to meet him, and then bounded back into the uncut grass. The father followed. There, just a few rods ahead of the mower and directly in the path of the sickle, lay the baby, fast asleep.

Three Things. Three things to be-pure, just and

Three things to live - courage, affection and gentleness.

Three things to govern — temper,

ongue and conduct. Three things for which to fight-honor

seasoned and tainted, that their vitiated tastes will no longer tolerate what is pure and ordinary. They must have beautiful and the good.

Three things about which to think—

life, death and eternity.

Three things to commend—thrift, industry and promptness. Three things to despise - cruelty, ar-

ogance and ingratitude. Three things to love—the wise, the virtuous and the innocent.

Three things for which to wish—

health, friends and contentment.

Three things to admire — dignity, Three things to admire — dignity, gracefulness and intellectual power.

Three things to attain — goodness of heart, integrity of purpose and cheerfulness of disposition. — The Parish Monthly.

The Fruit of the Rosary. From the lips of Father Lawes we learned the following which happened to

"When a boy he was fishing on the bank of the Thames with his young brother.

water deep. His brother's hook caught in something in the river's bed, and as he was making some effort to loosen it, he overbalanced himself and fell into the water. The current was fast carrying him away, and the now Father Lawes was much in trouble and looked Lawes was much in trouble and looked round for help. He saw a woman sitting close by and she says: "throw in your line to catch your brother!" Immediately he did so, his brother caught the line and was slowly brought to shore. This was about seven miles from home. At the same time his mother says to his

This was about seven miles from home. At the same time his mother says to his Aunt: "Quick! let us say the Rosary, for my boy is being drowned." After the Rosary she felt secure and shortly the boy arrived safe. Enquiries were made without delay concerning the woman seen on the bank, but the Ferryman plainly affirmed that no woman had been there. The gratitude of that een there. The gratitude of that Christian family can easily be imagined." Shortly after Father Lawes was sent to College, hence ordination and a life of zeal and usefulness. Father Lawes is

now at Southampton with health.—Annals of St. Anne. at Southampton with impaired Her Sacrifice.

A teacher in a certain Sunday - school A teacher in a certain Sunday - scnool had been impressing on her girls the need of making some personal sacrifice during Lent. Accordingly, on the first Sunday of that penitential season, which happened to be a warm spring day, she took occasion to ask each of the class in turn what she had given up for the sake of her religion. Everything went well, and the answers were proving highly satisfactory, until she came to the youngest member. "Well, Mary," inquired the teacher, "what have you left off for Lent?'

"Please, ma'am," stammered the child, somewhat confused, "I-I've left off my

THE NEWSPAPER OF TO-DAY.

READING OF ABNORMAL CRIMES DE-PRAVES THE MIND.

One of the incidents of our modern life is the constant study of the abnormal. Our daily reading is the story of crime, degradation and horror. There is none of our journals that does not give each day columns of space to re-volting details of the vilest acts and some of them even boast of making a specialty of these awful happenings.
Not content with what they can crowd into their columns, they print in lurid type on their margins sensational headings, to lure readers to the disgusting

According to our modern standards it is a dull day that does not furnish ome gruesome tragedy to gloat over. If it is not a farm hand murdering a whole family amidst the quiet of a

sylvan landscape, it is a son crazy from drink and jealousy, shooting down his father engaged at his desk in a financial office. If it is not the body of a woman found floating on the reddened waters, it is a charnel house of murdered uncovered by a chance catas-

One day it is the cashier lying dead with a smoking revolver in his lifeless hand; the next day it is the story of a looted bank and the despair of confiding patrons. We turn our eyes from a great railroad wreck with its saddening scenes only to let them fall in the next column on the recital of a mine explo-sion that brought death to hundreds. On one page it is a young murderer, adjudged a lunatic, struggling to cheat the asylum as he cheated the electric chair; on the next page, it is the struggle of a great corporation to evade taxes or fines. A woman staggers starving through the streets of a great city, whilst a banquet that Lucullus might envy is spread before appe-tites too sated to touch the tempting viands. An old man of seventy, tottering to the witness stand to save the remnant of a reputation already wrecked; a minister refused a bishop-ric because of a divorce; a foreign roue with a gilded title chasing a divorcee across the seas. And so it goes on. Murder and blood; catastrophe and decencies outraged: all the laws of God and man broken; infamy applauded if successful: disconesty unwhipped of justice, enthroned in luxury. Crime flowing in a mighty current through a thousand channels; death stalking in

the midst of life. the midst of life.

These are the moving pictures constantly before our eyes in the daily press: this is the kaleidoscope of horror which is ever turning before our gaze.

May we not ask ourselves what consequence of this everlasting contact with the abnormal, the vile. the criminal? What will be its effect upon the community—upon the men and women who regale themselves day after day on these nauseous scenes and their revolting details? What will be its effect on the children, who, almost as infants in their mothers' arms, are fed on picture and print, overflowing with

blood, crime and vileness?

The abnormal begets the abnormal. What is sweet and clean and pure and wholesome is losing its relish for many. They have fed their souls so long on the ed and tainted that their vitiated

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spice and sensation. They demand murder and divorce and the whole dis-

gusting menu.

There is a restlessness in their hearts that is driving them on like the knotted whips of some fury. There is a curiosity that grows as it feeds; it can never be satisfied. Calm and peace are fleeing their souls. They hunger after excitement. They are like men drunk from new wine and ever craving for another draught.

It is an unhealthy condition into It is an unhealthy condition into which our society is drifting. We are burning with a fever which is ever fanned into a fresher flame. It is the modern dancing sickness. We are all dancing whilst the devil is fiddling. The physical outcome is a national attack of nervousness. As a people our reviews agreem, is becoming exhausted. nervous system is becoming exhausted. The result touches every vital organ of the body. We are filling mad houses faster than we can build them. We are piling the horrors of the whole tworld into the limited space of our own tiny lives. We are clutching at spectres that never should have amounted on the horizon La it and appeared on the horizon. Is it any wonder that the fagged brain is breaking under the load that it strains to acquire and strains still more to carry?

And does not this constant portrayal of crime and sin before our eyes tend to remove all horror for crime? Does it not make us familiar with its hideous face? What we first abhorred, now perhaps, we pity; later on we will embrace it. Do not these detailed stories pave the way to crime? Do they excite abnormal desires and passions? Do they not stir the soul with a strange feeling hitherto unknown? Do they not teach the ways and means of crime and the methods of escaping its penalty? Do they inspire an almost unconscious pensity to like deeds? Is it not true that there is developing around us an atmosphere of indifference, an atmos phere that bodes ill for morality? Is not the day approaching when crime will lose all its moral repulsiveness, when penal statutes will be the only measure of responsibility? Can we not already feel the chill of a fatalism, that will blast all the noble and virtuous in-stincts of the human heart, till some cataclysm returns society to its normal status or the kind providence of God

## GREAT MIRACLE AT LOURDES.

opens up extraordinary avenues into

society or the operations of the Church.

—The Monitor, Newark.

The most recent cure recorded at Lourdes can, writes the Paris corres pondent of the Irish Catholic, only be escribed as one of the most remarkable of which the famous shrine of the Imma ulate has been the scene, and as signalizing in a most marked way its golden ubilee. The subject of the cure was one Ernestine Guilloteau, of St. Denis en Gatine, Diocese of Poitiers. The poor sufferer was not unknown in Lour-les, having acted for five years as inirmarian to the sick visitors to the shrine. The malady that reduced her almost to the condition of a corpse was tuberculous peritouitis, which finally in-fected her whole frame. Despite medi-cal care, her condition became such hat she lost almost two-thirds of her weight, and was reduced absolutely to skin and bone—a breathing skeleton. Still under twenty-four years of age, she found he case pronounced hopeless by seven doc-tors, and so she resigned herself to the generous sacrifice of her life. But a voice within called her to put her trust horror; divorce rampant and families in Mary Immaculate, and to betake herdestroyed; crime in the mansion and crime in the hovel. All the human friends urged the absolute impossibility friends urged the absolute impossibility of one in her condition being transported thither. The more their objections grew, the stronger was heard by her the inward appeal. Her condition was so desperate that, to aid her to die without too much suffering, twelve centigramme

> At last she carried her point, and, ac companied by her mother, arrived on August 24th at the grotto, and, according to an eye-witness, never did a more perfect spectre appear on the banks of the Gave. When the procession of the twenty-seventh arrived on the esplanade she could not hear what was going on about her. The night was passed at the hospital of the Seven Dolors, where a mirror was several times placed before her lips to see if she still breathed. On the 28th the medical authorities forbade her being brought to the grotto on refused to receive Holy Communion in the hospital, demanding that the administration of the Most Holy Sacrament to her should take place in the grotto. At 9 o'clock, when the ciborium for communions was being borne by the Bishop of Ravennss from the grotto to the Basi lica of the Rosary, she heard the well-known voice within her bidding her "Arise!" And suddenly the living skeleton came forth from its winding sheet. She sat up, and then followed after the God Who had thus called her back to life. The greatest miracle of the golden jubilee was accomplished.

The succeeding scene is indescriba ble. Returning, accompanied by a mar-velous crowd, to the hospital, she felt hungry. She was given soup, which she partook of with appetite. Then she consumed three eggs; next a little cham-pagne. The digestive organs had re-sumed their functional activities, and there was no abdominal pain whatever; but there still remained, as it were, the marks of Death's claws imprinted on her visage. After the procession of the Blessed Sacrament in the evening, when the skeleton of Ernestine appeared at the Bureau of Evidence, where the doc-

tors and five French, Belgian and Italian Bishops awaited her, Dr. Boissarie, usually so reserved, was not afraid to sum up in these words the situation:
"My lords, it is not a cure I present to

## OUR NEIGHBOR'S FAULTS.

you—it is a resurrection.'

Why is it that so many conversations turn upon the conduct and faults of our neighbor, and why is it that we seem always ready to depreciate his good deeds and to proclaim his failings we look carefully into the matter the reason is easily discovered. It is because we are wanting in that humility which directs us to esteem others better than ourselves—"In humility let each esteem others better than themselves" [Phill it 2] and it that themselves" (Phil. ii. 3)—and in that charity which teaches us to love our neighbors as ourselves, and to do unto others as we would be done by. "All things therefore whatsoever you would have men should do to you do you also to them." (Matt.

vii., 12). If we would avoid speaking ill of our neighbor, if we would overcome the habit of publishing his faults, or of causing mischief by tale-bearing, we should do well to try and put in practise the three rules which are often given us by spiritual writers on this point. The first rule is: If you can not speak well of your neighbor do not speak of him at all. This is a most evoluter wayin for if your neighbor do not speak of him at all. This is a most excellent maxim; for if you think ill of another, or if you are prejudiced against him, you may be sure that your conversation in that person's regard will be under the influence of this prejudice. The second rule is:

Do not say in the absence of your neigh-

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oor what you would not say in his presence. For it is certainly unfair to say hard things or to aim a blow at the good name of one who by his absence is unable to defend himself. The third rule is :



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