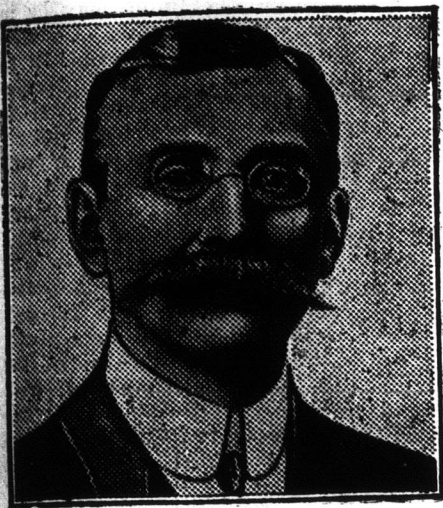


STRONGLY ADVISES "FRUIT-A-TIVES"

Because They Cured Him, And
They Will Cure You



Mr. Alex. McCarter

Walkerton, Ont., May 9th, 1911.

"I have been in Walkerton in business for a good many years and many of my townsmen know that my health, for long periods, was precarious. My trouble was extreme Nervousness, brought on by Indigestion and Dyspepsia, from which I suffered in the most severe form. It was so bad that I could not sleep before about four in the morning. I noticed one of your published testimonials of how someone had used "Fruit-a-tives" for similar trouble and asked Mr. Hunter, my druggist, his opinion on the matter and he advised their use. I immediately procured several boxes and I am pleased to say that I now enjoy splendid health and could not possibly feel better. I can eat with every degree of satisfaction and sleep without an effort. I strongly advise anyone suffering from like complaints, to commence using "Fruit-a-tives".

ALEX. McCARTER.

50c. a box, 6 for \$2.50—trial size, 25c. At dealers or from Fruit-a-tives Limited, Ottawa.

PURGEN

The
IDEAL
APERIENT.

Does not disturb the liver or kidneys, and its effectiveness does not wear off by regular use.

IN SMALL TABLETS OF PLEASANT FLAVOUR.

Of Druggists, 30 c. per box or postage paid for 35 c. direct from

LYMAN'S, LTD.,
474, ST. PAUL STREET,
MONTREAL.

Every Woman

is interested and should know about the wonderful

MARVEL Whirling Spray

The new Vaginal Syringe. Best—Most convenient. It cleanses instantly. Ask your druggist for it.

If he cannot supply the MARVEL, accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.

WINDSOR SUPPLY CO.,
Windsor, Ont. General Agents for Canada.

Dr. de Van's Female Pills

A reliable French regulator; never fails. These pills are exceedingly powerful in regulating the generative portion of the female system. Refuse all cheap imitations. Dr. de Van's are sold at 25c a box, or three for \$10. Mailed to any address. The Scobell Drug Co., St. Catharines, Ont. Sold by the Ultra Druggists, Winnipeg.

letter—the influence of womankind on the life of a man. I can say from experience that I am living a better life today because of the influence of girl friends I have known. I could also say the opposite if I chose, but this may be as much my fault as the ones in question. I think there is almost no limit to the influence a woman or girl may exert over a man's life, either for good or evil. I also think there is a true ring in the letter of "Hazel Eyes" in the July number. If these girls would like any further discussion on these topics I should be pleased to answer any correspondence from them or others who wish to write, you will find my address with the editor,

A True Westerner.

Very Good Advice

Dear Editor:—Although a subscriber for over two years I have not as yet had courage to write to you. I am very much interested in the letter written by "A Young Sufferer" published in the July number. I can heartily sympathize with the dear girl. Although I am only nineteen I have had some trouble in the same line. I have found out from experience that mother knows best. Who does not thrill at the name of "mother." There are so many girls who do not put full confidence in their mothers. Remember girls she has been through many a rough path in life, and will do all in her power to save you from the same. I have often heard mothers say of their grown daughters—she is but a child to me yet. I think if parents are strict on what we girls deem as pleasures they must have good reasons. If you are not allowed to accept any invitations from gentlemen friends why not have a heart to heart talk with mother. Recall to memory her girlhood days. Whatever you do girls do not make dates with gentlemen on the street corners. I think our mothers can judge our gentlemen friends fairly well, but, listen girls, if you have a big brother he can "put you wise." I wish to say before closing give your mother a chance girls, she may seem a little old-fashioned in her ideas, but she has a heart of gold. She will prove a friend to you when all others fail. My address is with the editor, and I hope any of the readers will drop me a line, including "A Young Sufferer." Wishing success to all, I sign myself,

Blondy.

The Suffrage Question

Alta., August 25, 1913.

Dear Editor:—Your valuable paper has just arrived. We have taken it now for over three years. Everyone reads it, and finds something pleasant, instructive and helpful. We hear so much these days about the militant suffragettes. What do our lady readers think about the subject? Personally, I am a strong advocate of woman's suffrage, but I think that Emmeline Pankhurst and her clique are a detriment to the cause. Many women who believe in woman suffrage will not be identified with the movement because of the foolish and unwomanly methods employed by some of its advocates. Woman was the last of God's creatures, and I verily believe she is the best. He intended her to be the best. Then why should we be afraid to let our women vote? Who would close the saloon any sooner than our mothers and sisters? Who would put a stop to the white slave traffic? The women. Why can't the women, who have the care and training of the infant mind have a share in making the environment of youth more pleasant and free from danger? There may be many illiterate women who would not know how to use the ballot; but there are as many men who are the same way. Even the most ignorant woman, I believe, would know enough to vote so as to protect her child, and there are many men who don't. Woman suffrage is coming! Nothing can stop it, and no one in their right senses would wish to. I am fond of music, dancing, football, skating or anything in the sport line. No smoke, no booze, no chew. I come from the moors of Yorkshire. I like writing letters. So any one who cares to write will be sure to receive an answer. My address is with the editor,

Yorkshire Tyke.

The Cheerful Life

It is the right of everyone to live and enjoy the cheerful life. We owe it to ourselves and those who live with us to live the cheerful life. We cannot do so if ill health takes hold of us.

The wife, mother and daughter suffering from hot flashes, nervousness, headache, backache, dragging-down feeling, or any other weakness due to disorders or irregularities of the delicate female organs—is not only a burden to herself, but to her loved ones.

There is a remedy. Forty years experience has proven unmistakably that

DR. PIERCE'S Favorite Prescription

will restore health to weakened womankind. For 40 years it has survived prejudice, envy and malice. Sold by dealers in medicine in liquid or tablet form. Dr. Pierce's Favorite Prescription Tablets can be had of druggist or mailed on receipt of one-cent stamps—for \$1.00 or 50c size. Address R. V. Pierce, M. D., Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules.

How Do You Size Up as a Man?

TO MY READER.

Have you heard of the wonderful new drugless method for the self-restoration of lost strength. Use the free coupon and get full and explicit information, sealed in plain envelope, by return mail. Over 12,000 men wrote to me privately for this free information during February. Everything you need to know about this new self-restoration method is contained in my little pocket-size 86-page illustrated book, which the free coupon below entitles you to. This compendium, or treatise of over twenty thousand words covers its subjects thoroughly and contains complete private information of a special nature, which should be of vast interest and value to any man from the years of youth on through early manhood, married life, and to a ripe, healthy old age. This wonderful little book with its words of wisdom is ready for you.

Please write or call today. SANDEN, Author.

Do you know my friend that a fine, strong, clear-eyed, strong-nerved man is the most powerful influence in the world? His faculties are all normal and evenly balanced; he loves life for itself; he conquers obstacles that the weakling would tremble at; he casts good cheer about him; he fascinates all men and all women who come within the sphere of his manly influence. Do you know that the true power of the so-called "Hypnotic Influence" is really nothing more than the strong personal magnetism of the man who exerts it? Therefore, if I restore your lost strength, reader, I give you the power of the giant. It makes no difference to me what caused your ailing condition, or how unstrung or debilitated you may be, whether young or elderly, short or tall if I can show you a sure and never failing way by which you yourself can restore yourself to complete strength (without drugs) then I can make you as well, vigorous and capable, as buoyant of spirit, as fascinating in manner as the biggest fullest-blooded fellow of your acquaintance.

I will here merely say that my method is a system of vitalization by means of an appliance of my own invention and which, under my patient rights, I call a HEALTH BELT. You place this HEALTH BELT around your waist upon going to bed and wear it until you are thoroughly restored to strength and health. The sensation it produces is a most pleasant one; merely a warm, soft gentle flow of a force which I call vitality. This new method often takes the pain or weakness out of your back in a few hours' time, while you commence to feel better at once. Sixty to 90 days is sufficient to build up your nerves and body, so that you will probably look better, feel better than you have ever looked or felt before. Your friends will soon commence to secretly marvel at the change in your appearance, while you will unconsciously answer "Never felt better in my life" to their greetings.

As your system absorbs the new strength, rheumatism, kidney, liver and stomach troubles disappear.

86-PAGE MAN'S BOOK FREE USE COUPON BELOW

My 86-page illustrated book for men aside from its general advice, fully explains the new drugless method for restoring strength which is referred to above. Write for free copy today. Please use coupon below. There are several chapters of this book which ANY MAN, young or old, single or married, should read and can profit by to the end of his life. Write for it today. Tomorrow you may forget.



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