

Address communications to Agronomist, 73 Adelaide St. West, Toronto.

Things That Lighten Farm Work. Owing to the present scarcity of transient farm labor, the question of earrying on the farm with as little untide has no enchard.

carrying on the farm with as little outside help as possible is a subject of considerable importance. One of the principal ways by which this can be accomplished is by the use of hobor-saving machinery. I use three medium-ized horses when fitting or saving any kind of adaptations.

fitting or sowing any kind of adaptations.

5. Grow varieties of good quality. 6. Plant enough to make an effi-cient farm unit, but not to swamp crop. When plowing a field, except fall plowing for a spring crop, I use a planker made out of three or four



a year's time. For the highest degree of economy a location near the gree of economy a location near the set. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time that a superior of the fields are accessible from the barnyard and very little time the darger of fire is a objection the barnyard and very little time the darger of fire is an objection the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time best. All the fields are accessible from the barnyard and very little time and the dollar to barny dairy farmers of the great in the warmth of spring, proper care and feeding will do wonders for them. I have had fall pigs that didn't look like five cents in April, yet by June lis and ware the fields. The area lis and black to a min

NEW POULTRY BOOK

NEW BOOK, entitled "Canadian Farm Poultry," has just been published by Macdonald College, Que. The book is well bound, tily printed, replete with practical information and is well illus-ted. It is the first Canadian Poultry Book to be offered to the blic, the nominal charge of 56c being made merely to cover cost printing and mailing. A neatly trated

All phases of chicken-raising are discussed, emphasis being laid on the development of winter-laying strains of the more popular numercial breeds. The book should be of timely service to all who po chickens, and should influence the development of the Canadian litry industry, which has assumed a remarkable growth within the at few years. A copy may be obtained by sending 50c in stamps postal note to

THE BURSAR MACDONALD COLLEGE, QUE.

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The Welfare of the Home

A Child's Development Depends Upon Right Food.

A Child's Development of epone and in the provided provided the form of trains quantities of cereals in the form of bread, and dishes in which flour meal or starch is an important constituent. If large quantities of milk, are added to a cereal diet, the child is well nourished and develops normally. On the other hand, if a child eats quantities of cereals but has little milk, he will be under-nourished, his mental development sub-normal, the mink, he will be under-nourished. his mental development sub-normal, his vitality low and various diseases caused by improper nutrition may appear. Many adults whose physical condition is below par also need foods rich in vitamines. Certain chemical elements found in the green leaves of plants are abso-



UNUSUAL CHRISTMAS PRESENTS

will welcome a pair of scales to weigh very small quantities exactly. Amateur mechanics like to carry a brassbound caliper pocket rule, and a carborundum grindstone is an amusing and very useful Christmas gift. Many men will be glad to have a steel measuring tape or a good drawing compass and pen. For women an aluminum toakettle is good. Pepper mills are used more in other c

In the warm hof oppring, more server and the server at the server is the proper data of the pro

And the net cost of making milk cost of makes tabulating the server and consumer to keep production does, it does the tank has worked without a hier of tank has tarrable. A diacretion opopsite to

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