

YOU'LL SUFFER ALL YOUR LIFE

That's What the Doctor Told Him "Fruit-a-tives" Cured Him

Chesterville, Ont., Jan. 25, 1911. "For over twenty years, I have been troubled with Kidney Disease, and the doctors told me they could do me no good, and that I would be a sufferer for the rest of my life. I doctored with different medical men and tried many advertised remedies, but none of them suited my case. Nearly a year ago, I tried "Fruit-a-tives." I have been using the fruit medicine nearly all the time since, and am glad to say that I am cured. I give "Fruit-a-tives" the credit of doing what the doctors said was impossible. I am now seventy-six years old, and in first class health." S. W. BARKLEY. In all the world, there is no other remedy that has cured so many cases of so-called "incurable" Kidney disease, as "Fruit-a-tives." This famous fruit medicine acts directly on the kidneys—helping and strengthening them—and ridding the system of the waste matter that poisons the blood. 50c. a box, 6 for \$2.50, trial size, 25c. All dealers or sent on receipt of price by Fruit-a-tives, Limited, Ottawa.

Little Beauty Chats

Pump Out Your Cheeks if They are Too Hollow for Beauty As one grows older, and to say, the pretty outlines of the cheeks and throat are liable to vanish, leaving one discomfited. Instead of tolerating such a state of affairs, First, my class in beauty must close the lips, then take a deep, full breath. With lips still firmly pressed together, fill the cheeks with air until they look like a rose. I advise the woman of too certain age to take steps to circumvent Dame Nature. It can be done, if you will bring to the



WHEN A LAXATIVE IS NEEDED—"CASCAETS"

Salts, Calomel and Cathartic Pills Are Violent—They Act on Bowels as Pepper Acts in Nostrils

Take a Cascaret tonight and thoroughly cleanse your Liver, Stomach and Bowels, and you will surely feel great by morning. You men and women who have headache coated tongue, can't sleep, are bilious, nervous and upset, bothered with a sick, gassy distended stomach, or have hiccups and feel all worn out. Are you keeping your bowels clean with Cascarets—or merely forcing a passage way every few days with salts, cathartic pills or castor oil? This is important. Cascarets immediately cleanse and regulate the stomach, remove the sour, undigested and fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. Remember, a Cascaret tonight will straighten you out by morning. A 10-cent box from your druggist means healthy bowel action; a clear head and cheerful face for months. Don't forget the children.

TORIES ARE ANGRY

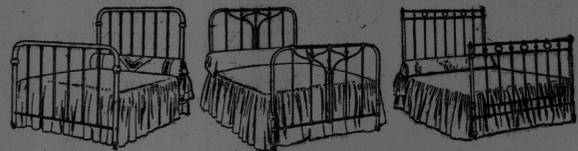
St. Andrew's Beacon—The manner in which the patronage of the county is being exercised is giving offence to many of the stalwart members of the government party. The men who helped to carry the standard of the party to victory have surely a right to be consulted when appointments are to be made, but in the case of some recent appointments at St. Stephen and elsewhere this has not been done. Members of the conservative club in St. Stephen are openly protesting against the methods that are being employed.

Machias Seal Island Light

St. Andrew's Beacon—The marine department has refused to listen to the protests of pilots and mariners against the change in the Machias Seal Island light, and has decided to do away with the twin lights, which have existed on that island for eighty years, and to substitute a single light. Although this light comes within the jurisdiction of the member of parliament from this county it does not appear that he was consulted in connection with the change, and yet, if any disaster occurs on the island as a result of the change, the responsibility must rest upon the government he supports.

White Enamel Beds

We have about twenty-five sample White Enamel Bedsteads, some are perfect, some have a few chips of enamel off. We marked them all down at a discount of 25 p. c. below reg. price.



Regular price \$7.00 Discount price \$6.00 Regular price \$8.75 Discount price \$6.50 Regular price \$9.75 Discount price \$7.30

COME IF YOU NEED A BEDSTEAD

J. MARCUS, - 30 Dock St.

DUCHESS OF CONNAUGHT IS AGAIN STRICKEN

Ottawa, Jan. 8.—The Duchess of Connaught is suffering from another attack of peritonitis, the same illness with which she was stricken last year. She has been removed from Government House to the V. A. Hospital at Montreal by a special train. The duchess has caused a pension of the social functions. The dance to have been given by her, military secretary to his grace, at the Chateau Laurier, is cancelled. The Saturday afternoon parties at Government House continued, and a number of arguments arranged for the week cancelled.

ICE STATION FOR McADAM

Ottawa, Jan. 8.—The county council in afternoon voted a grant of \$300 toward the establishment of a lockup in McAdam. Legislation making McAdam a police district is expected to be passed at the coming session of the legislature. A stipendiary magistrate is to be appointed and the citizens of McAdam will furnish the balance of \$1,200 or \$1,500 required for the erection of a lockup. The attorney-general has ordered that a lockup be established at McAdam and railway and civil authorities have requested such action. The city council last evening decided to hold a plebiscite in connection with the next civic elections on Monday, March 10 next, on the question of whether police control will be taken out of the hands of the city council and given to an independent commission. The report of cases before the police court during the year 1912 has been prepared by Police Magistrate John L. Marsh and shows a total of 238. Of that number 223 were for intoxication on the streets. This number is in excess of the average for drunkenness. A feature of the return is that the number of Scott Act cases from the county and the city was the same.

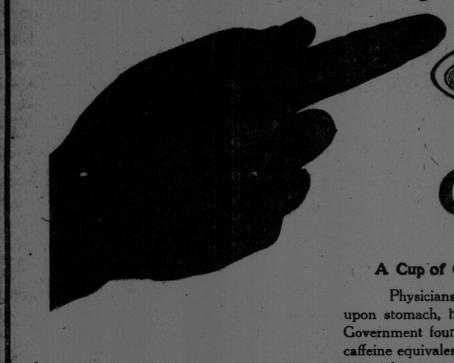
each enthusiasm and perseverance, allowing me to supply the exercise that will put the hollow cheeks on their good behavior. As it is a bargain, O woman of thirty! The answer is yes, I know, spelled with a capital Y. This helpful exercise is not at all difficult, so you have nothing to fear. If you are all ready to take a lesson in filling out hollow cheeks, stand up straight as a string and be, with your

thing so much as the toy balloons which the little tots adore. Retain breath in the cheeks for a moment, then allow it to escape through the lips with an explosive sound. Continue in this manner for ten minutes or until your cheeks and throat muscles are decidedly weary of well doing. Do as directed above every day for three or four months, and I think your cheeks will become prettily round.

ing session of the legislature. A stipendiary magistrate is to be appointed and the citizens of McAdam will furnish the balance of \$1,200 or \$1,500 required for the erection of a lockup. The attorney-general has ordered that a lockup be established at McAdam and railway and civil authorities have requested such action. The city council last evening decided to hold a plebiscite in connection with the next civic elections on Monday, March 10 next, on the question of whether police

control will be taken out of the hands of the city council and given to an independent commission. The report of cases before the police court during the year 1912 has been prepared by Police Magistrate John L. Marsh and shows a total of 238. Of that number 223 were for intoxication on the streets. This number is in excess of the average for drunkenness. A feature of the return is that the number of Scott Act cases from the county and the city was the same.

A Tea Cup



Contains Over 1 1/2 Grains of Caffeine

A Cup of Coffee contains over 2 1/2 Grains

Physicians recognize this drug to be of poisonous effect upon stomach, heart and nerves. Scientists employed by the U. S. Government found, in the famous Rabbit Case, that an amount of caffeine equivalent to that contained in three and one-half average cups of tea or two cups of coffee killed a rabbit.

What wonder, then, if you are a tea or coffee drinker, that you suffer from indigestion, heart disturbance, headache and biliousness, sleeplessness, or nerve irritation?

Multiply 1 1/2 grains of caffeine by the number of cups of tea or 2 1/2 grains by the number of cups of coffee you drink each day and you will determine the amount of poison you give yourself daily.

Eminent physicians are protesting against the present use of tea and coffee. (Your family doctor can vouch for this.)

The aches and ills of your own body also protest when the burden becomes too heavy. Doesn't your own common sense suggest that you quit tea and coffee now?

The New Food-drink

Instant Postum

offers the easy way

This charming table beverage furnishes a hot drink of remarkable palatability. It has a rich seal brown color which changes to golden brown when cream is added. With its delicious flavour and rich aroma, it makes the ideal cup for those who want to get away from tea and coffee troubles.

Instant Postum requires no boiling

It is made "quick as a wink" by pouring hot water upon a level teaspoonful of the powder in a cup and stirring until dissolved. Add sugar and cream to taste and you have a very fascinating beverage.

Grocers sell instant Postum, 90 to 100-cup tins, 50c. 45 to 50-cup tins, 30c.

"There's a Reason"

Canadian Postum Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.

PIERROTS AGAIN SCORE OPERA HOUSE SUCCESS

Empress Troupe Have Won General Praise for Clever Performances

Apparently as much at home on the Opera House stage as on board their good steamer, the Empress Pierrots troupe gave their second performance last evening and delighted the audience in every feature of the programme. An hour of minstrelsy passed all too quickly, and was followed with an entertaining sketch in which the physical and comical abilities of the company were well brought out. They sang a chorus well, good time and spirit of volume, and they have the swing of the professional in their stage movements. Some of them are clever comedians, some sing a ballad more than passing well, and one or two showed skill at instrumental playing; there is also excellent dancing. In all they are a clever troupe of entertainers, who may be assured of satisfied patrons wherever they may appear. One of the song numbers, well sung by F. Roberts, was a melodious writing by C. O'Brien, a member of the troupe. Mr. O'Brien played a violin obligato. The success attained in the Pierrots' Opera House appearance shows them high in popular favor, and they will always have a hearty welcome. They have given two pleasant evenings, and also aided in the good work of the immigration branch of St. Monica's Society. Success to them on land and sea.

A TRIBUTE TO GENERAL DRURY

Colonel Denison Recalls His Popularity Among His "Boys" in South Africa

"I have known him for thirty-six years, and was an exceedingly smart and efficient officer. It was a delight to see him, when stationed at Kingstons, work his battery, especially in the winter. For the last two and a half years he has been with me in Halifax, and not only me, but every one, sound nothing but praise for him. Unquestionably wherever he went the late general was a genial and pleasant officer and beloved by all. Col. Denison, the commanding officer of the Montreal division, thus paid tribute to the late General Drury, who died suddenly yesterday at the residence of George Porteous, 180, A. W. Adams, Bridgeport. General Drury in 1890 embarked on the steamship Sardinian on special service for South Africa, and served in the war during 1899-1900. It was there that his splendid soldierly abilities and power of executive were especially shown. Placed in command of a brigade division (special service), he was called upon, at short notice, to lead his three battalions. He had the privilege of being with him whenever he or any man could stand the amount of work he accomplished, but out of three battalions went, one to Rhodesia and two with Sir Charles Warren, G.C.M.G., in command of the 1st Division, South African Field Force, and it is ancient history how splendidly those same battalions trained and sent out by General Drury, acquitted themselves. "I used to be said amongst his 'boys' in South Africa that the colonel worked them thundering hard, but that they never noticed it, and that was one of the secrets of the late general's popularity. If he did work his men hard, he worked doubly hard himself, and never was known to ask man or horse to do unnecessary duty. Stern and strict he was, but beloved by his officers and men for his justice and impartiality. "A story was told about General Drury in South Africa that will show what a large heart the gallant soldier had. After nearly twenty-four hours' consecutive work, he was begged by one of his aides to take some sorely needed and well earned rest, but nothing would satisfy him until he had personally seen that every man was comfortable and his rations properly served. "This was no light task, when under his command were four or five hundred men. "I think it was on account of the splendid manner in which he joined Sir Charles Warren, with two battalions, that the late general was mentioned in despatches, and promoted lieutenant-colonel, later receiving the C.B.," said a local South African veteran here today. "A telegram was received by Colonel Drury yesterday from Ottawa instructing a military escort to be arranged for the late general's body to the station, but the family, though deeply touched by the offer, declined as the time was so short. "It is a strange coincidence that Colonel Denison and General Drury met on the train from Halifax to Montreal and the colonel told his friend to visit him and at the same time asked him when he was returning. "I shall go home on the sixth," cheerfully answered the general, and on the sixth the vice and behind him was carried home to be buried with full military honors as due to one who, through his noble career, has always put king and his country before himself.

SHIPPING

ALMANAC FOR ST. JOHN, JAN. 9, 1913.

High Tide..... 6.49 Low Tide..... 4.17 Sun Rises..... 8.08 Sun Sets..... 4.54 Time used is Atlantic standard.

CANADIAN PORTS.

Halifax, N.S. Jan 8—Arrd, star Louisbourg, Louisburg. Sid—Star Rappahannock, St. John. BRITISH PORTS. Glasgow, Jan 8—Arrd, star Athena, St. John. Liverpool, Jan 8—Arrd, star Dominion, Portland. VESSELS IN PORT. Steamers. Calvin Austin, 2,833, W. G. Lee, Boston. Empress of Britain, 824, O.P.R., Liverpool. Empress of India, 1,688, Wm. Thomson Co., Dublin. Kvarns, 2,303, J. T. Knight Co., South Africa. Lake Champlain, 474, C. P. R., London and Antwerp. Letitia, 378, Robert Reford, Glasgow. Manchester Shipper, 2,642, Wm. Thomson. Scotia, 1,989, J. T. Knight Co., Mexican ports. Wabana, 2,676, Starr, Sydney. Barkentine. Hector, 498, A. W. Adams, discharging. Schooners. Abbie Keat, 94, J. W. Smith. Anna Lord, 246, C. M. Kerrison, disch. Ann Louise Lockwood, 268, A. W. Adams, discharging. Arthur J. Parker, 118, J. W. McAlary. Cora May, 111, O. N. Scott, laid up. Charles C. Lester, 268, A. W. Adams. Domain, 91, C. M. Kerrison, in for harbor. Elma, 290, A. W. Adams, Boston. Helen, 300, A. W. Adams, Bridgeport. Helen G. King, 138, A. W. Adams, laid up. Henry H. Chamberlain, 303, A. W. Adams. Inisowen, 181, A. W. Adams, laid up. J. Arthur Lord, 188, A. W. Adams, laid up. Jennie A. Stubbs, 156, A. W. Adams, disch. Jermia Smith, 336, C. M. Kerrison, New York. Leonard Parker, 260, R. O. Elkin, disch. McInnes, 191, C. M. Kerrison, disch. Manie Saunders, 234, J. Splane Co. Nellie Eaton, 99, A. W. Adams. Oranmore, 121, A. W. Adams, laid up. Oriole, 124, J. Splane. Otis Miller, 88, in for harbor. Priscilla, 102, A. W. Adams, laid up. R. Bowers, 378, R. O. Elkin, discharging. Rebecca M. Wells, 516, C. M. Kerrison. Rona, 122, D. J. Purdy, laid up. Roger Drury, 307, R. O. Elkin. St. Bernard, 123, C. M. Kerrison. Sallie E. Ludlam, 109, D. J. Purdy. Scotia Queen, 107, C. M. Kerrison, laid up. T. W. Cooper, 156, A. W. Adams, laid up. Vineyard, 178, C. M. Kerrison. Winella, 372, J. W. Smith, disch. W. E. & W. L. Tuck, 386, Gregory. Willena Gertrude, 271, C. M. Kerrison, New York.

YOU TAKE NO RISK

Our Reputation and Money is Back of This Offer

We pay for all the medicine used during the trial, if our remedy fails to completely relieve you of constipation. We take all the risk. You are not obligated to us in any way whatever, if you accept our offer. Could anything be more fair for you? Is there any reason why you should hesitate to put our claims to actual test? The most scientific, common sense treatment is Rexall Ointment, which are eaten like candy. They are very pronounced, gentle and pleasant in action. They do not cause diarrhoea, nausea, flatulence, griping or any inconvenience whatever. Rexall Ointment are particularly good for children, aged and delicate persons. We urge you to try Rexall Ointment at our risk. Two sizes, 10c. and 25c. Remember, you can get Rexall Remedies in the community only at Watson's Royal Stores, King Street, Main Street, and Haymarket St.

GOOD WORK BY SALVAGE CORPS.

Capt. K. J. MacRae of the Salvage Corps, received yesterday a check for \$25, from G. S. Fisher & Co., in recognition of the sterling work done by the property of the recent fire. Capt. MacRae made suitable acknowledgment on behalf of his corps.

More than 4,000 buffalo overcoats which the United States government has preserved for 20 years, or since they were worn by the troops in the Indian campaign in the northwest before 1891, are to be used by the soldiers in Alaska.

Daily Hints For the Cook

PIE CRUST.

One cup shortening (lard and butter mixed), 2 cups flour, little salt. Sift the flour, add the salt and rub in the shortening. Use enough hot water to hold together, handling as little as possible. Roll from you. One-third the quantity gives is enough for one pie.

LEMON PUDDING.

Beat 2 egg yolks with 2 cups sugar. Dissolve 4 tablespoons cornstarch in little water, stir into 4 cups boiling water, add juice of 2 lemons and grated rind, then add egg and sugar and 1 tablespoon butter. Bake in buttered dish 15 minutes. Cover with beaten whites and 3 tablespoons sugar and brown slightly. Serve very cold.

JELLIED APPLES.

Parse 6 or 8 apples, core them and put parings and cores and 3 or 4 more apples cut up in pieces on stove with water enough to cover. Put your pared and cored apples in a steamer and steam until well cooked through, then lift them carefully into a dish. When the parings, etc., are sufficiently cooked drain same as any jelly, put back on stove, let boil 10 minutes, then add sugar to taste, and cook the same as you do any jelly. When ready, pour over the apples and put aside to get chilled. These are nice for lunch with cream.

A SURE, QUICK COLD CURE—ACTS GENTLY

Pape's Cold Compound Cures Colds and Grippe in a Few Hours

The most severe cold will be broken, and all grippe misery ended after taking a dose of Pape's Cold Compound every two hours until three consecutive doses are taken. You will distinctly feel all the disagreeable symptoms leaving after the very first dose. The most miserable headache, dullness, head and nose stuffed up, feverish, aching, running at the nose, sore throat, mucous catarrhal discharges, soreness, stiff neck, rheumatism pains and other distressing varieties. Take this wonderful Compound as directed, with the knowledge that there is nothing else in the world, which will cure your cold and grippe misery as promptly and without any other assistance or bad after-effects as a 25-cent package of Pape's Cold Compound, which any druggist can supply—contains no quinine—belongs in every home—accept no substitute. Tastes nice—acts gently.

LOOKING FOR A SUCCESSOR TO BONAR LAW AS LEADER.

Montreal, Jan. 8.—The Montreal Witness prints the following special cable from London:

"My statement that the Lansdowne meeting of Unionists will decide the fall of Bonar Law as leader of the Unionists is today confirmed, for the general voice of the Unionist press expressed the semi-official announcement that if the Leicestershire Unionists pass a resolution hostile to the foot taxes Bonar Law will certainly resign.

The rank and file of the Unionists would welcome Mr. Balfour back as the leader, but the Daily News says the situation is developing along lines which may be found to appeal to Lord Rosebery. There is thus a possibility that backed by the North London, Jan. 9.—Tariff reform, so far as it involves the taxing of food, is on the eve of final disappearance as a plank in the Unionist policy. A representative meeting of Unionists was held in the house of commons yesterday with the object of hearing, if at all possible, the discussions in the Unionist party created by the recent proposal to impose a tax on food imported into the British Isles, and restoring unity in the party. A memorial was drafted and addressed to Andrew Bonar Law, leader of the opposition in the house of commons, advocating the policy of abandoning the food taxes at the next general elections.

How She Obtained Good Bread

"I have been baking now for twelve years," writes one house-keeper, "and have never had good bread till I used White Swan Yeast Cakes." Sold at grocers in packages of six cakes for 5c. Write White Swan Spice & Cereals, Limited, Toronto, for sample.

There were 1,653 men killed in and about coal mines of the United States during the first eight months in this year.

Only One "BROMO QUININE" that is Laxative Bromo Quinine Cures a Cold in One Day, Only in 2 Days

