POOR DOCUMENT

THE EVENING TIMES-STAR, ST. JOHN, N. B., TUESDAY, OCTOBER 9, 1923

For Your Teeth buy- Winsome

A real cleanser sold by all first class druggists.

VINOLIA COMPANY LIMITED Soapmakers to H. M. the King

THE EVENING TIMES.STAR. ST. JOHN. N. B., TUESDAY, OCTOBER 9, 1923

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The Rand American design of the Complete Hold Market St. John Board Is Complimented Complete Hold Market St. John Board Is Complete Hold Market Market

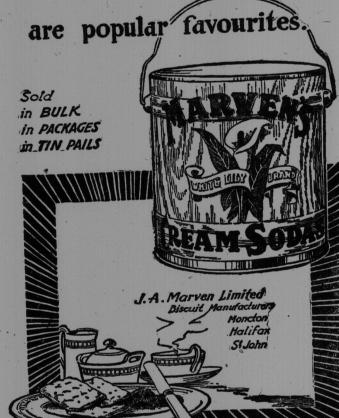
Kellogg's Bran is nature's relief from the terrors of constipation!

Never make light of constipation or any one of its symptoms—there is no telling what disease you may be heading into! The cne thing to do—IMMEDIATELY—is to fight constipation to the last ditch! Not with pills or cathartics; they cannot give you lasting relief! Not with foods with a low bran content; they do not have the bran-bulk to do the work!

What you need, what will give you permanent relief is Kellogg's Bran because it is ALL BRAN! Kellogg's is scientifically prepared to relieve constipation. It will relieve the chronic case or the mild case. You need it, your family needs it!

But, you must eat Kellogg's Bran regularly—each day! At least two tablespoonfuls; in chronic cases this amount with each meal! And, eating Kellogg's Bran is a delight rather.





of truancy, for two of whom he had procured clothing which they greated as following figures as street, \$2; D-16, J. Harts. C. F. Olive, 188 J. Harts. T. Harts. The executive of the New Brunswick Division of the Navy League gave a Main street, 181 J. F. Olive, 188 J. Harts. C. F. Olive, 188 J. Harts. C. F. Olive, 188 J. Harts. The executive of the New Brunswick Process of the DENTAL CREAM LONDON . PARIS . TORONTO



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y president, Rev. H. A. Cody; presi-

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How well-not how long-did you sleep last night?

would be easy to fix the number of hours needed to sustain mental energy, health and bodily vigor. But only those who waken naturally, fully rested, sleep well enough and long enough. If your of the Simmons "Banner" spring mornings always come too soon, you are being cheated. Your sleep equipment may be the cause. Because the quality of sleep you

If the quality and depth of every you use, aren't they worth your one's sleep were the same, it careful consideration right now?

Simmons "Banner" Spring Why not give your bedding the careful study it deserves tonight? Then and Ostermoor mattress. Two cents a night pay for their years of service. Examine all the Simmons springs. They are economical -do not sag and keep their life for many years. get depends almost wholly upon
the kind of spring and mattress

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Bed Springs MATTRESSES AND BEDS

