

globe with its varied and rich productions, and it is without doubt the most important element of the human organism, indeed of the whole world. It presides over all the functions of the body, from the highest to the lowest; it is the medium between the spirit of man and the matter he is made of, for it is the instrument of volition, transmitting his will to all parts of the body under the control of the voluntary nerves.

There are in Nature two kinds of Electricity, viz.: the ATMOSPHERIC ELECTRICITY, so-called because it comes directly from the atmosphere, and produces all the external phenomena on the surface of the globe, and the GALVANIC, DYNAMIC or THERMIC ELECTRICITY, because it is the result of decomposition.

A little reflection will suffice to make it understood how the human organism is acted upon by both kinds of Electricity.

The air by which we are surrounded being laden with ATMOSPHERIC ELECTRICITY, we cannot breathe without receiving a constant supply of atmospheric Electricity into the lungs; and as this kind of Electricity is the greatest promoter of life existing in all the productions of Nature, either vegetable or animal, it is evident we cannot take any article of food with-