

For the True Witness.

AT ROCKCLIFFE.

The evening sunlight glids the leaves, The gentle breezes whisper low— Like voices from the spirit land— Among the tree tops come and go At Rockcliffe by the Ottawa.

We see the river winding on, Making bright pictures through the trees, All golden in the sunset's glow, And rippling in the evening breeze, At Rockcliffe by the Ottawa.

FIRST FRIDAY.

This Monthly Communion of Reparation to the Sacred Heart.

This Great Devotion Said to be on the Increase Among the Faithful.

In the second of the great revelations made to Blessed Margaret Mary, the well beloved disciple of His Sacred Heart, our Lord taught her a practice of devotion which she undertook and performed during the rest of her life.

Once when the Blessed Sacrament was exposed, my soul being absorbed in extraordinary recollection, Jesus Christ, my sweet Master, presented Himself to me.

Do thou, at least, give Me pleasure by supplying, as far as thou art able, for their ingratitude. I will be thy strength; fear not, but be attentive to My voice and to what I ask of thee to prepare thee for the accomplishment of My designs.

This revelation Blessed Margaret Mary made known to her superior, and asked her permission to do as our Lord wished.

The members of the Holy Cross Order at Notre Dame, Ind., propose to found the most unique G. A. R. Post of the United States.

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curing it all the glory, love and praise in your power. I think, dear Mother, that the Divine Heart asks this of you to perfect and consummate the work of your sanctification.

In another letter she relates that while praying for a person for whom her prayers had been asked she heard these words: "Let him devote himself to giving special homage to My Heart by the virtue of patience and of charity."

The practice of the First Friday Communion made such great progress among the faithful during the few years that intervened between the date of revelation and the closing days of Blessed Margaret Mary's life that she was able to write as follows of one city in France:

Before this time she had written that those who desire to honor the Sacred Heart choose the first Friday as the day upon which they are to pay it special honor.

One of the greatest pleasures given her toward the close of her life was the homage paid the Sacred Heart by her brothers, one of whom was parish priest and the other mayor of Bois Sainte Marie.

Five months before her death Blessed Margaret Mary wrote: "We receive Communion twice a week, on Sunday and Tuesday, and I have been permitted, in addition to these days, to receive on the first Friday of the month."

Having thus studied the origin and history of the First Friday as a day of special devotion and reparation to the Sacred Heart, we will be prepared to appreciate the promise, which is given word for word from a letter written in May, 1638, by Blessed Margaret Mary to Mother Saumaise, of whom mention has been made above.

A dispatch from St. Paul, Minn., states that Archbishop Ireland has received from Rome letters appointing Rev. Jas. Trobec, of St. Paul, to be Bishop of St. Cloud.

Mother Cleophas Mills, Superior of St. Catharine's Academy, of Lexington, Ky., has been notified of her selection as Mother Superior of all the Sisters of Charity in the United States.

The foundations of the great London Cathedral are now complete and now the work of raising the walls has been begun.

Rev. Theodore A. Metcalfe, of the diocese of Boston, deserves well of the Church. He has won in the course of his ministry no less than one hundred and twenty-five persons to the Catholic Faith.

The value of the churches, says an exchange, and the land on which religious edifices are erected, not including convents, presbyteries, universities and other religious institutions connected with the church, which are numerous and valuable, in the United States, reaches \$670,000,000; that is, about \$10 per head of the population.

Sister Elizabeth is the latest of the small army of Catholic nuns fighting the plague in India to succumb to the dread scourge which is devastating England's great Eastern Empire.

The first Australian-born ever consecrated Bishop was consecrated on Pentecost Sunday by Cardinal Moran, when His Eminence presided over the ceremony in St. John's Cathedral, Maitland.

The Catholic News says: "The Independent says that chaplains for the U. S. Army and Navy are selected 'in obedience to denominational preferences of officers and men.'"

St. Swithin was a venerable old saint, with a local habitation and a name. He was tutor to King Alfred, of England, and accompanied him to Rome.

According to an estimate, unfavorable to the Catholic Church, since it was made by a German Protestant, her increase from century to century has been as follows:

THE BLOOD OF MARTYRS

Is the Seed of Christians—What a True Prophecy.

First century, 500,000 Catholics. Second century, 2,000,000 Catholics. Third century, 5,000,000 Catholics. Fourth century, 10,000,000 Catholics.

Fifteenth century, 100,000,000 Catholics. Sixteenth century, 125,000,000 Catholics. Seventeenth century, 175,000,000 Catholics.

The estimate admits, it must be observed, first, that the Catholic Church has made progress in every age, and second, that in times of violent persecution she has made most progress.

Mistress: "Mary, how was it I saw you treating your friends to my cake and fruit?" Mary: "I can't tell ma'am, for the life of me, for I'm sure I covered the keyhole."

EXCITEMENT IN THE WEST

The All-Absorbing Theme is the Gold Craze.

The Shipping Companies at San Francisco Doing an Active Business—Mr. Clut Gives an Opinion on the Klondike District.

A dispatch from St. Francisco says:—Although the Klondike is the only topic of conversation in street and office, parlor and barroom, and though every second man you meet declares his intention of going to Alaska as soon as possible, the actual departures for the land of gold have not been so numerous thus far as the departures for Frazer River, thirty-nine years ago.

The promoters of the Klondike boom appear to be getting scared at their success. They have evoked a movement which they cannot stop.

Not be food enough for them at Juneau or on the Yukon. After the season closes it will be next to impossible to get supplies into the Yukon country, and a large proportion of the gold seekers may starve to death.

Gold is not the only precious thing we get from the earth, nor the most precious. For money use it is extremely convenient, but we should find something else if we had none of it.

Gold is fourth on the list, and silver, reckoned at its market value of 60 cents an ounce, is sixth, hard pushed by building stone.

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gold. Several claims yielded 100 ounces and more daily. The Wake-up-Jake Company washed fifty-two ounces from a panful of dirt.

At Van Winkle Ned Campbell and associates took out 1,700 ounces in three days' washing, and near there the Discovery Company, consisting of four men, took out forty pounds in one day, and cleaned up at the end of the season with \$250,000.

The discoverers of the rich diggings at Antler Creek were three men—Rose, Diefy, and McDonald. What became of McDonald, who was a French-Scotchman, from Cape Breton, is not known.

The New York Times, referring to the fever of gold hunting, says:—If rich mines of the precious metals were the sure foundation of national greatness Peru would not be to day an unstable Republic shaken by continual revolutions, and Mexico would be one of the powers of the earth.

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Table with 2 columns: QUANTITIES and VALUES. Lists items like Coal, Iron, Petroleum, Gold, Copper, Silver, and Building stone with their respective quantities and values.

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were out off. Who could compute the number of hands that have been probably busy in working up our 443,000,000 pounds of copper each year into electrical appliances and the thousand and one articles wholly or in part made of it?

It is a good thing that there is much gold in Alaska and the Klondike country. It makes the country richer. But as factors of a nation's prosperity gold and silver are by no means of the first importance.

Mr. Clut, Bishop of Athabasca and Mackenzie, is now in this city to attend the consecration ceremonies of Mr. Brocheal. His Lordship knows all about the climate and conditions of the Yukon and the approaches to that vast district.

What route would you recommend as the most favorable for reaching the Klondike? His Lordship was asked. The Bishop pronounced strongly in favor of the Mackenzie river route.

She was pale but quite calm. "I have just met a bear in the forest," she said. "She shuddered. 'And of course—' Her voice quavered a bit now. '—it was just my luck to have my waist stuck all full of pins.'"

We know the great cures by Holy Sarsaparilla are genuine because the people themselves write about them.

They say that Lester fell in love with his wife at first sight. "I guess he did. They met just after he had finished serving as member of an auditing committee that had been appointed to examine her father's accounts."

One of the best organized Commercial Institutions in America. The course comprises: Bookkeeping, Arithmetic, Writing, Correspondence, Commercial Law, Shorthand (both languages), Typewriting, English, French, preparation for Civil Service, etc.

This institution, directed by the Religions of the Holy Cross, occupies one of the most beautiful and salubrious sites in Canada. It gives a Christian education to boys between the ages of 5 and 13 years.

ADVOCATES, 3 PLACE D'ARMES HILL. F. T. JUDAH, Q.C. A. BRANCHAUD, Q.C. H. J. KAVANAGH, Q.C.



A mother is always ready to sacrifice herself for her baby. But nature does not call for any such sacrifice. On the contrary nature calls for every mother to carefully protect herself and in that way to protect her baby.