

Insane Hospitals as we have to-day. Surely we should take a leaf from the book of our Mother country and provide for this enormous increase.

But to come back to Long Grove; it was opened in 1907 and was intended to accommodate about 2,100 patients drawn from the City of London. The Committee some years ago secured a large estate about 25 miles from the city and on this estate are located 4 large asylums. Each has its own Medical Superintendent and we were informed that a very healthy rivalry exists between the staffs of the four institutions, and this in itself has a good effect on the work done in each of them. It pleased us particularly to examine the facilities at Long Grove for the classification of patients. The male and female sides of the institution are alike and for the sake of brevity we will describe only one side with an accommodation for about 1,050 patients.

1st.—Two Infirmary wards known as Infirmary ward No. 1 and Infirmary ward No. 2, each two stories high and together making room for 168 men. In these wards are kept the men who require special nursing. These two wards are in charge of female nurses and although many recently admitted cases come from the admission cottages still the nurses claimed that they have very little difficulty in managing these new cases.

2nd.—Just beyond the Infirmary wards are located three acute wards known as Acute wards No. 1, No. 2 and No. 3. These accommodate 227 patients who are too much disturbed to be in the Infirmary wards. In these wards are male attendants and the patients are distributed between the three wards according to their propensities and the degree of their excitement. Acute wards No. 1 and No. 2 are each two-storey buildings, but No. 3 is all on the ground floor, and in this ward the patients that they consider most dangerous were intended to be confined, but the Superintendent informed me that he had found that he could use this ward to better advantage by placing in it some old chronic cases of the demented type who