

during lectures, and persevering study. Therefore "*nil desperandum*;" the same means will as surely carry you through. If "*perge et prospera*" be your watchword you will cross the Alpine ridges of ignorance with a splendid array of forces, and be so able to marshall your army of medical lore as to meet any move on the chess-board of disease and accident. Do not drop what is hard, but study it the harder. and, though but two courses be exacted, fail not to add a third on the branch you feel to be to you as the heel to Achilles.

At your lectures be punctual, be regular, be constant, be exemplary. It is a bad prognostic to see a young fellow who has paid out his father's money, got usually after much toil on the old man's part, instead of reaping the advantages it procures for him lounging his time about the College premises or sauntering through the streets. I know of no student who was attentive at his lectures with a fair share of intelligence, who was ever plucked. A chronic system of neglect, however, will inevitably ruin anyone. Be diligent in every useful way. At your lectures carry off all the information you can; from the wordy flood poured forth make rivulets on paper from which the brain may drink in afterwards; otherwise the whole will probably slide over both ears unheeded and uncaught. Often try to recall what you have learned, digest it, sink it deep into your mind; and from time to time hold an assize with yourself as to your proficiency by constituting yourself both the examiner and the examined.

It is often said of a physician, his popularity is due to his manners; while then you are preparing for his position attend also to their culture; as you would have them then so you should trim them now. Let the shadow that falls from you upon others be gentle, kind and genial. Let it not be coarse nor repulsive, for the sick you will have to attend may be of delicate feeling, cultivated taste, and refined minds. Let it leave no remembrance of vulgarity to wound the tenderest nature. Let it always be humane and sympathizing. Let it not exhibit any kindred with a spirit of Vandalism, that delights in wanton wrong; and let it not mar its influence by any occasional burst of rowdiness or wild puerile folly. And while the shadow that falls from you should have these traits let it also have a quiet, grave cast. Your manners should leave such a shadow, for the business of the physician is no sport; impending death is no joke; the responsibility of having a man's life in your hands is no farce; the guilt of not having done all you should have done is no trifle.

As nothing is harder to escape than the snares of

bad habits, once their coils have been spun, so medical students should not form habits unsuited to practitioners. In no other profession than the medical is there greater need for a man to be sober. Unless the upper decks be kept clear for action his wits are not fit to meet an engagement. If I could gain the ear of an inebriate who prefers intemperance to reason I would tell him to aim to be almost anything but a drunken doctor. I would tell him that as such sooner or later he will inflict injury and reduce himself to penury. What more unfit than him when muddled or half mad to rule where every hope lingers upon his words; where bleeding hearts look to him to save a dying mother; where his groggy fingers try to impart news to his maudlin brain or shake out its behests! Who that could avoid him, would have him?

Now for a few words on smoking. I do not say "thou shall not smoke tobacco," after the authorities of Berne, who caused these words to be written on a tablet of their church; nor will I uphold to your imitation the pattern of Dr. Parr, who, unless asleep or eating, was usually found burning the weed; but I advise those of you who smoke to do so at the right time, and in the right place, and so that it will not weaken your energy nor fog your mind. Dissection would be finer if while being done the hand were not weakened by the narcotic. The atmosphere of the class-room would be more pure and bracing, more conducive to attention and memory if it were not soiled with deadening nicotine.

Set a proper estimate on the worth of life. No study can be too great which will enable you to save life, or make it more enjoyable; these are the objects of medicine; these are the merits you must affirm you have before you can be enlisted into her ranks. Before you can be graduated you will have to swear "*coram Deo*" that you possess "*Omnia ad ægrotorum corporum salutem conducentia*," in other words that you are masters of the skill and art which conduce to the recovery of the sick. What a motive is this to urge you to turn your advantages to the best account; to give the full benefit of all the resources science places within your reach to your patient who looks to you, under the Great Physician, to prolong his days, and avert the calamity his death would cause. Be no respecter of patients. Treat all alike. Destitution may mask the noblest front. Some physicians were once consulting over a loathsome looking object upon the pallet of an Hospital, and when their prescription was given it was added in Latin "let the experiment be made upon the vile body." Instantly the mass of woe I started from disguise, and in the