

Courts of Justice those neglecting to give you the notification required by law.

2° Notify this Board immediately, by telegram if possible, should any case occur in your municipality.

3° Placard immediately infected premises.

4° See that, whenever it is possible, Cholera patients be immediately removed to the isolation hospital, if there is one. It would be most desirable for your municipality to have a special building, shed or tent (barns have sometimes been used with advantage) for the isolation of the sick. The number of infected places in the locality can then be greatly reduced.

5° Superintend the immediate quarantine of the house and inmates and the lot upon which it is situated. Place a guardian near the house to do the outside service, and see that quarantine be continued until ten complete days after the disinfection of the premises.

6° Provide an ambulance or carriage for the exclusive conveyance of infected patients to the isolation hospital, as also hearses or carriages to be used only for the transportation of corpses. These carriages shall be disinfected after each use.

7° Superintend personally, or through your Health Officer or other qualified person specially appointed for the purpose, the disinfection of infected houses and contents, their dependencies, stables (evacuators may have been thrown there), ambulances or carriages. Such disinfections are to be made according to the methods described in the by-laws of our Board.

8° Provide suitable shelter for families who have to leave their houses during the disinfection.

9° Superintend the removal and interment of infected corpses, and allow no one to attend the funeral except the clergyman, a member of the family, the person removing the body and the grave-digger.

10° Discourage public meetings and assemblies and generally any large congregation of individuals.

For any information you may require, apply to the Board of Health of the Province, No. 76 St. Gabriel Street, Montreal.

Such are briefly the preventive measures which you must take in the interest of all those entrusted to your care and to whom you are in law bound to give all possible protection. There is no difficulty whatever to be met with in carrying out the above prescribed measures which it is your duty to execute. You have only to *set to work firmly* and at once, being convinced that the means offered to you are the only ones by which you can prevent and fight Cholera, and that there is not a moment to be lost if you desire to protect your municipality promptly and efficiently.

Therefore the Board of Health of the Province hopes that, under the circumstances, you will do your duty with courage and resolution, and that nothing will be neglected by you to help in averting the threatened danger and keeping back the common foe, if possible, or in fighting with energy against it if it comes amongst us. Every family in your municipality relies upon your zeal and activity for its protection, and it is your duty to act so as to impress upon the mind of the whole community that confidence and security which is so useful and necessary during an epidemic.

We have the honor to be,

Your obedient servants,

ELZÉAR PELLETIER,

Secretary.

E. T. LACHAPELLE,

President.

MONTREAL, September 1st, 1892.

WHAT IS TO BE DONE WHEN CHOLERA IS IMMINENT.

(INSTRUCTIONS TO FAMILIES)

PRECAUTIONS AGAINST CHOLERA.

Avoid hardships and exhaustion.

Avoid excesses in every form, and be particularly moderate in drinking and eating.

Avoid unripe or unsound fruits; beverages of inferior quality; uncooked or undone food, especially vegetables.

Avoid dampness and chills, iced food and drinks.

Avoid uselessly attending public assemblies.

See that your drinking water be pure. Boil it, if you doubt its purity; this should always be done with well-water. It is well also to always boil the milk especially as it is often adulterated with water.

Have your food always of good quality, sound and well cooked.

Pay a great attention to personal cleanliness and also to that of your clothing.

Your house, from cellar to garret, must be kept scrupulously clean, especially the cellar which is most generally neglected. Give free entrance to air, light and sun, for they are the best means of making a house healthy.

Be particular that the soil around your house is not contaminated by stagnant pools of water or animal and vegetable refuse. Remove from the vicinity of your house all rubbish in state of decomposition. Burn all filth and refuse, or have them removed and buried.

Empty, clean and disinfect all what may be soiled in your house or in its vicinity: cess-pools, privy pits, water-closets, sinks, drains, gutters, manure boxes, stables and other dependencies. An excellent practice would be to