

govern our regulation of the food of the sick. A scheme is given of a model diet for a consumptive patient, and another for a diabetical patient; while the last chapter gives a number of recipes for nutritive enemata and dietetic preparations, which the author himself has designed and employed with success.

MOTHERS AND DAUGHTERS.-- Practical Studies for the Conservation of the Health of Girls; by T. S. Verdi, A.M., M.D. New York; J. B. Ford & Co.

This is a nice volume of nearly 300 pages, containing a great deal of valuable information. More of such works are a positive necessity, and we hope many editions of it may be required. 'Maternity: a treatise for Wives and Mothers,' by the same author, has passed through five editions. The lack of such works by respectable authors has been the means of bringing into use books of a greatly inferior order. The matter in this is treated under three heads: The Physiology of Women; Hygiene for Women; and Functional Irregularities and their Preventive Treatment.

In the preface the author says:—'Convinced of the truth that girls suffer from an ignorance of the principal functions of their sex; convinced that mothers and teachers, through a mistaken sense of delicacy, and often through ignorance as well, are lothe or unwilling to convey to a girl a knowledge so important to her well-being—not for the period of her girlhood only, but for the successive ones of womanhood and motherhood—we have devoted great care to the preparation of this volume, which while it may instruct, will not excite morbid fancies, and in which the parent and the teacher will find a safe monitor on a subject of so much moment to the health of girls under their guidance.'

THE QUARTERLY JOURNAL OF INEBRIETY—Published under the auspices of the American Association for the cure of Inebriates. \$3.00 per annum. Subscribers should address Dr. T. D. Crothers, Binghamton, New York.

We have received the three numbers of this new Journal, which contain articles on The Causes of the Increase of Inebriety—Duration, Mortality, and Prognosis of Inebriety—Inebriate Asylums and their management, &c., &c.

MAP OF THE OTTOMAN EMPIRE, the Russian Provinces on the Black Sea, and the Kingdom of Greece. Toronto, Hart & Rawlinson.

This in size is about 22 × 14 inches, neatly got up and coloured.

THE PHYSICAL, MORAL, AND SOCIAL EFFECTS OF ALCOHOLIC POISON, as a Beverage and as a Medicine; by J. H. Kellogg, M.D.—Office of 'Health Reformer,' Battle Creek, Mich., U. S.

This is a book of 125 pages, treating of the different parts of the alcoholic question indicated by the title. We cannot agree with all the author writes, but do, fully, with his implied doubts as to which is productive of the greatest amount of injury to the human family, alcohol or tobacco; and also that, we must stop making drunkards. Rather, perhaps, let us try and make men sober, and able to keep so. The cooling vegetable diet recommended would, no doubt, aid many in overcoming their inordinate taste for strong drinks.

FIRST ANNUAL REPORT OF THE STATE BOARD OF HEALTH OF WISCONSIN, for the year ending December 31st, 1876.

This is largely taken up with an account of the organization of the Board. There are good articles on Small-Pox and its Prophylaxis, on Sewerage and Drainage, on the Construction and Ventilation of Public Buildings, on Mental Hygiene, on food and Domestic Beverages, and on Registration.