

Vapo-Cresolene
Established 1879

Whooping Cough, Croup, Bronchitis
Cough, Grip, Asthma, Diphtheria

Cresolene is a boon to Asthmatics

Does it not seem more effective to breathe in a remedy to cure disease of the breathing organs than to take the remedy into the stomach?

It cures because the air rendered strongly antiseptic is carried over the diseased surface with every breath, giving prolonged and constant treatment. It is invaluable to mothers with small children.

Those of a consumptive tendency find immediate relief from coughs or inflamed conditions of the throat.

Sold by druggists.

Send postal for booklet.

LEWIS, MITES CO., Limited, Agents, Montreal, Canada. 307



**Best for Bread
Best for Pastry**

Beaver Flour Manitoba Spring Wheat is a blend of Ontario Fall Wheat. That is why it is equally good for bread and pastry.

Beaver Flour

takes up water readily—stands up in the oven—makes the whitest, most nutritious Bread—and the lightest Pastry. Yields MORE of both to the barrel.

Is not that the flour YOU want?

AT YOUR GROCER'S.

Dealers, write us for prices on Fresh, Coarse Cornmeal and Canal. T. H. Taylor Co., Limited, Chatham, 80



Prevention of Consumption.

Dr. Herbert Lanier, of Martinsburg, Mo., a writer in the recent number of The Medical Brief, holds that there is no comparison in the benefits to the human race between the efforts of historians in their researches after knowledge and equal efforts made in the interests of hundreds of thousands of white plague sufferers. Dr. Lanier proceeds to point out that something more is needed than the sanatoria of to-day. He insists that prevention should be the aim, and that this aim can be reached by an intelligent method of municipal treatment. All that he says fits the case of Ontario exactly. We have three sanatoria in Ontario, each doing grand work in their own sphere; but we are sadly deficient in methods for prevention, without which patients for these several institutions keep increasing and multiplying. The Muskoka institutions do not take incurable cases, hence incurable patients cannot enter there, and such patients do not like to be earmarked as incurable, as they are, when they are sent to the Toronto Free Sanatorium, so they linger on and die at home. The people are calling for action. The kind of action should be worked out by the Provincial Board of Health and Mr. Hanna should insist that they do it, and that at once. If it were not for the gifts of Providence to our splendid Province, our health statistics would condemn us, for we are not abreast of the times. Germany under State management, has produced a pheno-

menal drop in the death rate of ten per 10,000 in five years ending 1903. Friendly societies in England are taking the matter up. The City of New York, in 1893, adopted the voluntary system of notification, and improved upon it by making it compulsory in and since 1897. Montreal is getting down to work, so is Ottawa, and the results already achieved in these places should stimulate our Provincial authorities. Laymen everywhere have stepped into the breach with the result that they insist that the medical authorities be "up and doing."

When Long Breaths Hurt.

You know that troubles exist which need quick attention. Proper action consists in a vigorous rubbing of the chest and the side with Nerviline which sinks into the tissues where the pain is seated, and gives relief in a few minutes. No inunction so clean, so strong, so powerful. Results guaranteed with every 25c bottle of Poison's Nerviline. Get it today.

A Grim Record.

After the recent wreck on the New York Central line to White Plains, The New York Tribune published a table showing that in the United States and Canada from August, 1906, to February, 1907, there had been 49 railway wrecks with loss of life. In these wrecks there were 351 persons killed and 474 injured. Only one of these accidents occurred in Canada, but in view of the fact that the methods of railway operation all over this continent are incidental, the record is of grave importance to Canadians. The situation is serious. It is a pertinent question to ask the railway managers what they intend to do about it? In case no satisfactory answer is received from these men, the public should ask the same question of the Railway Commission. It seems reasonable to believe that this wholesale slaughter might be lessened by a little more care on the part of the railway officials and employees.

Dead in His Cutter.

Stratford, Feb. 17.—Donald Matheson, a C.T.R. employee, was found dead in his cutter last night. He lived in the country, and came to town in the evening. When last seen alive he was making ready for the return home. Dr. Rankin, coroner, has ordered an inquest. Matheson was 57 years of age, and leaves a widow and six children.

H. McLurg, of Ailsa Craig, has purchased Ed. De Gex's Clydesdale stallions Brightstone and Sir Aubrey.

A Doctor's Medicine

Ayer's Cherry Pectoral is not a simple cough syrup. It is a strong medicine, a doctor's medicine. It cures hard cases, severe and desperate cases, chronic cases of asthma, pleurisy, bronchitis, consumption. Ask your doctor about this.

The best kind of a testimonial—
"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass.
Also manufacturers of
SARSAPARILLA PILLS.
HAIR VIGOR.

We have no secrets! We publish the formulas of all our medicines.
You will hasten recovery by taking one of Ayer's Pills at bedtime.

NOTICE TO BUILDERS.

If you think of building this season we are prepared as never before to give you lowest prices on

Nails, Glass, Locks AND ALL Builders' Hardware.

No trouble to furnish estimates as we are sure we can save you money.

All Nails from 2½ inch up, \$2.50 Per Keg.

N. B. HOWDEN.

LOCAL OR OTHERWISE.

The forecaster of an early spring bases his predictions on the early date upon which Easter falls.

A READER writes that he saw a cloud formation the other day that looked like a dog. Probably a sky terrer.

At one of the stations on the Regina branch of the C.N.R. they have taken down the time table and substituted therefor: "Trains are due when you see the smoke."

The Municipal Councils as a rule surrender collector's bonds or cancel them on return of their rolls with receipts from the treasurer. The bonds, it is held by the Courts, should not be dealt with in any way. They are to remain in possession of the Clerks the same as all other documents.

PAT SHAUGHNESSY, hearing that the bank in which he kept his savings had failed, rushed around with his bank book and demanded all his money. The paying teller straightway began to count it out. "Oh, ye've got it have ye?" said Shaughnessy, with a sigh of relief, "Kape it, then, Oi don't want it as long as ye have it."

A bill to provide that those nominated for municipal office in townships shall be required to file their qualifications the following day, has been wisely withdrawn in the Legislature. This principle, which has been extended to villages, is also to be withdrawn, on the ground that many men, who, if elected, would serve, but will not waste the time to file their qualifications.

AMONG the spectators at the Forest-Ailsa Craig curling match last Thursday were two commercial travelers. After watching the game awhile one of them remarked:—"Now I know what the prophet meant when he said, 'A curling stone gathers no moss.'" The other replied, "I don't see that it cuts any ice either." Then they started to curl.

Regarding occupations the Ontario Legislature is composed as follows: Farmers, 27; lawyers, 17; physicians, 12; merchants, 11; editors, 8; agents, 8; manufacturers, 6; contractors, 4; undertakers, 2; mechanics, 1; Public School inspector, 1; hotelkeeper, 1. Total 98. As regards religion, the figures are: Presbyterians, 34; Episcopalians, 30; Methodists, 20; Catholics, 11; Baptists, 2; Evangelical Association of America, 1. Total, 98.

Our idea of a good citizen, and we are glad there are many in this community, is one always ready to give, according to his means, to community enterprises. He takes stock in them all, and doesn't lose his faith if an occasional venture proves bad. He is not afraid to buy real estate and to pay what it is worth. He talks up his work at home and abroad, thinks it the healthiest place on earth and wants to be buried here when he dies. And he is worth a whole regiment of the lukewarm kind.

THE GOVERNMENT AND ZAM-BUK.

Survey Out From Fort William Takes A Supply of This Useful Balm.

Zam-Buk, the favorite household balm and salve, is now adopted as "the Doctor" by leading parties engaged in surveying various parts of the Dominion lands.

Mr. Henry Hall, writing from Fort William, says: "Having proved how beneficial Zam-Buk is in cases of cuts, skin injuries and diseases, I determined to keep a supply handy. Being engaged to go on a survey, I thought it would be a most useful thing to take along. I obtained a supply in Fort William and very well it was I did so. I may say that pretty nearly every day it was called into requisition by one or other of the party for cuts, bruises, burns, or some injury or other. It is wonderful how quickly Zam-Buk takes the smartness out of cuts, burns, bruises and injuries; and on our survey it earned golden opinions from all who had occasion to try it. I have found it very fine for skin disease, and I can strongly recommend it as a household balm."

Mr. Lascelles Scott, one of the leading Government analysts, says: "I have no hesitation in certifying the entire purity of Zam-Buk, which in my opinion is excellently adapted for skin injuries and diseases." Zam-Buk cures cuts, scalds, burns, bruises, eczema, scalp sores, ringworm, ulcers, abscesses, chapped places, Spring pimples, blood poison, chronic abscesses, etc. As an embrocation it relieves rheumatism, neuralgia and sciatica. All druggists and stores sell at 50c. a box, or from Zam-Buk Co., Toronto, for price 6 boxes sent for \$2.50. Send 1c stamp and we will mail you free sample box.

Canada's Oldest Man.

Montreal, Feb. 20.—John Collins, aged 111, probably the oldest man on the continent if not in the world, died at his residence on Chomey street, this city. Some weeks ago, Collins, who was born in Ireland in 1796, was attacked with pneumonia, and while he held up wonderfully under the strain, retaining his faculties until almost the end, he eventually succumbed. So clear was Collins' mind that he had a distinct recollection of the crowning of Queen Victoria, and he had lived under five British sovereigns and a regency, beginning with George III, and ending with Edward VII.

The Deaf Made to Hear.

Deafness because usually due to Catarrh, is quite curable. In a thousand cases this is proved absolutely true. Success invariably attends the use of Catarrhoxone which has cured catarrhal deafness of twenty five years standing. Penetrating through the passages of the ear, the soothing vapor of Catarrhoxone relieves the inflammation, destroys the seeds of catarrh and thereby allows nature to re-assist herself. Try Catarrhoxone yourself, 25c and \$1.00 sizes sold by all dealers.

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For Infants and Children.

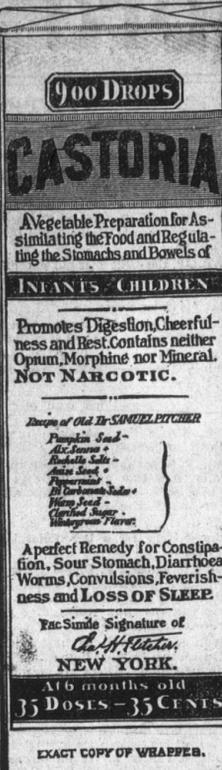
The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Hatcher*

In Use For Over Thirty Years

CASTORIA

THE CHERRY COMPANY, NEW YORK CITY.



Do You Weigh Enough?

Everyone of average intelligence knows something of the immense value of Cod Liver Oil and Iron as remedial agents. Consequently no one would be surprised to hear that very satisfactory results had followed from giving "FERROL" (a perfect emulsion of Cod Liver Oil, Iron and Phosphorus) in cases where Iron and Oil appeared to be needed.

But, when we ask people to believe that in an actual and scientific test made by an eminent and well-known physician, twenty-five bottles of

FERROL

were given to ten patients and the result was a net increase in weight of ninety-five pounds, we are aware that we are asking a great deal; nevertheless we are prepared to prove that this is an absolute fact, by evidence that no reasonable person can reject. Moreover, this is no isolated instance, but only one of many equally remarkable.

Very few people properly appreciate the importance of maintaining their normal weight.

There is no surer indication of approaching disease than a considerable loss of weight and even where this is not the case, a man whose weight is not up to the average is always in danger of contracting any of the germ diseases which are unfortunately so prevalent. On the other hand, while his weight is well maintained, a man is practically proof against attack, and if disease is already present, the fact that the weight is being increased is proof positive that the disease is being overcome.

The desirability of maintaining the weight should therefore be apparent. In view of this we can confidently recommend "FERROL" as the surest, speediest and most effective medicine by which the weight may be maintained or restored.

J. W. McLAREN, Druggist, WATFORD, ONT.

CUSTOM SAWING

We are sawing every day and can cut your logs any time you wish. John Odell, of Warwick, is our sawyer.

WE WANT TO BUY a large quantity of HARD MAPLE, for which we pay highest cash prices.

R. C. McLEAY, WATFORD.

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