

"Save the surface and you save all" Paint & Varnish

Safeguard Your Roof

B-H Shingle Stain

THE roof is an important item—it "makes" or "mars" the whole structure. In shingle-roofed houses it is even more necessary to see that it is in good regular repair, because once a roof commences to decay a general deterioration of house-value is the immediate result. To ensure a permanent durability, as well as an added appearance, use

either as a mixture in which shingles are dipped or as a stain to apply to the completed roof. It comes in all colors, and gives a tough, durable "seasoning," besides contributing largely to the artistic effect of your home. Like every other B-H product, the B-H Shingle Stain is first choice among people who know good paint.

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A Refrigerator for the Automobile.

It is not too early in the year to consider next summer's automobile trips and luncheons, since the equipment for such little festivities can frequently be used in the home most conveniently. Particularly does this

apply to the little refrigerators which, intended for use in an automobile, fit in admirably with the furnishings of a small apartment.

This refrigerator is distinctly fortunate in its ice chamber, since this keeps ice unmelted for 24 hours. The chamber can be slipped along in the ice box so that it can be placed either at one end or elsewhere, thus making

the packing of the food a simple task. The refrigerator may be had with either a zinc or a white enamel lining; the enamel is perhaps prettier to look at, but the zinc is more practical, since it remains unscratched when the ice chamber is moved. The refrigerator is of convenient size—about two feet long and 18 inches across—so that it can be easily strapped on the running board of an automobile by means of its heavy straps, or placed on a small shelf outside an apartment window. For those who indulge in housekeeping on a miniature scale, it is an admirable contrivance, and its size makes possible the storing of as much food as one cares to keep on hand in such a place.

The long-handled dustpan is a great help to the housewife. As a rule an inexpensive cut of meat has little or no waste. Fondant may be used as filling for dates and cooked prunes. Run fresh coconut through the food grinder instead of grating it. Try dipping the french fried potatoes in oilmeal before frying. After a rather heavy dinner, fruit is the most desirable dessert. A well-ventilated house is a great factor in the health of the family. A good dandelion salad has the leaves sprinkled with grated cheese.



"Cascarets" act on Liver and Bowels without Gripping or Shaking you up—So Convenient! You wake up with your Head Clear, Complexion Rosy, Breath and Stomach Sweet—No Bileousness, Headache or Constipation

LONDON GOSSIP.

PRINCES AND MOTOR-CYCLING.

The King and Queen refused to allow Prince Albert and Prince Henry to have a motor car while at Cambridge. "Too expensive and detrimental to discipline," was the parental opinion, and so the Royal Undergrads have motor cycles. Officially these are to carry them to and from lectures. Actually they tear about all over the place on them. They are capable drivers, Prince Albert particularly so, his experience in the Flying Corps having given him every confidence. The Prince of Wales never was keen on the motor bicycle, and when quite a youngster aspired to the motor car. He now owns several. At the front the Prince of Wales has every opportunity of using the motor bicycle, but he preferred the ordinary "push bike," and never used the motor cycle. The side car was also a pet aversion of his.

EX-KAISER FOR JAVA.

For two whole days the energies of the Supreme Council, the "Big Three," reinforced by the Belgian Premier and the Japanese Ambassador, have been taken up by the question of the war-guilty ex-Kaiser and his lieutenants. In respect of Wilhelm II., the Allies are so far agreed that he cannot be suffered to remain in Holland in dangerous proximity to his former Reich, but their new representations to The Hague tend rather to leave the Dutch Government the finding of, and responsibility for, a solution. The removal of the ex-Kaiser to one or other of the Dutch Colonies is distinctly suggested, although not precisely demanded. The parallel of Elba—or St. Helena—is obvious, and deemed regrettable in a good many quarters. It would be, as a Belgian diplomat put it the other, "an elegant way out." Elegant, if rather spectacular, not necessarily safe.

GERMANY'S FIRST DIPLOMAT.

Dr. Sthamer, the German Charge d'Affaires, who has come to London to take over the palatial Embassy in Carlton House Terrace, overlooking the Mall in St. James' Park, will present his credentials to Lord Curzon this week. That done, Germany technically becomes a friendly nation once more. For a long time it is to be feared the friendliness will be very frosty official. That Dr. Sthamer, an elderly, dapper, but actually efficient personality, thoroughly appreciates. He has no intention of seeking the limelight more often than is strictly necessary, but he has been spending the past few days picking up the threads of old acquaintance and revisiting scenes of which he has many pleasant pre-war memories. Dr. Sthamer typifies the new Germany. He is a commercial man rather than a professional diplomat, and the niceties of politics will interest him less than the industrial recovery of his country. He has rather disappointed curious crowds by neglecting to hoist his flag, and by showing a disposition to make backdoor exits from his house. He visited the Hyde Park church parade on Sunday, however, and confessed afterwards that English people did not seem so chic as before. He thought the dresses were not nearly so smart as in the old days.

AN ICE-SKATING CLUB.

London is worse off than several cities in the North of England in the matter of ice-skating. The old Prince's Club, Knightsbridge, has gone through many vicissitudes, and is now put permanently to a quite different use. A meeting is being arranged to discuss the formation of an ice-skating club. Lord Lytton, whose gyrations on the ice in Switzerland have been beautifully supplied by the illustrated papers to an admiring public here, will be chairman. It is proposed that the rink of the club shall be open to the public during certain stated hours. Once the club is established there will be no longer a valid reason for ice-skaters refusing to come to London.

LONDON ARTISTS' NEW CAFE.

There never seems to be any reason for the popularity of a London restaurant, for over and over again an establishment, after being empty for months on end, suddenly becomes crowded night after night, although the accommodation is no better and the food no differently cooked. This has

EE SPEAKING FROM EXPERIENCE EE



EE STEEDMAN'S SOUTHERN POWDERS Contain no Poison EE

happened with a strange little Armenian cafe, which is run by "Bolo," who serves his customers in his shirt-sleeves, with an old briar pipe between his teeth. Two months ago there were not more than a dozen men to be found there. Last night, at 10.30, it was impossible to obtain a seat. Jacob Epstein, the sculptor, and John Flannigan, the coming portrait painter, were both drinking Russian tea flavoured with lemon. The "Cafe Royal" artistic and literary set seem to have taken up this Armenian cafe.

WOMAN'S NEW VENTURE IN THE CITY.

A novel agency has been opened in the City by a girl who worked during the war in a Government office, and has now been installed in a business of her own. There has been increasing use of late of motor lorries as means of road transport, but business houses who own lorries usually require to move goods in one direction only. The return journey, therefore, has to be effected without a load, and consequently means a dead loss. The "Daily Road Freight Bulletin" which this girl is editing, attempts to bring together the owners of these empty lorries and manufacturing or forwarding houses who have goods they want moved. She has found no difficulty in obtaining the support of the lorry owners, but has met with opposition from the more conservative commercial houses who cannot easily be convinced of the practicability of the idea.

THE REBUILDING OF DESTROYED TOWNS.

The rebuilding of the destroyed towns in France and Belgium provides one of the most pressing and difficult problems for the town-planner. London after the Great Fire presented such an opportunity, and the world has cause to regret that Sir Christopher Wren's (the architect of St. Paul's Cathedral) plan was never adopted. The number of houses injured in France during the war amounted to considerably over one million, more than half of which are beyond repair, and the Renaissance des Cities, a French society which exists to give technical advice to local authorities, has already done good work in this direction. M. Rey, himself the designer of the town-plan for Chauny, which is now being carried out, eloquently explained at the house planning convention held this week in London the principles involved, insisting specially on the public ownership of land, the abolition of the narrow-fronted plot, and the necessity for planning the new roads north and south to obtain the maximum of sunshine. Senator Vinck, who also spoke at the above convention on behalf of the Union des Villes Belges, explained the proposed preservation of the ruins at Ypres, which are to be surrounded by hedges and trees. M. Vinck spoke in fluent English, and illustrated his remarks by lantern slides. The other speakers were most hopeful about the future of town planning, and told how closely similar efforts in England are followed abroad, quite giving the impression that this country is considered to be at the head of the movement. This is some consolation to those who have believed that in the past other countries were more advanced than ourselves on this question. The delegates are to be given a chance of visiting examples of recent garden city work in the neighborhood of London, such as Letchworth, Uxell Hall near Woolwich, Roze Green, and Hampstead Garden Suburb.

THE SMART YOUNG MAN.

People who anticipate a sensational departure in men's wear this year will hardly have their expectations realized. There is an inherent conservatism in young men about their clothes. They are much more masterful in dealing with their tailors and have much more definite likes and dislikes than women. Several innovations are at times attempted on the part of London tailors, but nearly all of them fail to catch on. Inquiries among West End tailors to-day indicate that the war has not turned the head of the modern "cut." He still wants a suit similar in all essentials to 1914, and the change in fashion which has taken place or will take place this year is confined more to details. The slit up the back of the jacket has gone, and the waist is now more shaped than last year. The coat is a bit longer, but the lapels have a tendency to become less, and there is a movement back to the three-button coat. The chest is a little fuller than in the past. This is due to the war and the invasion of London by colonialism. From all the signs so far it seems that fashionable young men this year will have to fall back on socks and ties for an expression of their individuality.

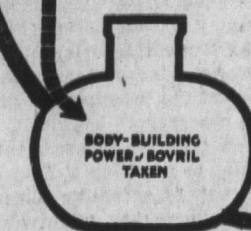
KYLE'S PASSENGERS.—The following passengers sailed yesterday for North Sydney via Port aux Basques: Mr. and Mrs. D. P. Duff, Miss Duff, G. Christian, H. H. Archibald, Mrs. W. Scott, Mark Chaplin, Mr. Wylan, Mr. Gillingham. The steamer passed Cape Race at 6.30 p.m. going west.

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The independent experiments carried out by an eminent physiologist under the most complete scientific control proved the body-building powers of Bovril to be from 10 to 20 times the amount of Bovril taken.

This has given Bovril a unique place as one of the most precious food substances in the world.



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The time to buy Rubbers is when you don't need them—and then they'll be ready, when you do need them.

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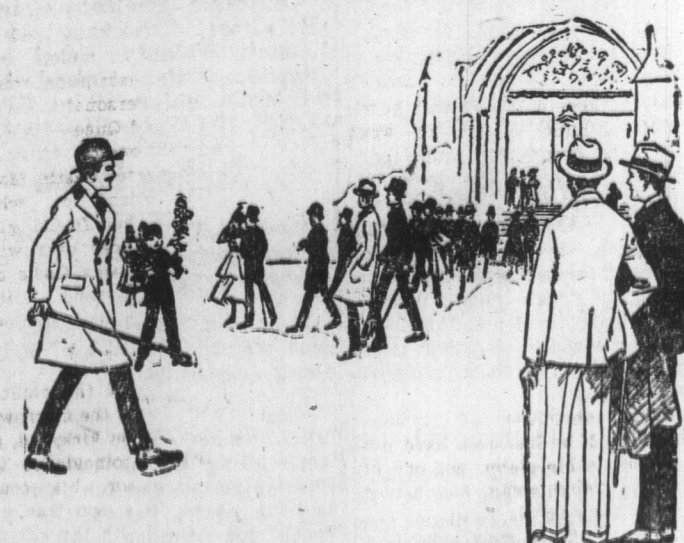
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Our New Spring Rubbers are formed to fit the present styles of Shoes correctly.

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City's Health.

During the week 1 case of diphtheria was reported. Six others are under observation for the disease and one for smallpox. Two residences were disinfected and released from

quarantine. At present in hospital are 28 diphtheria, and 3 smallpox patients while 4 with diphtheria and 2 with scarlet fever are being treated at home.

MINARD'S LINIMENT RELIEVES NEURALGIA.