And fill my soul with calm ! The road is long and dreary; The thorns so much abound; There is nopeace in striving Unless Thou there art found And so, when oft discouraged, And I no light can see, I bless Thy words of comfort, And know Thou'rt near to me

Forgive my fretful spirit, For Sorrow leaves a sting; My heart is ever faithful, And I to Thee must cling; For human joy is fleeting, All truth is from above; I know Thou'lt not forske me, So rest I in Thy love.

The Return Of Slugger Dillon.

(Elizabeth Brady, in The Queen's

Unless you have a really beautiful disposition and are endowed with a serenity unaffected by a crowd of struggling women, the silk section of a department store, on the day after a sale had been advertised, is no place for you. A few experiences had made dred?" Miss Elinor Brooks certain of this truth, but she needed a new dress for a coming luncheon, and charmeuse was advertised at one Monica Moore announces the dollar a yard. Could she allow a probable encounter with the Australian Wool Wizard. Corclerk, or a duel of glances with a respondence from the titled poor clumsy woman who seems bent on the end of her hat-pin-could she allow trifles such as these to stand in the way of her securing a new dress at half its usual

cost? She could not. So she hastened to the shop and made her way to the counter where was displayed the desire ahead of her turning over the silks with practised hands. She beheld the very shade of blue she fancied, and in a moment she was holding up one end to the attention of the disguised princess in charge and requesting with befitting humility that twelve yards be sent. There was a tug at the other end, and the royal personage with a bored air replied: "Another lady's grabbed it. I'll see if there's any more of a year? The Haskinses are reit .- No. there ain't."

Elinor retained her grasp of the "lovely blue." "Please charge voice at the other end of the

There was another tug, and the silk left Elinor's hand. She kinses' aunt is like that; and, becould have selected another blue, ing rich, and not altogether mad, but she had been told recently she's interested in settlement that she wasof too easy-going a work. But she can go to the nature, and she would cheerfully best places, and anyone who can have pursued the other prospect. stand her nonsense has her apive buyer for miles rather than proval and gets invitations everylet her have it. It was a good where. So Mary Monica goes time to begin to let people see

eyes to stare at her opponent, Monica's going in for a little and dropped the silk. For the other was Sarah Smith

had shared her captivity in the how she learned that Beethoven "punished class" day after day, thing, when none of us could or she learned that Mary Monica Sarah Smith who helped her into would, because she wanted to favoured woman suffrage, and and out of every really worth- play for the Bishop? Is her thought the Church a little narwhile disgrace in their school hair as lovely as ever?" days, Sarah whom she hadn't "She's a picture! Speaking

"Come and have lunch," sug- ber me to Mary Monica should gested Sarah. "Afterwards we could get a sample French dress

went to live with your aunt.

Itching Skin Distress by day and night That's the complaint of those who

ere so unfortunate as to be afflicted with Eczema or Salt Rheum-and outward applications do not cure. The source of the trouble is in the lood-make that pure and this scalng, burning, itching skin disease will

"I was taken with an itching on my arms which proved very disagreeable. I concluded it was salt rheum and bought a cottle of Hood's Sarsaparilla. In two days after I began taking it I felt better and it was not long before I was cured. Have never had any skin disease since." Mas. IDA E. WARD, Cove Point, Md.

Hood's Sarsaparilla rids the blood of all impurities and

what a life I've had! I know every inn on the back roads of Europe, I've eaten more kinds of. wild stews! I've been out of bed, shivering at dawn, to see sunrises, and if I shut my eyes I see the galleries of Europe going round and round! By the way, Mary Monica is in town. She came in from Syracuse with me. I didn't travel with her on purpose," she hastened to add, "but when I went into the diner there she was, surrounded by food, Mary Monica always loved to

"What's Mary Monica doing? She said she was going to be a

"Too mournful looking, and too good for a place where they merely strive after perfection. She'd discourage them. But she had to be an example to somebody after she left school-so she's gone into social service." "What's that? Supplying entertainments to the Four Hun-

"Guess again," said Sarah. "She's not running a matrimonial agency ?- 'Miss Mary

invited with a view to matri-

"She'd take a husband herself if he had money. But she has loads of her own. This is nothing frivolous she's doing. It's a 'career,' child. I'll leave you to study out Mary Monica. In our day we called what she does the orporal works of mercy, and we didn't talk about it very much. I gather from Mary Monica's remarks that she has begun to climb socially, as a result of her Christian labours. But she'll be coming to see you soon. I gave her your address. She'll talk you to death."

"Not me; and especially as you whom does she go?"

"Do you remember that Haskins girl who stayed at St Mary's ated to some socialists or anarchists, or those women who dress in ancient style and have schedules pasted on their mirrors "I had it first," said an icy and believe in serious reading Yes, you do know the kind. They paint and model, or write articles on tenements. Well the Has-

with Millicent Haskins, and her aunt is going to leave Millicent She opened her mouth to make her money. So she has to be a scathing remark, raised her interested, you see? Mary

social service to herself." "She'll do anything she sets the very Sarah Smith who herself to do. Do you remember

seen in years! And Sarah's of hair, I must get a permanent surprise was as great, her plea- wave put into mine, so I'll have to leave you to look for a dress Heedless of the jostling shop- alone. I'll come some day next pers, deaf to the scornful remarks week and stay all day. I'm of the princess behind the counter, dying to sit in something that they stood and exchanged greet-doesn't move. It's fine to raise ings and felicitations. It was your eyes and see the landscape not until a Hebrew lady set her. hasn't changed. And, Elinor, self, with the determination of dear, if you have any reproducther race, to the task of enumer- ions of famous paintings, or ating Sarab's ribs with her elbow plaster casts, or 'Views of the that they became aware of the Rhine, in half-calf binding, hide necessity for moving somewhere them before I come! Remem-

as the door with you." When Elinor arrived home the Swedish maid met her at the

"A young lady is in the parlour, sitting. Should I bring tea? There is new cake and jelly. Do I make her a dinner plate ?"

"What's her name?" "Nice easy name. "Miss Moo: Moo," she repeated, as Elinor, niled. "It is her name. Twice made her say it, and I said it after her, 'Moo, Moo,'" and she retreated angrily down the hall,

Mary Monica's graceful figue detached itself from the wing chair and wafted itself across the floor to Elinor.

while Elinor went in to her

"You dear thing!" she said, as she would say it to an infant or a puppy or a piece of Dutch Elinor was as cordial, as could

be. Mary Monica had the same appealing gaze, the same shrink ing-violet manner which mutely eproached the outbursts of others while it made them anx ious to shake her to find out what would rattle-since there must be something alive in her. "For," as Elinor had said only a while back, "Mary Monica's only human. She can't be as

what it is?"

"I met Sarah Smith to-day." parried Elinor. "It's helping the poor, isn't it?"

hazard plan at all. For instance, we don't give groceries, nor meat, like in old times. We have tickets which call for nutritious food, and we give those But you come around with me or Millicent, and I'll show you how it's done. I've affiliated myself with Carey House, and it is nonsestarian altogether. In our

work creed has no place. We use every means for thee "Betterment of the race," said Elinor. "You see that all men are brothers, and you work hard for the common weal, and you reach down a hand to uplift the

grovelling masses-"Exactly. You always grasped ideas so quickly! I almost envied you in school for the way tell me she's in society. With you saw things at once. Now that you're in the world you. must be wonderfully progressive! "Is she ridiculing me?" thought

> Elinor. She walked about the room, pushed a chair into place, DANDRUFF. and calmed down. She said: "I haven't gone as far as you, Mary Monica. How did you get

nto this work?" "Through Millicent Haskins-There's a meeting of workers this afternoon at five. Will you come? And perhaps you will

"Wait until I change my

She knew Millicent Haskin by sight, and the attire of Mary Syrup and they'll soon be rid of Monica was "the last word." She would robe for the fray.

"I have my own car," said is long to get there." On the way down, Elipor was

enlightened as to the personnel of Carey House, the charms of Samuel Haskins, and the advantage it was socially to do some charitable work. Incidentally ford says:—"It affords me much as regarded marriage and divorce. 25c. a box. When the car took its place in the long line before Carey House, Elinor had become acquainted with a new set of ideas, a peculiar standard of morality, and a side of Mary Monica's character she had never suspected.

The meeting was about to begin when they entered, and a very gracious lady escorted them to seats well toward the centre of of the circle gathered around the platform. While a wild-eyed young woman sang a song she had written herself, to an accompaniment on the violin played by her husband. Elinor observed her

mannered. They talked during turned away. They all had a Milburn's Heart and Nerve Pills are restless look, the unmistakable for the transfer of price by The T.

you see her before I see you! Now, come on. and I'll go as far Had Awful Cramps Last Summer.

Suffered Two Days And Nights

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on one so quickly and with so little warning as an attack of cramps, colic or bowel complaint in one form or another. A person may retire at night in the best

of health, and before morning be awak-

ened by terrific cramps followed by diarrhoea or dysentery. At this season of the year when bowel troubles are so prevalent, it would be wise to take the precaution of having a bottle of Dr. Fowler's Extract of Wild Strawberry in the house, ready for any

Mrs. F. Martin, Brandon, Man., writes: "Last summer, in the hot weather, I was taken very sick in the middle of the night with awful cramps. I suffered two days and nights when the doctor was called in. He prescribed pills and powders which gave little or no relief. A friend said that if she were in my place she would order a bottle of Dr. Fowler's Extract of Wild Strawberry. It came about noon, and the next afternoon I was able to sit up. I highly recommend 'Dr. Fowler's' above anything else, for I have proved it to be the best bowel I have proved it to be the best bowel complaint remedy I know of."

"Dr. Fowler's" has been on the market for 72 years. Be sure and get the genuine when you ask for it. Price 35c. Manufactured only by The T. Milbert Co., Limited, Toronto, Ont.

look that comes from worrying over what to wear, where to go, and the haunting fear of being left out of something. "It would be a mercy to make them thoroughly tired once," she good as she looked nor as sweet thought; "to give them a twelve-

hour sleep, and wake them up in "I've come to have a talk with a place where there was no one you, dear," said Mary Monica to envy, no one to keep up with, and to get you to help me in my and some terrific need for them chosen work. Do you know to pray." Just now they were here because it was the thing to do a little uplift work this win-

ter. One could play at being in earnest-and at a few other hings besides. She identified the workers by

their clothes--tailored blouses, those very sensible shoes, fountain pens, clipped into their belts, wrist watches, shell-rimmed glasses. The faces she could see wore business-like expressions. The eyes she immediately called

"weight-and-measure eyes." (To be continued.)

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ate idea. He asked for \$10, and had \$11."

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Jones-What a wretched din-Mary Monica, "so it won't take ner! I've a good mind to fire

Mrs. Jones-It isn't a good mind you need, my dear. It's a

W. H. O. Wilkinson, Strat. pleasure to say that I experienced great relief from Muscular Rheumatism by using two boxes of row in many matters, especially Milburn's Rheumatic Pills. Price

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