# FELT LIKE AN IRON

This is How Lynchburg, Va., Woman Declares Her Headaches Often Affected Her

Everybody will read with interest the statement of Miss M. E. Wood- time some one called a halt. ford, 1808 Filmore St., Lynchburg, Va.,

"I don't believe anybody ever sufhad no appetite either.

happiness"

Tanlac is sold in Hartland by Estey & Curtis Co., Ltd., and by leading druggists everywhere.

#### THE LAKEVILLE SCHOOL

Mr. Editor:

My attention has been called to a letter that appears in your paper of and tends to lessen the ineterst and Dec. 22 over the signature of RaBurns soon the love for study that every King, Secretary of the Board of child should have, and that I firmly School Trustees of the Lakeville Dis- believe they would have if the teachtrict, stating that he feels it his duty er brought the proper inspiraton beto defend the school teacher against fore their schools. When a teacher "a dirty slur" that appeared in the will remark that they have their time items from this village that was pub- to put in, and it might as well be lished in your paper of Dec. 16 and here as anywhere, can you expect for which he asked an apology, also children to feel that time is precious? stating that the item might have had There could be more said but I think something to do with a petition that the readers of this letter will agree was presented to him asking that that there was some cause for "dirty legal steps be taken to call a special slur"-- and "dirty petition". school meeting to consider the advis- I am a bit sorry that it has been ability of making a change, or in necessary for me to state some things plainer words, finding out if it were that are in this letter, but we have possible to have Miss McCrea dis- had all kinds of teachers, good, bad missed, and which he names a "dirty and worse until it seems time for petition". In the first place I wish to some one to "Bell the cat." I am hopstate that Mr. King and I have been ing that the day is not far distant near neighbors for 35 years and have when our schools will be supervised always been on the most friendly and I feel sure that many teachers terms, so it is not any personal griev- who are now counted failures could ance that I am airing in the columns be shown their mistake and helped of your paper. Only that I must put to become superior in teaching ability, myself and the ratepayers, whose sig- as well as superior in knowledge. natures appear on the "dirty petition", Some may say, "But we have school right in the public mind. But for inspection now." What can any one this I would simply ignore Mr. King's Inspector, or whoever, tell by dropletter. Having been a school teacher ping into a school after 3 o'clock, myself I have endeavoured to give all when a large percentage of the pupils consideration possible to the mistakes have been dismissed, in what way a or failures of those who have to deal school is being conducted? with young, and many times unreasonable minds, and would be very sor- ferences that have arisen here may ry to indulge in any harsh or unjust be of good and in the future more of criticism. I would much rather ap the ratepayers will feel it their duty prove than condemn if I could do so to attend the annual school meetings failed to measure up to the standard would wake up to the fact that the of an all round teacher must be very school is one of the biggest factors evident by the terms of the "dirty in our national life, and the educathe ratepayers of any school district that we cannot afford to neglect. should be asking what these men ask complaint.

the dissatisfaction is only in regard terested in education to keep still to her teaching ability.

When a teacher will tell a pupil whom she suspects intended to copy



#### Headache

Recurring headaches usually come from an exhaustion of the nervous system, and they do not disappear until the vigor of the nerve cells is restored by such upbuilding treatment as Dr. Chase's Nerve Food.

Temporary relief by use of powders is often obtained at an enormous expense to the nervous system and the general health.

Get the nerves right and the headaches will not return.

Mrs. W. J. Pearse, Nunn St., Cobourg, Ont., writes:

"My system became run-down and I suffered greatly with pain in my head. This was so severe that I would have to bind a cloth tightly about my head so that I could get my work done. A friend advised the use of Dr. Chase's Nerve Food, and after taking the first box I found quite an improvement in my condition. I continued using them until I had taken about seven boxes, and they strengthened and built up my system applendidly, completely relieving the pain in my bead."

Dr. Chase's Nerve Food, 50c box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

but whom she says herself she did not prove to have done so, that she has a dishonest face and orders her BAND AROUND HEAD to pick up her belongings and leave during the term; that the trustees are like wooden men; that if some ing on the telephone they would have more time to assist their children with their lessons, etc., it is surely

In regard to the "dirty slur" that says the primary scholars are being taught by little girls. That is no un fered from headaches like I did. The truth, as I have a boy 10 years of age pains felt like an iron band was be- in first reader-when he should be in ing drawn around my head and my the third, as he is a child of fair intemples would throb until I was driv. telligence, having his reading and en almost distracted. I shudder when spelling prepared at home and going I think of those awful headaches. I to school and having the lesson heard by another child 11 years of age, also "I owe Tanlac an everlasting debt out of my home. It appealed to me as of gratitude for entirely ridding me of a joke, and as such I put it among the those terrible headaches. My stom- Lakeville items hoping Miss McCrea ach has been toned up too, and every- might take the hint that some person thing I eat agrees with me now. Tan- in the place thought she had better lac certainly brought me health and get on her job herself, as surely any ordinary teacher should be able to handle a school of 33 enrolment with an average of possibly 25.

Now, Mr. Editor, I do not say that this state of affairs was carried on all through the term, but if it was only once, that is once too often; for I think to rob a child of one lesson is greater loss than we often realize

I am also hoping that even the difhonestly. That Miss McCrea has and perhaps scholars and teachers petition", for surely no 12 or more of tion of our boys and girls—a thing

Thanking you, Mr. Editor, for your inless there was some reason for valuable space, and I promise you I am all done with this controversary I wish it distinctly understood that I am most sincerely, one too much in when I see valuable time going to waste,

ALICE WILSON. [Editor's Note: The principals in

this controversy, now that both sides have been permitted to air their grievance, must carry the matter to peaceful conclusion on other ground than The Observer's columns.]

IN TROUBLE WITH U. S. LIQUOR LAW

Carleton County Man Arrested for Ex posing Whiskey For Sale

Bangor, Me.-Walter Milbury, of Woodstock, who was arrested here charged with having in his possession for sale 18 quarts of Canadian wiskey, was arraigned before Commissioner Reed in United States district court where he entered a plea of not guilty and was held in bonds of

\$300 for the February term. The seizure was made in Bridge water, Tuesday, when customs officers swooped down on a shack occupied by Milbury and where the quar tity of liquor was seized. The raid was conducted by Deputy D. S. Marshal Powers, of Portland, Milbury furnished bail.

WICKLOW NOTES

(Intended for last week) Miss Helen Estabrooks went to Bos on to spend the Xmas holidays. The Boys' Club meet at Carey Es tey's Friday evening. A most enjoy-

able time was reported. Mr. and Mrs. Frank Rideout are planning to spend their Xmas with Mrs. Rideout's parents.

Mrs. Upton Squires was at Centre ville one day last week. Mr. White and son Howard attended the auction sale at the Ben Whorton farm.

Sausages, Fillets, Finnen Haddies, Kippers, Boneless Cod, Fresh, and Pickled Herrings for sale at CARR'S.

#### Under the Holly Bough

Or injured friend or broin this fast-fading year. Ye who by word or deed, we made a kind heart bleed-Come gather here. I sinned against and sinning right their surfe's beginning. And join in triendship now; links no longer broken, a sweet forgiveness spoken. Under the holly bough.

Te who have loved each other,
Sixer and friend and brother,
In this fast-fading year;
Mother and sire and child,
Young man and maiden mild,
Come, gather here,
And let your hearts grow fonder,
As memory shall ponder
Each past unbroken yow;
Old loves and younger wooling
Are sweet in the renewing,
Under the holly bough.

Ye who have nourished sadness Estranged from hope and glad. In this fast-fading year; I e with o'er-burdened mind Made allens from your kind— Made allens from your kind—
Come, gather here.
Let not the useless sorrow
Pursue your night and morrow,
If e'er you hoped, hope now—
Take heart, uncloud your faces,
And join in our embraces,
Under the holly bough.
—Charles Mackay,

#### Birds and Animals Share Christmas

HRISTMAS is not merely a festival celebrated by and for man alone. Among the folk lore of other countries are several quaint sto-ries in which animals and birds give evidence of their adoration. A wellknown Bosnian legend offers a version of world adoration-they claim that on the holy day "the sun in the eas bowed down, the stars stood still; the mountains and forests shook and touched the earth with their summits and the green pine tree bent; the grass was beflowered with the opening of blossoms; incense sweet as myrrh pervaded upland and forest; birds sang on the mountain tops and all gave thanks to the great God."

In Bosnia on Christmas day a sheaf of rye is put into birds' nests and bird houses for the hirds' Christmas. A stranger, stranded in a Michigan town was once startled to see a sheaf of rye in a bird box. He knew immediitely that one of his kind lived there and was keeping Christmas in the

old way. An old Indian legend tells us that on Christmas night all the deer in the forest kneel in adoration before the Great Spirit. Woe to him, however, who tries to spy upon He is punished with perpetual stiff ening of the knees.

Many people of the old world claim that on Christmas night animals are gifted with speech, but none must trespass or eavesdrop.

The Greater Need. Little Horace-My mamma, says may

e you'll give my papa a safety razor Department Store Santa Claus-Yes,

ittle man, I think I will. Little Horace-Hadn't you better teep it and use it yourself?-Puck.

BE PROGRESSIVE-ADVERTISE!

3928 Union Sr., Vancouver, B.C. "I suffered with all the symptoms of Female trouble, with chronic Consti-pation and constant Headaches. I had pains low down in the back and sides of the body. A doctor advised me to

have an operation.

I started taking "Fruit-a-tives" and this medicine has completely relicoed me of all my misery and suffering.

I am free of pain and headaches and

the terrible Constipation, and what saved me is the fruit medicine,

"Fruit-a-tives."

Madam M. J. GORSE. 50c a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

#### Have You Seen Old Santa?



MRS. OLIVE RIDEOUT

The death occurred on Dec. 14 of Mrs. Olive Rideout, widow of the John Rideout of Lansdown, at the home of her daughter, Mrs. Les He Stockford, at Bannon. Deceased was 75 years of age and leaves to mourn, one daughter, Mrs. Stockford, and one son, Frank N., at home. One sister and two brothers in the west and one brother in Maine survive. Funeral service was held at Mount Pleasant United Baptist church of which deceased was a member, Rev. H. V. Bragdon officiating. Interment was made in Mount Pleasant ceme

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# Potatoes

SEVERAL CARS GOOD SEED COBBLER POTATOES Will pay a special price for a few cars good quality HORSE HAY We are also open to buy any quantity of GOOD WHITE OATS Loading at any point on C. P. R. and Valley Railway. Write, call

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DOUBLE HARNESS, made to your special order. SINGLE HARNESS, Nickel or Rubbere Mountings, Horse

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for a Christmas Gift you can come and buy it for yourself from our fine stock of

Watches, Clocks, Rings, Brooches, Ivory & Silver Special Prices on many articles to clear them out

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Any work left with A. B. Lovely of East Florenceville will have prompt attention, and I will be at Florencevil le every two weeks, when you can have your Eyes Tested and Glasses Fitted, and we guarantee satisfaction

HARFLAND, N. B. Jeweler and Optician A fine line of jewelry always in st

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All druggists sell Bayer Tablets of "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an unbroken "Bayer"
package which contains directions

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Monageticacidester of Salicylicacid, out by physicians during 21 While it is well known that Aspirin hd proved safe by millions for Headaches, Earache, Tooth-feuraigia, Rheumatism, Neurit-buro, and Pain. Made in Canmark, the "Bayer Cross."

## A New Year Resolution

We resolve to renew our determination to sell at reasonable prices

General Hardware Household Utensils Heating Apparatus Plumbing and Repairing

and we wish all a Happy New Year

W. MONTGOMERY