To submit to a headache is to waste energy, time and comfert. To stop it at once simply take NACORUSCO Headache Walers Your Druggist will confirm our statement that they do not contain mything that can harm heart or nervous system. 25c. a box. NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED. 124

test it-see for yourself - that "St. Lawrence Granulated" is as choice a sugar as money can buy. Get a too pound bag-or even a 20 pound bag-and compare "St. Lawrence" with any other high-grade

granulated sugar. Note the pure white color of "St. Lawrence"-its uniform grain-its diamond-like sparkte-its matchless sweetness. These are the signs of quality. And Prof. Hersey's analysis is the proof of purity -"99 99/100 to 100% of pure cane sugar with no impurities whatever". Insist on having "ST. LAWRENCE GRANULATED" at your grocer's,

ST. LAWRENCE SUGAR REFINING CO., LIMITED, MONTREAL

Francisco Bay.

Capt. Langren's Adventure in San Soon the force of the water broke in the narrow window of the pilot-house, which began to fill. I was

EXTRA

GRANHLATI

UNTREAL

Partiy to his own coolness and presence of mind, partly to sheer yood luck. Captain Langren of the tug Sea Prime owes his being alive to day. His tugboat had towed the gam to captain the week to the deckhouse when the Sea Prime owes his being alive to day. His tugboat had towed the gam to captain the week to the deckhouse when the Sea Prime owe will down with the rolling craptione in the Wide World Mag mane. I was standing at the wheel of the full tower, when she low state on the port and the rolling craptione in the Wide World Mag mane. I was standing at the wheel of the full tower, when she low state on the big vessel almost too the tug, when such downly 1 saw the big vessel almost too the tug. As she heeled over and sank, the starmet's how slid on the starmet show wild in the side of the tug. As she heeled over and sank, the starmet's how slid on the starmet show slid on the starmet will it was a ghant milishing. The show to the side over and sank, the starmet's how slid on the starmet will it was a ghant milishing. The show the slide here and the next 1 was on milishing and the was the over the targe steamer, and was grinding rect in the water-filled house, and the next 1 was on milit it was a ghant milishing. The show the ower the show of the huge the tug. As a she heeled over and sank, the starmet's how slid on the starmet has the wide multi it was a ghant milishing. The show the slide house is and the next 1 was on milishing. The show the slide house is and the next 1 was on milishing the bar of the tug. As she heeled over and sank, the starmet's how slide on the side the two the starmet's how slide on the milishing the show of the huge the show of th

TWICE ESCAPED SHIPWRECK

THE ASTOR FORTUNE TRACES TO THE SEA.

Early Struggles of Great Grand-Father of Late Col. John Jacob Astor.

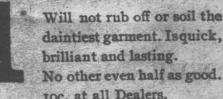
It is recalled that John Jacob Astor, the great grandfather of Col. John Jacob Astor, who went down with the Titanic, twice escaped shipwreck, and that the fortunes of the great house were really laid on hoard the vessel in which the German lad sailed to America. In September, 1783, Astor, who was destined to become the richest man in the New World, was working in London for his brother George, the proprietor of a flute factory. He had toiled in the factory for two years, and at the end of that time was the possessor of fifteen guineas and two suits of clothes. When the news came that Benjamin Franklin and his associates in Paris had at last signed the treaty which completed the independence of the United States, young Astor deter-mined to seek his fortunes in the new land. He took a steerage passage for Baltimore and paid five of his guineas for the accommoda tion, which entitled him to sailor's TRAPPED IN A PILOT-HOUSE. against the window-ledge just a few flates, and when he stepped aboard factor, and when he stepped aboard had £5 of capital remaining.

LOCKED IN THE ICE.



Amundsen Discovered The South Pole But Scott Remains To Polish It Up.

Will not rub off or soil the daintiest garment. Isquick, brilliant and lasting. No other even half as good.



steamer's bow slid on her head. Each ta side until it was about midships. I I caught a breath of air before I realized that to jump from the pilot- went over again.

house would mean death, for though The Sea Prince came for a mom-I'm a good swimmer, I knew that I ent to the surface on the opposite could not swim fast enough to es-cape the suction of the sinking bridge, and as she rose I pulled open the door of the house and

So I determined to remain in the pilot house. I believed that the boat would come to the surface, and and that I should then have a chance to save myself. The ceiling way, but I could not swim fast enough, and was drawn under the water by the suction of the sinking tug. Battling desperately, I rose again, and succeeded in grasping a life-belt. A moment later I was picked up and taken aboard the steamer.

steamer.

safely.

AN ARCTIC NIGHT.

open whale-boat on arctic seas, and of the unhappy night which followed Within a day's sail of Baltimore the vessel became locked in the ice. on land.

A stiff breeze was blowing, and Some of the passengers were able when we passed the point above Etah, perceptibly increased. Sails were set and we were making good progress when, without warning, a contracted to land him in Baltimore and lodge him in the interval, he mast in place, and before the sail could be lowered, two boards in the bottom of the boat split, and the boat began to leak so badly that I One of his companions was an

feared it would fill with water and elderly German who was returning sink, for it was heavily loaded, be- to America after a visit to his nafore we could make the nearest tive land. He and his young coun-land, which we headed for at once. tryman became quite friendly, and Fortune favored us, however, and it was from this chance acquainalthough crew and outfit got a thor- tance that Astor learned about the ough soaking, we reached shore money to be made in the fur business. The elder man had been a

Although the temperature was penniless immigrant himself, but but thirty-one degrees, the air was had made a fortune out of furs, and cutting cold, and I was chilled did not hesitate to give young As-through with the wetting. In view tor many pointers that later on of this, the steadily increasing gale were invaluable to him. They re-and the fact that we had no facili-mained on the ship until the ice ties for making repairs, it was de-cided to walk back to Etah, and re-broke up in March, and it is to be assumed that the owners of the vesturn in the morning, if weather fav-ored, to mend the boat and resume lodging Astor On his arrival on our journey. Six miles it was over shore he went to New York, and the hills, and a hard six miles, too, took employment with a furrier at although the exercise was needed \$2 per week, and the practical knowledge he acquired there, coupand wholesome.

That night I will long remember. led with the information about the With every minute the wind in- buying and selling of urs which he creased in velocity until it attained had picked up from his fellow-pasthe proportions of a terrific gale, senger as they whiled away the long and at the same time the tempera- winter nights on the icebound boat, ture fell rapidly. The roof got were the foundation of the great loose, and we endeavored to fix it. fortune that he built up in the Then the stovepipe blew off, and course of the next forty years. in the gale it was found impossible

A SEASICK MILLIONAIRE.

to get it in place again. At length, only partially clothed, I had to elimb out on the roof, to hold that His second notable adventure with the sea was half a century in place until it could be secured, later. He had been to Austria and and in the process was half-frozen. had spent three years with his Then, as a last straw, the fire went daughter, who had married Count out. The only way then to get Rumpf, and was on his way home warm was by retreat to my sleep- in consequence of the panic that ing-bag, and so the night passed. had been caused by President Jack-

he would die on shipboard. So he asked the captain to put him ashore At first, frugal soul that he was, he did not offer any inducement except the very obvious one that the captain would be rid of a passenger who was becoming a nuisance. Finally he said he would give \$1,000 if the captain would send him ashore.

millionaire became convinced that

see, was nothing but ice. The ship was buffeted about, and was forced against some of the bergs with such force that she threatened to sink. he agreed to turn back if Astor Discomforts and Dangers in That Region. Astor, in alarm, changed his every-day suit for his Sunday clothes, so that if he had to swim for it and 000 besides securing the consent of Mr. Harry Whitney, who adopted the Eskimo mode of life and shared was saved, he would have his best clothes with him. It is also record-conditions were complied with, exwith the natives their daily priva-tions and their dangers, tells in his book, "Hunting with the Eskimos,"

this story of an adventure in an less than twenty years he owned a to write another draft, but was so

Extra Granulated Sugar in this new 5-Pound Package is the cleanset, purest sugar you can buy. Each Package contains 5 full pounds of sugar.

purity-sealed tight and protected

from any possible contamination-

II CID





He looks as prosperous as he feels. It isn't the size of a place that counts most, nor its actual dollars-and-cents

value. It's rather that "well-kept," thrifty appearance; the appearance that makes you think of fat stock, and well-filled barns, and comfortable, contented living.

Neat, permanent improvements go further in giving a farm this appearance than any other feature.

Concrete Is The Ideal Material

for such improvements. It is neat, harmonizing with its surroundings in the country. Everlasting, it cannot be injured by fire, frost, wind or lightning. Age-instead of causing it to decay—actually makes it stronger. Concrete never needs repair—first cost is last cost. New improvements can be added

year after year with less expense than would be required to keep wooden structures in repair.

Concrete walks, feeding floors, dairy-barns, ice-houses, root-cellars, well-curbing, fence posts, silos-which of these does your farm need most? Whatever you want to build, it's best to build it of concrete. Do you want to know more about this subject of permanent farm improvements?

Then write for your copy of

"What The Farmer Can Do With Concrete." It's a book of 160 pages, telling how other farmers have used the "handy material" to SEND ME good advantage. Published to sell at 50c. a copy, it is now being offered free to all farmers who write for it. Address YOUR BOOK. Canada Coment Co., Ltd., 30-35 National Bank Building, Montrea

MAXWELLS LAWN MOWER the pleasure of possessing "a wel

THIS is a HOME DYE

that ANYONE

dyed ALL these **DIFFERENT KINDS**

of Goods with the SAME Dye.

lused

NE DYEFORALL KINDS OF GOOD

CLEAN and SIMPLE to Use

n use

rans with it. Die Steel Cutter Knives cut clean , and hold their edge. Cold rolled affs mean easy running. The ower is so compact, so strong and balanced, that cutting the lawn t, pleasant exercise, that you will





ille.

PORTLAND