

Calendar for February 1904, Holy Family. Includes days of the month, feast days (e.g., S. Ignatius, S. John of Matha), and liturgical events (e.g., Sexagesima Sunday, Quinquagesima Sunday).

McDONALD & WILLSON TORONTO. Write for plans and estimates of church wiring or lighting. They are specialists on this work.

The HOME CIRCLE

AN UNCROWNED ANGEL. She walks unnoticed in the street, The casual eye Sees nothing in her fair or sweet, The world goes by Unconscious that an angel's feet Are passing nigh.

RULES FOR WASHING DISHES. Collect all dishes to be washed, remove scraps, soak in cold water, wash glasses first and dry instantly.

THE CARE OF CHILDREN'S HAIR. Mothers should teach their children to care for their hair as early as possible.

CATCHING COLD. Why is it, asks Dr. Simpson, in Popular Science, that people who are most exposed to cold by outdoor employment, are the people least subject to colds?

by facing a blizzard in the open air. Nansen and his men, when in the Arctic regions, were exposed to cold of every description, and it is stated that they never once suffered from colds.

WORTH KNOWING. Wood alcohol rubbed on a polished table stained or marred by a hot dish will restore the finish if followed by a polishing with linseed oil.

A REAL HOME QUEEN. According to the author of a recent 'Life of Queen Alexandra,' there were not many servants at the Gule Palace, and the young Danish princesses were required to dust their own rooms and make themselves generally useful about the house and at meal times.

HOME-MADE SILK CURTAINS. Here's a good way to utilize an accumulation of silk scraps, to be woven like rag-carpet into portieres.

large as you choose. Now take out your old black silk, of which you very likely have a good many pieces, but before beginning with these buy some gilt tinsel braid about half an inch wide.

THE HOME, NOT THE CONVENT, WAS TO BLAME. The Very Rev. D. I. McDermott, of Philadelphia, in a widely published essay, probably voices the sentiments of many pious when he says: 'In our youth we regard as out of place the plain talks such prelates as the late Archbishop Hughes gave to graduates of fashionable convents at commencement; but the almost total absence on the part of such people of that knowledge which is necessary to discharge the practical duties of a Christian life shows that those wise old prelates were meeting a long-felt want in the matter of higher convent education.'

THE PREVENTION OF PNEUMONIA. Because of its extensive prevalence and high rate of mortality, pneumonia has been aptly called the yellow fever of the north, and indeed it was, in its destructiveness to human life, a keen rival of yellow fever in the days before the American army doctors in Cuba robbed yellow fever of its power for evil.

NO PLACE FOR BOYS.

What can a boy do, and where can a boy stay, If he is always told to get out of the way? He cannot sit here and he must not stand there, The cushions that cover that finicking chair Were put there, of course, to be seen and admired, A boy has no business to ever be tired.

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Children's Corner

CROSS TEACHERS. One cannot live long with school-girls without hearing at times the statement, 'The teacher was so cross to-day!'

Now, girls, do you ever stop, when letting such statements slip through your lips, to ask the reason why the teacher is not just as tight-hearted as are her pupils? She has her own personal life, as well as her yours, and her work may seem very heavy to her, and difficulties may be more thickly strewn in her pathway than you dreaming of. Ask yourself how you are reaching to her life. It is possible for a young girl to make a light-hearted teacher out of one she has often thought of as 'the cross teacher.'

It is not necessary for us to enter into minute knowledge of one's difficulties in order to lighten them. Sometimes a flower laid down in front of weary eyes causes the tired look to vanish. We have known a few kind words to lift a load from a heart, and leave bright the day that before held only clouds.

Does it ever occur to you to remember that to be the teacher of a room full of restless scholars may not be the easiest task in the world? Suppose you look at the matter for a while from the teacher's standpoint. It is possible that you may come to consider your teacher an angel of patience, when heretofore you have thought her exacting and unsympathetic. If you make the way easy for her, you may be assured that it will be more easy for yourself. A model schoolroom contains not only light-hearted schoolgirls, but light-hearted schoolteachers as well.

To run, to jump, to ride, to swim, to skate, to sit in the shade of trees by flowing water, to watch rascals at their work, to look on orchards blossoming, to dream in the silence and loneliness of deep woods, to follow cattle as they crop the sweet-scented clover—to learn to know as one knows a mother's face, every change that comes over the heavens from the dewy freshness of early dawn to the restful calm of evening, from the overpowering mystery of the starlit sky to the tender human look with which the moon smiles upon the earth—all this is education of a higher and altogether more real kind than it is possible to receive within the walls of a school; and, lacking this, nothing shall have power to develop the faculties of the soul in symmetry and completeness.—Bishop Spalding.

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The Rheumatic Wonder of the Age BENEDICTINE SALVE

This Salve Cures Rheumatism, Felons or Blood Poisoning. It is a Sure Remedy for Any of These Diseases.

A FEW TESTIMONIALS

Toronto, Sept. 18, 1903. John O'Connor, Toronto: Dear Sir—I wish to testify to the merits of Benedictine Salve as a cure for rheumatism. I had been a sufferer from rheumatism for some time and after having used Benedictine Salve for a few days was completely cured.

193 King street East, Toronto, Nov. 21, 1903. John O'Connor, Esq., Toronto: DEAR SIR—I am deeply grateful to the friend that suggested to me, when I was a cripple from Rheumatism, Benedictine Salve. I have at intervals during the last ten years been afflicted with muscular rheumatism, I have experimented with every available remedy and have consulted I might say, every physician of repute, without perceivable benefit.

Tremont House, Yonge street, Nov. 1, 1904. JOHN O'CONNOR, Esq., Toronto: DEAR SIR—It is with pleasure that I write this unsolicited testimonial, and in doing so I can say that your Benedictine Salve has done more for me in one week than anything I have done for the last five years. My ailment was muscular rheumatism. I applied the salve as directed, and I got speedy relief. I can assure you that at the present time I am free of pain. I can recommend any person afflicted with Rheumatism to give it a trial. I am, Yours truly, GEO. FOGG.

288 Victoria Street, Toronto, Oct. 31, 1902. JOHN O'CONNOR, Esq., Nealon House, City: DEAR SIR—I cannot speak too highly of your Benedictine Salve. It has done for me in three days what doctors and medicines have been trying to do for years. When I first used it I had been confined to my bed with a spell of rheumatism and sciatica for nine weeks; a friend recommended your salve. I tried it and it completely knocked rheumatism right out of my system. I can cheerfully recommend it as the best medicine on the market for rheumatics. I believe it has no equal. Yours sincerely, JOHN MCGROGGAN.

475 Gerrard Street East Toronto, Ont., Sept. 18, 1902. JOHN O'CONNOR, Esq., Nealon House, Toronto Ont.: DEAR SIR—I have great pleasure in recommending the Benedictine Salve as a sure cure for lumbago. When I was taken down with it I called in my doctor, and he told me it would be a long time before I would be around again. My husband bought a box of the Benedictine Salve, and applied it according to directions. In three hours I got relief, and in four days was able to do my work. I would be pleased to recommend it to any one suffering from lumbago. I am, your truly, (MRS.) JAS. COSGROVE.

I Laurier Avenue, Toronto, December 16, 1901. JOHN O'CONNOR, Esq., Toronto, Ont.: DEAR SIR—After suffering for over ten years with both forms of Piles, I was asked to try Benedictine Salve. From the first application I got instant relief, and before using one box was thoroughly cured. I can strongly recommend Benedictine Salve to any one suffering with piles. Yours sincerely, JOS. WESTMAN.

12 Bright Street, Toronto, Jan. 18, 1902. JOHN O'CONNOR, Esq., Toronto: DEAR SIR—It is with pleasure I write this word of testimony to the marvellous merits of Benedictine Salve as a certain cure for Rheumatism. There is such a multitude of alleged Rheumatic cures advertised that one is inclined to be skeptical of the merits of any new preparation. I was induced to give Benedictine Salve a trial and must say that after suffering for eight years from Rheumatism it has, I believe, effected an absolute and permanent cure. It is perhaps needless to say that in the last eight years I have consulted a number of doctors and have tried a large number of other medicines advertised, without receiving any benefit. Yours respectfully, MRS. SIMPSON.

63 Carlton Street, Toronto, Feb. 1, 1902. JOHN O'CONNOR, Esq., 193 King Street East: I was a sufferer for four months from acute rheumatism in my left arm; my physician called regularly and prescribed for it, but gave me no relief. My brother, who appeared to have faith in your Benedictine Salve, gave enough of it to apply twice to my arm. I used it first on a Thursday night, and applied it again on Friday night. This was in the latter part of November. Since then (over two months) I have not had a trace of rheumatism. I feel that you are entitled to this testimonial as to the efficacy of Benedictine Salve in removing rheumatic pains. Yours sincerely, M. A. COWAN.

Toronto, Dec. 30th, 1901. JOHN O'CONNOR, Esq., Toronto: DEAR SIR—It is with pleasure I write this unsolicited testimonial, and in doing so I can say to the world that your Benedictine Salve thoroughly cured me of Bleeding Piles. I suffered for nine months. I consulted a physician, one of the best, and he gave me a box of salve and said that if that did not cure me I would have to go under an operation. It failed, but a friend of mine learned by chance that I was suffering from Bleeding Piles. He told me he could get me a cure and he was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now completely cured. It is worth its weight in gold. I cannot but feel proud after suffering so long. It has given me thorough cure and I am sure it will never return. I can strongly recommend it to anyone afflicted as I was. It will cure without fail. I can be called on for living proof. I am, Yours, etc., ALLAN J. ARTINGDALE, with the Boston Laundry.

256 1/2 King Street East, Toronto, December 14, 1902. JOHN O'CONNOR, Esq., Toronto: DEAR SIR—After trying several doctors and spending forty-five days in the General Hospital, without any benefit, I was induced to try your Benedictine Salve, and sincerely believe that this is the greatest remedy in the world for rheumatism. When I left the hospital I was just able to stand for a few seconds, but after using your Benedictine Salve for three days, I went out on the street again and now, after using it just over a week, I am able to go to work again. If anyone should doubt these facts, send him to me and I will prove it to him. Yours forever thankful, PETER AUSTIN, Toronto, April 16, 1902.

Mr. John O'Connor: DEAR SIR—I do heartily recommend your Benedictine Salve as a sure cure for rheumatism, as I was sorely afflicted with that sad disease in my arm, and it was so bad that I could not dress myself. When I heard about your salve, I got a box of it, and to my surprise I found great relief, and I used what I got and now can attend to my daily household duties, and I heartily recommend it to anyone that is troubled with the same disease. You have this from me with hearty thanks and do with it as you please for the benefit of the afflicted. Yours truly, MRS. JAMES FLEMING 14 Spruce street, Toronto. Toronto, April 16th, 1902.

J. O'Connor, Esq., City: DEAR SIR—It gives me the greatest pleasure to be able to testify to the curative powers of your Benedictine Salve. For a month back my hand was so badly swollen that I was unable to work, and the pain was so intense as to be almost unbearable. Three days after using your Salve as directed, I am able to go to work, and I cannot thank you enough. Respectfully yours, U. J. CLARKE, 73 Wolsely street.

Address O. R. JOHN O'CONNOR, 193 KING ST. E. FOR SALE BY WM. J. NICHOL, Druggist, 17 King St. E. J. A. JOHNSON & CO., 171 King St. E. Price, 25 per box.