

HELPLESS WITH RHEUMATISM

Until He Took "Fruit-a-lives"
The Fruit Medicine

R. B. No. 1, Lorne, Ont.
"For over three years, I was confined to bed with Rheumatism. I treated with doctors, and tried nearly everything without benefit. Finally, I tried 'Fruit-a-lives'. Before I had used half a box I saw improvement; the pain was easier and the swelling started to go down. I continued taking this fruit medicine, improving all the time, and now I can walk about two miles and do light chores about the place".
ALEXANDER MUNRO.

Box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

IF STRENGTH DECLINES AS AGE ADVANCES FOLLOW

So many women grow old before their time, perhaps your wife or sister. A little while ago, buoyant, full of vigor and activity—she enjoyed life and imparted pleasure to the whole family; but now in a few short years she has faded and lost color and strength. She is just ready to develop some disease that will further weaken and debilitate. You remember how it began, failure of appetite, tired in the morning, found household burdensome, always nervous and a little irritable. It's a shame to let her go down hill further when you can build her up so quickly with Ferrozone. The change this nourishing tonic makes in a weak woman is surprising. It gives great zest for food, increases appetite and digestion enormously. The blood gets richer and stronger, and adds new life to every organ in the body. A rebuilding process works through the entire system. The first week will show an improvement, and a month or two will fatten up the thinnest, most run-down woman you can think of. Take Ferrozone for lack of color, for nervousness, for weakness, also if when run-down and feeling poorly, it will do you more lasting good, keep you in better health than anything else. Just as good for men and children, too, because Ferrozone is harmless and safe, one per box or six for \$2.50 at all dealers, or direct by mail from the Cataractone Co., Kingston, Ont.

GOING OUT OF BUSINESS

Reduction Sale of Pictures

FRAMED AND UNFRAMED
Our store must be vacated by Dec. 1st, as it has been rented.

A Chance to get a Bargain

People having pictures here are asked to secure them, otherwise they will be sold.

A. B. Surarus & Co.

Phone 134. 38 Queen St. S.

Attention Poultrymen

we are putting up the best scratch feed that money can buy at \$3.50 per cwt. Composed of buckwheat, wheat, groats and cracked corn. Also have a limited quantity of buckwheat.

Eidt, Weber & Co.
17 Benton St. 27-61.

Oakite Cleans Clothes Absolutely

For washing.

Soak clothes over night adding one half spoonful of Oakite, in the morning place in washer (no boiling necessary) use half-tablespoonful of Oakite with one eighth amount of soap usually used, after washing wring as usual.

For Dishes

For dishes use one-half teaspoonful of Oakite. No injury to the hands.

For line in Kettles.

Take the lime out of your kettle with Oakite. One dose spoonful in a kettle, boil one hour. Ask your dealer for it as a book of directions.

SHRAPNEL

Two minutes was the shortest holiday we ever had; before we had our pipe filled it was over.

When the new Health Inspector made his first call up street, there was a "Rau" in the house.

If Mr. Drury can't find a house in Toronto to live in, maybe he could board at Government House.

The only man in the Farmer cabinet who wears whiskers, is not a farmer. He's a lawyer.

By the time Drury has his Grant Rollo Mills in running order it will be Roney in spite of the dry spell.

In Colorado, poor Colorado, they can go over the top. The best they can do is to reach Pike's Peak.

The city police announces the finding of a sum of money. After all it is not a serious fault to look down upon things.

In England it is proposed to pension all persons over 70 years old. They are surely not setting the age limit too low.

Premier Drury says that not a farmer or a labor member asked for a job in his cabinet. Never mind, Mr. Premier, they will learn.

The dyes in Ohio call a majority of 542 votes for the wets too insignificant. A majority of one for their side would have looked bigger.

A car turned over near Owen Sound the other day. The occupants are said to have been quite annoyed over it. Very much upset, in fact.

The new premier of Ontario has already made two cabinet ministers grow where one grew before. One minister handled Forests and Mines; now we have two. Perhaps the salary will be divided, eh what?

From Niagara Falls comes the suggestion that all property, real or personal owned in Ontario by governments, municipalities or commissions, and operated as public utilities, should be subject to municipal assessment and taxation in the same manner as if owned by private persons. Quite right.

The 'Statesman' sizes up the waning influence of the big Toronto dailies as follows: 'Journals like the Globe and the Star are so far removed from the realities of life, so enervated with hidebound prejudices and so lacking in a sense of humor that they give their readers no credit for intelligence. The result of the elec-

WEAK CHESTED PEOPLE

and elderly people particularly, who are so subject to ailments of the breathing tubes and lungs, are frequently difficult to prescribe for owing to their frail constitutions. For all such people Peps are the safest remedy for coughs, colds, bronchitis, asthma, etc. as Peps contain absolutely no harmful drugs. Mrs. David Patriquin of Mattatall Lake, N.S., writes: "I have just been cured of a very bad cough by the use of Peps. As I am seventy-five years of age I consider this cure all the more remarkable." For very young people, too, Peps are just as good. All dealers 50c.

Peps

tions in Ontario is a humiliating experience for these Toronto newspapers. They have done all they could to destroy Liberalism but have discovered that the daily Press cuts a very sorry figure in days when the electors associated Healey and his supporters with hypocrisy and incompetence."

\$15,400 A YEAR.

When one hears what salary Healey was receiving it is no wonder that he was anxious to continue in office. The Chesley Enterprise writes as follows: Until the session of 1918 the salary of the Premier of Ontario was \$9,000 when it was increased by \$6,000 on account of the Premier holding the position of Minister of Agriculture. In

IF THIN AND NERVOUS TRY BITRO-POSPHATE

While excessive thinness might be attributed to various and subtle causes in different individuals, it is a well-known fact that the lack of phosphorus in the human system is very largely responsible for this condition.

It seems to be well established that this deficiency in phosphorus may be met by the use of Bitro-Phosphate, which can be obtained from any good druggist in convenient tablet form.

In many instances the assimilation of this phosphate by the nerve-tissue soon produces a welcome change—nerve tension disappears, vigor and strength replace weakness and lack of energy and the whole body loses its ugly hollows and abrupt angles, becoming enveloped in a glow of perfect health and beauty and the will and strength to go up and doing.

CAUTION:—White Bitro-Phosphate is unsurpassed for the relief of nervousness, general debility, etc., those taking it who do not desire to put on flesh should use extra care in avoiding fat-producing foods.

addition to this he gets his seasonal indemnity of \$1400 as a member, making \$16,400 in all. All the other cabinet ministers receive \$6,000 besides their indemnity of \$1,400. The new premier will likely refuse to accept the extra \$6,000.

THE CITY BEAUTIFUL

Up to the time of the war, people used to say there was little patriotism in this country. Then the war came, and people gave their time, their money and their lives. The patriotic spirit had been there all the time, only there was nothing to bring it out.

It is just the same in regard to home town feeling. Flint is full of it, of people who love this community, who would work just as hard for it, if the call came to them, as they worked in the war. But this spirit is largely unorganized, and if lack of definite and direct objects. Every individual in this community should realize that there is something that he could do and ought to do to realize the hopes of this community. He can help create here The City Beautiful, one that shall be known far and wide as a model for its type and which acts as a unit to accomplish all the brightest hopes and dreams of modern civilization.

That Went Double.
His gay young wife showed him the pictured advertisement of a very short and very skimpy bathing suit. "You might let me have the money, John," she said.

"I can't consistently, my dear," said he.
"Why not?"
"I'm a man of modest means," Boston Transcript.

Not Particular.
"Doctor, how can I ever repay you for your kindness to me?"
"Doesn't matter, old man. Cheque money order, or cash."

Discriminating.
Artist—Yes, I had a narrow squeak when I was painting that picture of the Sphinx. An arab came up behind me and nearly stabbed me in the back.
Friend—What? Are there art-cries in Egypt, too then?—Passing Show (London).

Get Out and Hustle.
The wall is full of "has-beens." On whom the people frown? Nobody cares how high you were after you've tumbled down.
So get out and hustle for yourself.
Or on pay day you'll be missed; The mill will only grind for you While you supply the grist.

Anyone Could.
Elsie: "My grandpa has reached the age of ninety-six, isn't it wonderful?"
Bobbie: "Wonderful, nothing! Look at the time it's taken him to do it."

Sorry, Nevertheless.
Edith (sighing about a man she has just met): "And did he seem to be sorry when you said I was married?"
Ethel: "Yes, he said he was very sorry—although he didn't know the man personally."—London Answers.

One shot fired accidentally near Burnham, Ont., killed and wounded two hunters.

Clearance of Our Entire Stock of WINTER MILLINERY

EXCEPT FOR TRIMMED VELVET AND SATIN HATS

Nearly All Our Better Hats are Marked At

1-2 OFF

THE ORIGINAL PRICES

DRESS HATS CHILDREN'S HATS
STREET HATS READY TO WEAR
SHAPES FANCIES
ORNAMENTS FEATHER TRIMMINGS

Ostrich trimmings, flowers—our entire stock of millinery (except fur hats) is offered in this sensational reduction sale. There's every imaginable color and fashionable shape—a hat for everyone—even the most fastidious women.

Materials are panne velvet, Salt's velvet, duvetyne, brocaded fabrics, hatters plush, beaver and combinations.

All sales final. No C.O.D.'s, Exchanges, Credits or Memos.

Pay now only \$1.95 and up to \$8.95

For Hats that formerly sold at \$3.95 to \$16.95.

Fur trimmed satin Hats, fur trimmed velvet Hats and gold and silver trimmed Hats just received from New York and are now on display.

Antoinette

Hat Shops Limited.

Read Our Classified Ads

A Range that Burns Gas, Coal, or Wood

A RANGE with a three-fuel feature, wonderfully easy of operation, unexcelled for economy of fuel and efficient service is being demonstrated at our store. You would be well advised to see it. It is the acme of perfection in every possible respect, and is known as

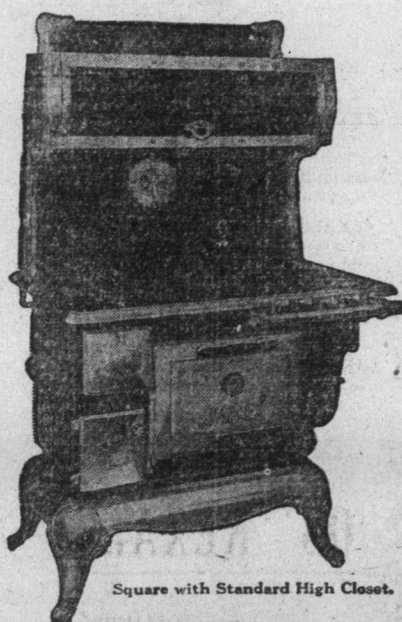
McClary's

SIMPLEX Combination RANGE

This range is economical because it saves fuel and trouble by enabling you to use the fuel that is handiest and most practical all the time. In addition it requires less fuel for the heat generated than any other range.

It is most compact and complete, one of the most handsome ranges in existence, and durable too. It is guaranteed in workmanship and material by the makers, and by us.

Attend this demonstration. It will prove interesting and you will not be obligated in any way.

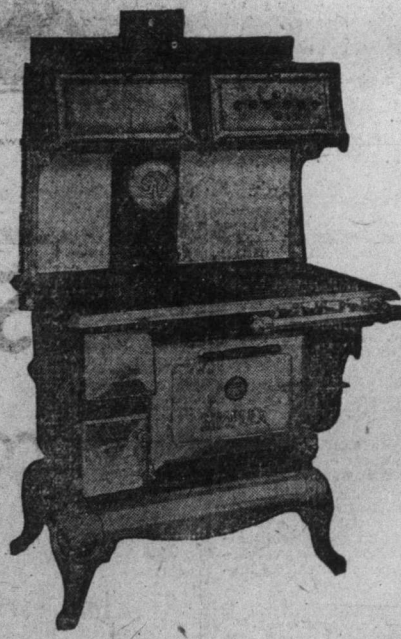


Square with Standard High Closet.

McClary's

are also makers of the

Pandora Cast Iron Range
Kootenay Steel Range
Bon Accord Cast Iron Range
Garry Steel Range
Regina Steel Range
The Famous Baseburner
The Sunshine Furnace
The Radium Furnace
The McClary's Electric Range
The Florence Automatic Oil Stove



Square with Broiler High Closet.

H. Wolfhard & Co

31 King West. Phone 42

COME IN AND SEE THE "SIMPLEX" IN ACTION

The Most Popular
Breakfast Food in Canada

Kellogg's

TOASTED CORN FLAKES

Won their Popularity through

WAXTITE

Moisture-Proof Package

which insures the oven-freshness, the taste and aroma as when these great, big boxes of corn leave our toasting ovens at TOBACCO.

In order that you may not be disappointed, be sure that your Grocer gives you

Kellogg's

packed in the "WAXTITE" package, which keeps all good flavors in and all bad flavors out.

Every Grocer, everywhere sells Kellogg's "WAXTITE" corn flakes every day.

Be sure you get them in the WAXTITE Package

NOTICE OF REMOVAL

Having disposed of my premises, East, I have removed to No. 103 Frederick Street, where you will find a full assortment of Trunks, Bags, Mitts, Socks, Rugs, Harness and Goods for the season.

When a person buys a harness, it is not to be looked at, therefore we have our Harness, and save you the fact the most up to date tools and machinery of leather, therefore we buy only the best, which is the cheapest in the long run.

It is claimed by those who prefer leather is still going higher in price long time before it gets cheaper. So buyers' advantage to get their supplies.

We have a well assorted line of large heavy lined Jutes, bought at below market price; buyers will get a past and soliciting your continued patronage.

J. H. Fehrenbach

103 Frederick St.



ORGAN DESTROYED BY FIRE—Debris of the organ at the Street Methodist Church, which was damaged by fire.

MACDONALD

BRIER

SMOKING TOBACCO

