

NEWS OF SPECIAL INTEREST

LET'S TALK IT OVER.

I simply have to talk about food conservation, just now there does not seem any other subject which is so occupying our minds.

At a meeting held for the discussion of this subject and at which a number of excellent recipes for the use of substitutes were given, the objection was made that all these things take time to cook and that everybody is so busy now. It was contended that in former times one put a roast in the oven and there, when it was cooked, was the foundation of your dinners for some days.

The answer to this is that we have to stop all of us and realize that the saving of food is the most important thing we can be doing at the present—that our time is valuable it is true, but that it is only valuable as we are using it to help our country on towards victory. We may not take the time from Red Cross work, but we can perhaps go over the minutes of our day and decide that it is more necessary to watch a fish soup in the oven than it is to make over some gown, recover the living-room furniture or do any one of the hundred and one household tasks which used to be quite allowable in pre-war days.

Then too, it gives one a shock to hear someone say: "I'm sick of all this talk about saving food. I shall eat all the bacon I want." One such thoughtless girl was sharply rebuked for making such a heartless remark by being shown a picture of a French child thin and miserable, begging for bread. She was forced to acknowledge that she knew this was only one of the thousands in France and asked if she had forgotten Serbia, Belgium and Poland with their suffering people.

When we buy a cake of sweet chocolate, let us remember that since the first of May France had her chocolate, her one luxury taken away from her. This is a great privation, for the babies of France need sugar and chocolate has supplied the craving for sweet things. Do the French complain?

Then to go back to our subject of time, when we say it takes a long time to fuss with "made dishes," did you ever think of the soldiers and sailors with their long watches? Did you ever hear of a nurse in the hospitals overseas complaining of her long hours on duty? "We were on duty for eighteen hours" came in a letter from a devoted nursing sister in France. She mentioned the fact without a comment or a murmur of fatigue, and her joy in service is a lesson to those who know her.

It is things like this which make us ashamed of our complaints about the small privations we make to endure in the way of our daily food or the few extra moments spent in the kitchen.

Make your hours in the kitchen your "watch" for the Empire, your "sentry-go" or your "time on duty." Looking at it from that viewpoint cooking becomes a patriotic duty, a sacrifice for your country. However small that sacrifice may seem and whether or not you are adding it to the great ones you have already made it will go to help sum up the benefits which will be felt by our soldier men and the forlorn people who have been oppressed by the Hun to the point of starvation.

What do you think about it?

MARGUERITE.

Y. W. P. A. EXECUTIVE

An executive meeting of the Y. W. P. A. was held yesterday afternoon in their committee room in the G. W. V. A. Building. Miss Jessie Church, president and a number of matters came up which will be brought before the regular meeting.

A very pretty crocheted bag—donated by Miss Alice Rising, was presented to the Y. W. P. A. to be sold by them the proceeds to go to the Navy League. The Association are asked to furnish ushers for the War Anniversary Service on August 4th. Miss Fairweather was appointed acting secretary and Miss Sheldon acting treasurer during the absence from the city of Misses de Soyres and Hatch.

Miss de Soyres reported that the money sent to the Belgian prisoner in Holland had reached the soldier safely. Plans for the musical comedy to be held in September were discussed. The association was asked to sell tickets for the French Red Cross Bazaar on France's Day. It is planned to have an entertainment for the Siege Battery in the near future.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoria, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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Bears the Signature of

Dr. J. C. Fletcher

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IN THE IGRAND
CIRCUIT RACES

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All Events Easily Decided.

BERRY PICKERS

GO TO SACKVILLE

Names of Patriotic Young
Ladies Who Will Form Y.
W. P. A. Camp.

The suit cases are all packed, the rolls of bedding are tied up carefully and with hearts full of anticipation of hard work and good times the twenty-two members of the Y. W. P. A. who have undertaken the work of berry picking start off today for the farm of F. C. Fawcett of Sackville. It is not expected that they will be able to begin gathering the strawberries until Saturday as it has rained in Sackville as well as in St. John but the campers will be settled down by then and every detail in good working order.

The names of the young ladies who have undertaken this patriotic way of spending their holiday are:—

Miss Jessie Church, (President).
Misses:
Winifred Ross,
Madeline de Soyres,
Gertrude Green,
Winifred Green,
Ruth Milne,
Hazel Gibson,
Gladys Gibson,
Helen Church,
Ermine Climo,
Bertha Boyer,
Annie Storm,
Florence Climo,
Allison Morrison,
Leora Patchell,
Anna Goodspeed,
A. E. Sherwood,
Ruby Isaacs,
Ada Fawell,
Marion Cruikshank,
Sarah Ring,
Stella Allingham,
Muriel Ellis,
Lena Nio,
Gladys Howard.

The Misses Ethel and Dorothy Day of Oxford former members of the Y. W. P. A. will join the party at Sackville.

The thanks of the Association are due Messrs. F. A. Dykeman, T. H. Estabrooks, H. Evans and W. A. Steiper for the loan of tents and to W. R. Reek of the Agricultural Department at Fredericton and William Kerr of St. John for assistance in transportation.

W. C. T. U. MET

YESTERDAY

That a patient in the General Public Hospital had been visited and had received flowers from the Women's Christian Temperance Union was reported by Mrs. Davis who is the superintendent of the Railway work, at the regular meeting held yesterday afternoon in the Orange Hall.

The president Mrs. David Hipwell was in the chair and led the service of prayer with which the meeting opened. Many of the members of the city Union are out of town but the weekly meetings are kept up and the business attended to.

Patients at the Military Hospital have also been well looked after, receiving visits and flowers regularly.

At a recent meeting \$20 was returned to the Treasurer of the National Trunk Fund, the returns from which are used to purchase coffee and cocoa for the soldiers.

"IT ISN'T DONE WITH US"

The difficulties of food conservation work are illustrated by the following story which is a true one, occurring recently in St. John:

A diligent and up-to-date worker in the food conservation work interviewed a local dealer in fish. The following conversation took place:

Lady—"Have you any pollock?"
Fish Dealer—"We don't handle pollock."
Lady—"But the government is urging us to eat this cheaper fish."
F. D.—"We don't handle pollock."
Lady—"If I should agree to buy pollock every week and get ten ladies to do the same, would you get pollock for us?"

F. D.—"We don't handle pollock."
Retreat of lady—baffled.

Uprising in Ukraine

Amsterdam, July 8.—A despatch from Kiev to the Ukrainian Press Bureau says the Ukrainian government have requested Germany to form a flying column consisting of one German battalion and four armoured cars, for each province in order to subdue peasant uprisings.

SPORTING NEWS AND GOSSIP
THE BIG LEAGUES

NATIONAL LEAGUE.

St. Louis 6; Brooklyn 4.
St. Louis, July 9.—Although Brooklyn got twelve hits for a total of twenty bases, the visitors could not connect at the right time, while St. Louis hit Cheney opportunely and added five wild pitches won today's game 6 to 4 for an even split on the series.

Brooklyn ... 1000000000—4 12 3
St. Louis ... 000000000—6 12 0
Batteries—Cheney and M. Wheat; Doak, Sherrill, Packard and Gonzales.

New York 7; Chicago 6.
Chicago, July 9.—Jim Thorpe's home run drove into the left field bleachers gave New York a 7 to 6 victory over Chicago, after ten innings today.

New York ... 000000000—6 9 0
Chicago ... 000000000—7 11 2
Batteries—Anderson, Causey and McCarty; Vaughn, Douglas and Killifer.

Pittsburgh 7; Boston 2.
Pittsburgh, July 9.—Pittsburgh, pitching for Boston, was hit hard by Pittsburgh today, resulting in victory for the home team 7 to 2.

Boston ... 000100001—2 8 1
Pittsburgh ... 020001010—7 11 2
Batteries—Pittsburgh and Wilson; Cooper and Schmidt.

At Cincinnati—Cincinnati-Philadelphia game for today played July 7.

AMERICAN LEAGUE.
Boston 1; Cleveland 0.

Boston, July 9.—Boston strengthened its hold on the lead today by defeating Cleveland 1 to 0, in twelve innings.

Cleveland ... 000000000—0 8 1
Boston ... 000000000—1 8 2
Batteries—Bagby and O'Neill; Bush Agnew and Mayes.

New York 8; Chicago 4.
New York, July 9.—New York and Chicago broke even in their double header here today, Yankees winning the first game 8 to 4, while Chicago won the second in ten innings by a score of 4 to 3.

Chicago ... 000100102—6 10 4
New York ... 000000001—4 13 1
Batteries—James, Daus and Stange; Perry, Adams and Perkins.

St. Louis 7; Washington 6.
Washington, July 9.—Dennis's triple against the right field wall with two men on bases in the ninth followed by Sykes's infield single gave St. Louis a third straight victory over Washington today 7 to 6.

St. Louis ... 101010103—7 12 2
Washington ... 010000002—6 8 3
Batteries—Wright, Rogers and Nussamer; Severid; Harper, Ayers and Picinich.

INTERNATIONAL LEAGUE.
Jersey City 5; Baltimore 4.

Jersey City ... 200000020—4 8 0
Baltimore ... 000010022—5 14 0
Batteries—Knecht, Farnham and Egan; Horsey, Verrers and Carroll.

Binghamton 8; Newark 4.
At Atlantic City.
Binghamton ... 000032500—8 15 1
Newark ... 000010020—4 11 3
Batteries—Webb and Fischer; La destra and Algie.

At Syracuse—Buffalo-Syracuse, two games postponed, rain.
At Rochester—Toronto-Rochester, two games postponed, rain.

AMERICAN LEAGUE STANDING

Boston	44	38	579
New York	41	38	565
Cleveland	44	35	557
Washington	40	37	519
Chicago	38	38	500
St. Louis	37	38	493
Detroit	31	43	425
Philadelphia	27	45	375

NATIONAL LEAGUE STANDING

Chicago	50	22	494
New York	46	27	625
Pittsburgh	36	35	590
Philadelphia	34	34	500
Brooklyn	31	38	449
Boston	32	40	444
Cincinnati	28	40	412
St. Louis	27	45	375

Our offensive on high prices commences Friday, July 12th. Bases' 14-16-18 Charlotte street. No branches.

L. C. VOLUNTEERS 10;
NORTH END ROSES &

In a very fast and exciting game of baseball played last evening on the Barrack Green the Lower Cove Volunteers defeated the North End Roses by a score of 10 to 8. The game was a very close one from beginning to end.

The feature of the game was a home

run made by Kerrigan for the Roses.

Poster pitching for the winning team did some very fine work and had good support.

Batteries for winning team, Foster and Barnes; for losing team, Logan and Tanaman.

STRIKE POSSIBLE
IN CAPE BRETON

Dominion Steel and Coal Company's Moulders Want Twenty Per Cent. Advance.

Sydney, N. S., July 9.—The moulders of the Dominion Steel and Coal Company are asking for an average increase in their wages of 20 per cent. and the situation will require careful handling on the part both of the company and the men. It was stated by J. C. Watters, president of the Dominion Trades and Labor Congress, who has arrived in the city again in the capacity of mediator. When Mr. Watters left Sydney the labor situation had apparently been cleared up with the exception of the moulders and the bricklayers. It has been stated, however, that the different unions will stand by one another in the negotiations for increases.

IMPERIA

His wife's love for finery caused the downfall of John Trimble.

CECIL B. DE MILLE'S THUNDERING CINEMA
Acme of Marvelous photoplay.

"THE WHISPERING CHORUS"

From the story by Perley Poore Sheehan.

MARK THIS MARVELOUS CAST:

John Trimble—Haunted by the Whispering Chorus—Raymond Hatton
Jane Trimble—Thoughtless and extravagant wife—Kathryn Williams
George Cogswell—Second husband of Mrs. Trimble—Elliott Dexter
Mrs. Trimble—Aged mother of the missing man—Edith Chapman
Clumley—A rough longshoreman associate—Tully Marshall
Chief MacFarland—Who searches for John Trimble—Guy Oliver
Mocking Face—A vision in Trimble's dreams—Gustav Seffertitz
Evil Face—Another ghost to the haunted man—Walter Lynch
Good Face—The only solace Trimble had—Edna Chapman.
Scenes laid in America, Australia and particularly San Francisco and Melbourne.

A PICTURE THAT WILL SET ST. JOHN PEOPLE THINKING

Not exactly suited for little children.

British Official Weekly
Spirited Comedy Too

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Sensational Gymnasts	Comedy Songs and Chat	Famous Sand Artists
NELSON WARING	A MAN and A PIANO	VENGEANCE AND THE WOMAN

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"THE FAIR PRETENDER"

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