

"Laughter," says Horace Smith, "is a faculty bestowed exclusively upon man, and one which there is, therefore, a sort of impiety in not exercising as frequently as we can." We may say with Titus that we have lost a day if it has passed without laughing. The pilgrims to Mecca consider it so essential a part of their devotion, that they call upon their prophet to preserve them from sad faces. "Ah!" cried Rabelias, with an honest pride, as his friends were weeping around his death-bed, "if I were to die ten times over I should never make you cry half so much as I have made you laugh." It is neither criminal nor "a waste of sweetness on the desert air" to smile or look pleasant in the school-room. Too many schools are borne down by too much profundity—administered with too much solemnity. Read "The Magic of a Smile" which appears in another column.

The following sentences spoken by Dr. Benjamin Wheeler in an informal talk to the students of the University of California, are just as applicable to pupils in common schools and, therefore, worth repeating here: "It is what goes over into spiral marrow, into real life, that makes us; and what we are going to get out of our university life is not bits of knowledge, not maxims or rules for getting this or that; but, after all it is this one thing which we talk so much about and understand so imperfectly—it is char-

acter. As I grew older I came less and less to respect men of brilliancy, and to look to men for their character. In a university, or elsewhere in the world, heart is more than head and love is more than reason."

Every school should have a set of the smaller weights and measures, the pound, ounce, quarter, the foot, inch yard, the pint, quart, gallon, etc., and those should be constantly employed in teaching the tables. Children will thus see the relations between the different multiples and acquire some definite idea of each. For lack of concrete teaching it is common enough to find young people who can repeat their tables correctly, but who yet cannot tell whether the play-ground is a pole or a furlong long and whether a scuttle of coal weighs a pound or a quarter. The dimensions of the room, and its doors and windows, should be obtained by actual measurements in which the pupils take part, and the distances to certain well known spots should be familiar, and constantly employed as standards of comparison.

Educate yourself broadly and thoroughly. Broaden your thought and life so that your ability may take a wider range, and in order to do this it is necessary to empty your mind and heart of self, for nothing in all the garment of sin or shame is as dwarfing and demoralizing as selfishness. Try to think what you can do to help