

ATHLETICS.

The result of the Marathon race in New York on Saturday last does not necessarily indicate that the Latin races are surpassing the Anglo-Saxon race in the art of physical development. Hayes did as well as was expected. The failure of Shrubbs and Longboat to finish is a coincident; the former was out of his distance, the latter was out of condition. The importance of physical status of a people is, however, brought to mind in these days of great issues. Dreadnoughts we may have, but all said and done, the bone and sinews and muscles which direct our floating fortresses are of some considerable importance. The hearts that beat within the steel walls of a Dreadnought must be bold and true. Former Governor Folk has ventured to foretell that the destiny of Canada is to be swallowed by the United States. Not so, will say every full-blooded Canadian. There devolves upon every citizen the duty of filling his lungs with a satiety of Northern ozone; of filling his skin with muscles, and his veins with red blood corpuscles against the day which is as certain as the fact that history repeats itself.

How many readers of these lines could have undertaken with success the recent scouting expedition between Ottawa and Brockville? The fact remains after all that what we should have is, not only a few who can carry the news from Marathon to Athens, but that the great majority of the people are fit to run half a Marathon and do so in good shape.

Do you, gentle reader, get up and run a few miles before breakfast these bright Spring mornings? If

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