## HINTS.

The Belladonna headache is throbbing, blinding, and worst from light or jarring.

The splitting frontal headache that is worse from motion is the Bryonia call.

The Gelsemium headache is dull, listless, heavy and stupid.

Daily headche, China.

Sick-headache, blurr before eyes, sour vomit, Iris versicolor.

Pure Unfermented Grape Juice is not only a good remedy for habitual headache, but also for all weakly ones—a pure, rich, invigorating food.

When a person's liver is out of order two or three drops of the tineture of Chelidonium twice a day for a few days is one of the best general remedies.

For earache in children Pulsatilla is the best remedy. If it fails, try a pledget of cotton well soaked in Mulleln oil stuffed in the ear.

Thousands use Arnica tincture externally for bruises and blows, but few think of using the same remedy potentized 3rd to 30th internally, and yet the latter is a grand way of using Arnica,

For acne Sulphur 30 and Carbo veg. 30 are good remedies.

Bolls, fierv-red and throbbing, Belladonna. Otherwise, Hepar sulph.

Toothache in decayed teeth, Mercurius.

Don't ask for "strong" medicine, even in Homoeonathy: the potentized remedy. 3d. 6th or 30th, acts better and cuicker. An exception to above rule is when you feel your are going to "catch cold." take two or three Camphora 0 pellets every fifteen minutes to abort it.

When you have a combination of piles, constination and headache, Nux vomica 30 may give relief.

Wherever the keynote "stitching pains" is present Kali carb, is probably the remedy.

Ledum is a fine remedy for rheumatism of the feet travelling upward.

As a last resort in the most obstinate cases of asthma try Blatta orientalis 3.

Burnett found Pyrogenium 6th the best general remedy for typhoid fever.

Wherever there is a pronounced yellow discharge or secretion Kali sulph. 12x will probably give relief.

Prostration, weakness, torpor and drowsiness are pointers to Gelsemium in any disease.—Homoeopathic Envoy.

## DONATIONS IN MARCH

The Lady Superintendent acknowledges with thanks the following:

Mrs. E. M. Morgan, egg cups and butter patties.

Miss M. Robertson, nine tray cloths, one air cushion and making up of hospital linen.

Mrs. C. T. Williams, six table napkins, one bureau cover, one washstand cover.

Mrs. W. D. Birchall, one jar marmalade.

Mrs. Reid, magazines.

No name, old clothes, Mr. J. Morrison, twenty-four jars:marmalade.

Mrs. J. T. Hagar, two dozen x burs, one dozen table napkins.

Mr. F. W. Hölland, one Easter Illy. Woman's Auxiliary, three dozen tray cloths, two pieces röller towelling, one piece kitchen towelling, one piece glass towelling, one piece sheeting, three quilts.

## SUBSCRIPTIONS AND CASH DONA-TIONS IN MARCH.

\$46.36

## HOSPITAL WANTS.

Hardwood floors in private wards. Washing machine for laundry. Barrel of chip soap.
Plano for new nurses' home.
Preserved and fresh fruit.
Subscriptions to the RECORD.
Sugar, soap, flour, tea, etc.
Money for nurses' home fund.
Increase of endowment fund.
And all other kinds of MONEY.



2417 St. Catherine St., MONTREAL