

much benefit from the use of antikamnia and salol tablets, two every three hours, in the stage of pyrexia and muscular painfulness, and later on, when there was fever and bronchial cough and expectoration, from an antikamnia & codeine tablet every three hours. Throughout the attack and after its intensity is over, the patient will require nerve and vascular tonics and reconstructives for some time. In addition to these therapeutic agents, the mental condition plays an important part, and the practitioner must not lose sight of its value. Cheerful company, change of scene and pleasant occupation are all not only helpful, but actually necessary in curing the patient.

THE Canadian Medical Exchange, conducted by Dr. Hamill, 75 Yonge Street, besides arranging the sale of medical practices and properties between vendors and vendees, also is in a position to furnish locum tenens work and assistantships especially to Council graduates at all times. The Exchange also has at present a number of applications from different villages where there is no doctor, and where they want one to locate, and the size of the villages and surrounding country would warrant one believing that a practice of at least from \$2,000 to \$3,000 a year could be done. Anyone interested in any of the above can secure full particulars by dropping Dr. Hamill a request. In fact the Medical Exchange endeavors to act as a central depot to secure a short cut to the goal desired by physicians. Offers of practices for sale will be found among our advertising columns.

THE BUGBEAR OF "INDIGESTION"—"It is often said that ours is 'a nation of dyspeptics.' Medical men appreciate how apt this statement is, and never was there a time when it was more true. Only yesterday one of them remarked, with a touch of humor, that 'people are living so fast to-day that they do not stop to masticate their food'—a wise observation, we must admit.

"And besides—in the matter of eating—have we not, as a race, departed from the so-termed simple life? Have we not in more than one way become denatured rather than civilized? It seems that the things people eat to-day are censored to tickle the palate rather than nourish and upbuild the body, and the consequence of such pleasurable and improper eating is a disordered stomach."

—*From a Brochure on Taka-Diastase.*