

for hours together almost every day in winter, the indications that the climate is favorable for the treatment of this terrible and all prevailing scourge of the human race, would seem to be certain.

The medical testimony upon this subject is varied in character, although it all points to the material advantages which Asheville offers over other health resorts in the treatment of this disease. During a seven weeks' residence here, I have made many enquiries among leading physicians, and I have also come in actual contact with many people who came to Asheville years ago in a tuberculous condition, and who are now practically well.

First of all, it is conceded on all hands that if patients come to Asheville in the early stages of tuberculosis, when there is little or no fever, but in which there is consolidation of one or both apices without softening, but in which tubercle bacilli can be found in the sputum, cures can in a majority of cases be accomplished, if the patients will place themselves under the care of the physician, and remain say for two years. Over and over again have I heard physicians make the statement that these patients can usually return home and remain free from the disease for years at least, and some of them for life.

Cases in a more advanced condition, even with cavity in one lung and considerable infiltration, as well as commencing throat symptoms and daily rise of temperature of two or three degrees, can also be arrested in many instances and remain free from disease, but may require to remain permanently here, or at least for several years.

As instances, I may briefly refer to several cases. A physician here reported three cases which came for treatment from St. Louis—one of them was a physician. St. Louis is an unhealthy place, with limestone roads, the dust from which produces a good deal of laryngeal irritation. All three had consolidation, fever, bacilli. All remained in Asheville between one and two years, and all returned to St. Louis years ago and are still well.

A barber with cavity in one apex, and consolidation of the other, of tuberculous family, temperature 100°, respiration 26, pulse 100, night sweats, came to Asheville four years ago. He has been under physician's care with serum treatment. Is now well, respiration 16 to 18, pulse 75, temperature normal. Has been working ten hours a day at his business in the town for years.

A leading physician came here from Cincinnati five years ago by recommendation of a lung specialist, as the only chance to prolong his life, not to cure the disease. He is not well now