

attacks mortals through fear and paralyzes the body, making certain portions of it motionless." The cure is as follows: "Destroy the fear; show mortal mind that muscles have no power to be lost, for mind is supreme, and you will cure the palsy." Again: "Fever is fears of various types; the quickened pulse, coated tongue, febrile heat, dry skin, pain in the head and limbs, are pictures depicted by mortal mind on the body." The cure in all cases is the same. In short, whatever the disease, all that is necessary to bring about a cure is to remove the patient's unfortunate misconception that he is ill, and this is done by convincing him that he is quite well. "Argue with the patient that he has no disease, then realize the presence of health. . . . Tell him he is a child of God—the highest expression of Good—and, therefore, that he cannot be ill." This is the truth (?), it seems, that has to be administered, a truth that it would be well to give—and take—in "high attenuations."

In administering this "truth" to a sick patient, the practitioner is said to be "realizing." He, or she—oftenest she—the "realizer," sits silently with her eyes shut for a quarter of an hour or twenty minutes at the bedside of her patient, and "realizes." If you ask her to make what she has been doing comprehensible to you, she will probably inform you that she has been giving her patient "mental treatment." This is how they speak of it to the profane; the shop phrase for it is, "realizing the presence of health." We are sometimes favored with the actual thoughts of a realizer. Here is what Miss Helen Wilmans has disclosed as to what constitutes a "mental treatment":

"I said to him (the patient) mentally: 'You have no disease; what you call your disease is a fixed mode of thought arising from the absence of positive belief in absolute good. Be stronger,' I said; 'you must believe in absolute good; I am looking at you, and I see you a beautiful, strong spirit, perfectly sound. What makes you think yourself diseased? You are not diseased; the shadow of a doubt is reflected on your feet, but it has no real existence. There, look down yourself and see that it is gone. Why, it was a mere negation, and the place where you located it now shows for itself as sound as the rest of your body. Don't you know that imperfection is impossible to that beautiful creature, your real self? Since there is no evil in all the universe, and since man is the highest expression of good amidst ubiquitous Good, how can you be diseased? You are not diseased. There is not an angel in all the spheres sounder or more divine than you.' Then I spoke out aloud: 'There, now,' I said, 'you won't have that pain again.' As I said it, there was a surge of conviction through me that seemed to act on the bloodvessels of my body, and made me tingle all over."

This is "giving it to him." It is claimed by the Christian Scientists that they can operate upon patients at a distance. "There is no space nor time to mind." "Remember that every thought you think will be transferred to the persons thought of, if you think long enough and strong enough." The rules for absent treatment are as follows:

"Seat yourself alone. Let the room be silent. Subjugate your senses to all else but your thought. Fix your thought upon the patient. Picture him in your mind. . .