

MRS. DAVIS NERVOUS WRECK

Tells Women How She Was Restored to Perfect Health by Lydia E. Pinkham's Vegetable Compound

Winnipeg, Man.—"I cannot speak too highly of what Lydia E. Pinkham's Vegetable Compound has done for me. I was a nervous wreck and I just had to force myself to do my work. Even the sound of my own children playing made me feel as if I must scream if I did not get away from me. I could not even speak right to my husband. The doctor said he could do nothing for me. My husband's mother advised me to take the Vegetable Compound and I started it at once. I was able to do my work once more and it was a pleasure, not a burden. Now I have a fine bouncing baby and am able to nurse her and enjoy doing my work. I cannot help recommending such a medicine, and any one seeing me before I took it, and seeing me now, can see what it does for me. I am only too pleased for you to use my testimonial."—Mrs. EMILY DAVIS, 721 McGee Street, Winnipeg, Man.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Coburg, Ont. This book contains valuable information.

When a mother detects from the writhing and fretting of a child that worms are troubling it, she can procure a reliable remedy in Miller's Worm Powders which will expel all worms from the system. They may cause vomiting, but this need cause no anxiety, because it is but a manifestation of their thorough work. No worms can long exist where these Powders are used.

MEDICAL

JAMES NEWELL, PH.D., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st. east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DENTAL

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st., Watford. At Queen's Hotel, Arkona, 1st and 3rd Thursday, of each month.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON

J. MCGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

AUCTIONEER

J. F. ELLIOT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

INSURANCE

THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY
(Established in 1875)
JOHN W. KINGSTON, President
JAMES SMITH, Vice President
ALBERT G. MINIALLY, Director
THOMAS LITHGOW, Director
GILFORD BUTLER, Director
JOHN PETER MCVICAR, Director
JOHN COWAN K.C., Solicitor
J. F. ELLIOT
ROBERT J. WHITE, Fire Inspectors
ALEX. JAMIESON
P. J. MEWEN, Auditors
W. G. WILLOUGHBY, Manager
Watford
PETER MCPHEDRAN, Wanstead
Agent for Warwick and Plympton

LOOK AT YOUR LABEL

BOARD OF EDUCATION

Minutes of a special meeting of the Board of Education held in the Library Board room on Thursday, Dec. 28th, 1922, at 7.30 p.m.

Present—Dr. Howden, John McKercher, W. E. Fitzgerald, L. R. Kinnell, Dr. McGillicuddy, C. W. Vail, J. W. McLaren and Wm. Harper.

McKercher—Howden and carried, that Dr. McGillicuddy act as chairman.

Fitzgerald—Vail, and carried, that the following accounts be accepted and paid.

High School—Geo. O. Stephenson book case complete \$40.00; Farmers' Co-operative Association, coal \$117.05; Secretary, postage account \$1.28; G. M. Hendry & Co., supplies \$163.53.

Public school—Farmers' Co-operative Association, coal \$37.80.

McLaren—Kinnell, and carried, that the Secretary be instructed to correspond with the Minister of Education with reference to the permit granted E. J. Spinks which has expired and ask for its renewal until July 1923.

Howden—McGillicuddy, and carried, that we adjourn.

D. Watt, Secretary.

Internally and Externally it is Good.—The crowning property of Thomas' Electric Oil is that it can be used internally for many complaints as well as externally. For sore throat, croup, whooping cough, pains in the chest, colic and many kindred ailments it has qualities that are unsurpassed. A bottle of it costs little and there is no loss in always having it at hand.

ELLIOTT Business College
Yonge and Charles sts., Toronto.

CHOOSE A HIGH SALARIED FUTURE

The way to avoid the road to disappointment and failure is to get a sound training in our school. If interested write today for our catalog. Enter any time.

W. J. ELLIOTT, Principal

ARKONA ROLLER MILLS

Mfgs. the following High Grade Flour Quality and Prices Right.

ARKONA SPECIAL, Pure Western PRIDE OF THE WEST, Blended THE PEERLESS, Pastry BRAN, SHORTS AND GRAHAM FLOUR

Sold at

TRENOUTH'S, Watford

JANES, Warwick Village

STORES, Arkona

Phone

E. H. STONER, Prop. Arkona

Central Business College STRATFORD, ONTARIO

WINTER TERM FROM JAN. 2 The leading practical training school of Western Ontario. The school where you get a thorough course under competent instructors in Commercial, Shorthand and Telegraphy Departments. We assist graduates to positions. Write for free catalogue.

D. A. McLACHLAN, Principal.

A. D. Hone

PAINTER AND DECORATOR PAPER HANGING

WATFORD ONTARIO

GOOD WORK PROMPT ATTENTION

REASONABLE PRICES ESTIMATES FURNISHED

SATISFACTION GUARANTEED

RESIDENCE—ST. CLAIR ST.

GRAND TRUNK RAILWAY SYSTEM TIME TABLE

Trains leave Watford station as follows:

GOING WEST

Accommodation, 11.11.8.42 a.m.

Chicago Express, 12.12.40 p.m.

Detroit Express, 8.51 p.m.

(a) Chicago Express, 9.11 p.m.

GOING EAST

Ontario Limited, 8.0.7.48 a.m.

Chicago Express, 6.11.22 a.m.

Express, 2.50 p.m.

Accommodation, 11.2.53 p.m.

(a) Stops to let off passengers from Hamilton and east thereof, and to take on passengers for Chicago.

C. W. VAIL, Agent, Watford.

COMMUNICATION

(We do not hold ourselves responsible for the opinions expressed by correspondents.)

To Editor of the Guide-Advocate:

In your report of the Watford municipal nominations in last week's issue of your paper you do not in any way mention what I stated respecting the general matters pertaining to the town outside of some school matters. I spoke of certain things I had been more or less instrumental in getting and having for the town during the twenty-one years I had been elected by the ratepayers of Watford as Reeve, on the Public School Board and Board of Education. I also made several suggestions outside of school matters and none of these were referred to either. You state however, that I discussed and criticized high school salaries and management. The only high school salary and management I discussed was affecting the principal. Then you state further that Principal M. Cameron took exception to my remarks and said some of my statements were absolute falsehoods and also mentioned that the meeting became so noisy with cheers and hooting that the chairman had difficulty in restoring order. After Mr. Cameron stated some of my statements were absolute falsehoods I got up to ask him what statements he referred to and wished to reply but some of Mr. Cameron's friends hooted and yelled so that I could not make myself heard. Now I wish to say I made no statement that was false and can show this to be the case. I also wish Mr. Cameron to state some of the statements in question that he says were absolute falsehoods and then I will fetch proof to show that everything I stated was correct. It is up to Mr. Cameron now to mention what statements he refers to and to apologize for anything he has said which is not true. If he does not he cannot blame me if I do what is necessary to vindicate myself and this I intend doing and do not intend to let such a serious matter drop.

Yours sincerely,
W. E. FITZGERALD.

Dated January 2nd, 1923.

PLYMPTON

Miss Ella Grieve has returned from London where she spent the past few weeks with relatives.

Harry Forbes, V.S., spent New Year's with friends on the London road.

Miss Marion Sullivan spent New Year's with her cousin, Mrs. Douglas Grieve.

Mr. Robert Long, Watford, visited relatives on the London road during the past week.

A number of the young men are attending the classes in Agriculture given by W. P. Macdonald at Wanstead.

Why suffer from corns when they can be painlessly rooted out by using Holloway's Corn Remover.

Pay Your Subscription in Advance

HOCKEY

Alerts vs. Kerwood Juniors

Williamson's Alerts got off to a good start on New Year's day when they drove to Kerwood and defeated the Juniors of that place in a friendly game by the score of 2-1.

The Kerwood boys have a good open air rink and well lighted by Delco. The Alerts were somewhat handicapped in not having the chance to play the "boards" and consequently Kerwood scored the first goal, but in the other periods the Alerts succeeded in scoring twice.

Cook of the Alerts drew the only penalty handed out by Referee "Pat" Waltham, who kept the boys well in line during the game. The return game will be played this Saturday evening, 7 to 8 o'clock in the Arena. The lineup was as follows: Kerwood Juniors—goal, Dowling; defence, Galbraith and Woods; wings, Chittich and Wright, centre, Carroll. Alerts—goal, Macnally; defence, McIntosh and Vail; wings, Rogers and Cook; centre, Prentiss; sub., Kersey.



Watford H. S. 7; Alvinston H. S. 0

On Saturday the Watford High School hockey team journeyed to Alvinston and engaged the High School team of that town in an exhibition game. Despite the fairly heavy ice, the speed and combination of the Watford team gained them the victory 7-0. The work of Steadman, Vail, Kinnell and Harper was sensational. The Alvinston team was weakened by the illness of one of their best players, but the work of the Whitton brothers proved the redeeming feature of their team.

On Thursday the W.O.S.S.A. will open with Petrolea playing at Watford. As the Petrolea and Forest teams have been strengthened this season, the games promise to be close and exciting and a good brand of hockey will be seen. The following is the W.O.S.S.A. schedule for this group.

Jan. 4—Petrolea at Watford.
Jan. 9—Petrolea at Forest.
Jan. 12—Watford at Forest.
Jan. 19—Watford at Petrolea.
Jan. 23—Forest at Watford.

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

If It's Printed--
We Can Print It!

Visiting Cards
Announcements
Invitations
Bill Heads
Statements
Envelopes
Letterheads
Ruled Ledger Sheets
Loose Leaf Binders
Sales Books
Blank Paper

Stationery
Office Supplies
Trade Linotype Compositor
Stock Certificates
Debiture Forms
Special Ruled Forms
Printing in Colors
Advertising Blotters
Counter Check Books
Salesman's Order Books
Receipt Books

Guide-Advocate Job Dept.

Phone 11w

WATFORD

Pay Your Subscription in Advance