

CRITICAL TIME OF WOMAN'S LIFE

From 40 to 50 Years of Age. How It May Be Passed in Safety.

So, Wellington, B. C.—"For a year during the Change of Life I was all run down. I was really too weak to walk and was very despondent and thought I was going to die, but after taking Lydia E. Pinkham's Vegetable Compound and Blood Purifier my health and strength returned. I am very thankful to you and praise your medicine. I have advised several women who suffered as I did to try your remedies. You may publish this if you wish."—Mrs. DAVID R. MORRIS, South Wellington, Vancouver Island, B. C.

No other medicine for woman's ills has received such wide-spread and unqualified endorsement. We know of no other medicine which has such a record of success as has Lydia E. Pinkham's Vegetable Compound. For more than 30 years it has been the standard remedy for woman's ills such as inflammation, ulceration, tumors, irregularities, periodic pains and nervous prostration, and we believe it is unequalled for women during the period of change of life.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Guide-Advocate

Watford, Ont.
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Local Advertisers—First insertion per line, 10 cents; subsequent insertions 4 cents each time per line. Advertisements 14 lines to the inch.

Business Cards—One inch and under, per year \$5.00.
Notices—50 cents—\$5.00 a year.
Locals—10c. per line each insertion. Minimum charge 25 cents.
Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO.
PROPRIETORS
WATFORD, JUNE 13, 1913.

NOTE AND COMMENT.

People can hardly be too careful when making conclusions in regard to the actions of others. The signs by which opinions are often formed are so often misleading, and not at all indicative of the real character of the person judged, that the wise man will often keep his tongue between his teeth rather than utter a hasty judgment. A rumor once set going, of a derogatory nature, is hard to kill. There's a good deal of truth in the old biblical warning to "judge not that ye be not judged."

Thomas A. Edison may be supposed to know what he is talking about when he says:—"Acrolein is one of the most terrible drugs in its effect on the human body. The burning of ordinary cigarette paper produces acrolein. That is what makes the smoke so irritating. I really believe that it makes boys insane. We sometimes develop acrolein in this laboratory in our experiments with glycerine. One whiff of it from the oven drove one of my assistants out of the building the other day. I can hardly exag-

Every Woman

is interested and should know about the wonderful MARVEL Whirling Spray. The new vaginal system. Best - does not cure, it cleanses naturally. Ask your druggist for it.

If you cannot supply the MARVEL, write to us, we will send you the complete set of instructions and directions, available to ladies.

WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

gerate the dangerous nature of acrolein, and yet that is what a man or a boy is dealing with every time he smokes an ordinary cigarette.

A New York man who said poker ruined him, admitted that he didn't know the difference between a straight and a flush. But poker also ruins men who can quote Hoyle to you by the yard. What excuse shall we give for them?

The attempts which are being made to restore the morals of the nation will fall unless the co-operation of the women can be listed. It is, in fact, a woman's problem, and without their earnest aid there will be no solution. And the place to begin is in the home. If the individual woman will but keep her own boys and girls pure, there will be no problem to solve. Public exhibition of indecency on the part of young people is not a reflection upon themselves so much as upon their parents.

If a man had a fifty-dollar pup he would look after it carefully and not let it have the run of the town day and night. But it is different if he has a child. They are turned loose at a tender age to go as they please. People wonder where the great army of tramps, dead beats, gamblers, and disreputable women come from. They are germinated from the seed gathered in countless homes and sown broadcast upon the streets of our towns and cities. There are thousands of children heading in that direction, who as far as care is concerned, have not an equal showing with a valuable pup.—Exchange.

The Department of Finance has received \$361 as conscience money from an anonymous correspondent. The envelope was postmarked Halifax, N.S. But sometimes we suspect that the man who settles with his conscience in this way gets off for about half the amount he would have to pay if he owned up and asked for his account in the regular way.

Prince Henry, one of the younger sons of King George, has just enjoyed a neat joke at the expense of his sister, Princess Mary. The latter wrote to him while he was at Newquay, for a holiday, asking him and his brother, Prince George, to send her any flowers they could obtain in sunny Cornwall, adding, "You know how fond of flowers of every description I am." Prince Henry rose to the occasion in capital style, and a day or two later there arrived at Buckingham Palace a small basket, addressed by Prince Henry personally, and this was gleefully opened by the young Princess. When this was done it was found to contain—half a dozen cauliflowers!

Buying in the Home Town

An editorial appeared in a recent issue of a Sutherland, Sask., paper containing some good homely advice on the question of the general public buying at home and cutting out the mail order house. It is worth reproduction here:—

"If everybody were loyal to the home town there would be no hard times. Let us look at the circulation of money. A storekeeper gets \$15 for goods; he sends \$10 to the wholesale dealer to pay for the goods. He takes the five and pays his meat bill, the butcher takes it and pays his coal bill, the coal dealer pays it for board. The keeper of the boarding house takes it and buys \$2.50 of meat and \$2.50 of merchandise. This is giving a short circulation of money. We might go on to figure it out till most every dealer in town would have a portion of this money; but the point is that just as soon as one sends a part of the money in circulation out of town then everyone suffers by that action, and he then wonders what makes collections poor."

Retailers should all do their part to keep the money at home by buying everything possible from their fellow merchants. They can, too, enlist the services of the local press in showing the public by such an illustration as appears above what they lose in dealing with out-of-town stores. Usually, when a person is made to see the injury done the community by purchasing from mail order houses, he is easily won over as a good booster for his home town.

If you trade in Watford you go home satisfied.

Emigration in Britain

The English correspondent of the Montreal Witness writes as follows:—
Up to the present Great Britain has been encouraging in every possible way the emigration of its sons to Canada.

I understand that a sharp change in policy in this respect is about to be introduced by the Government, and that every possible means will be taken to discharge emigration, especially of that class which is most desired by Canada—the agricultural class.

Of course Canada is not singled out for discrimination, but Canada will be more affected than any other of the Dominions if a marked restriction in emigration from Great Britain takes place.

The fact of the matter is that whole districts in our countryside are being depopulated. In many places practically every young man has left, and only old men and women are left. The country has suddenly woke up to the fact that it is losing the cream of its young people; that every gain to the colonies is a loss to ourselves.

The Government is now giving its serious attention to this problem, and I understand that Mr. Lloyd George will make the restriction of emigration one of the planks in his platform when he introduces the great land reform scheme which he is now preparing.

THE OIL OF THE PEOPLE.—Many oils have come and gone, but Dr. Thomas' Electric Oil continues to maintain its position and increase its sphere of usefulness each year. Its sterling qualities have brought it to the front in the market, and it can truly be called the oil of the people. Thousands have benefited by it and would use no other preparation.

A number of Ontario creameries and factories that have been producing butter are going back to cheesemaking shortly.

William Brush was convicted of an infraction of the local option law at Forest and was fined \$20 and costs. He refused to pay and Wednesday was taken to Sarnia jail to serve a 30-day term.

Twenty minutes after being stung over the left eye by a bee, on his return from church Sunday morning, John Paff, a well-known farmer of North Bathrope, near Stratford, was dead.

H. C. Manigold, of Stratroy, is seeking \$1000 damages for alleged wrongful dismissal from the employ of the Dominion Carters, Ltd., of Stratroy, where he was superintendent. He claims an agreement with defendants calling for a year's contract, but claims he was dismissed in two months.

Harold Madill, the five-year old son of Mr. and Mrs. J. Madill, Stratroy, was severely scalded on Saturday, when he fell into a tub of hot water in the bake-shop in the rear of his father's store. The little fellow was burned about the arms, legs and face. He is rapidly recovering.

Miss Lucy Saunders, of Stratroy, was the winner of the first prize of one year's tuition, presented by the Alumni Association of the Western University, London, for obtaining highest standing in the third year in arts. Miss George Davidson, of Arkona, was a close second.

There is nothing repulsive in Miller's Wren Powders, and they are as pleasant to take as sugar, so that few children will refuse them. In some cases they cause vomiting through their action in an unclean stomach, but this is only a manifestation of their cleansing power, no indication that they are hurtful. They can be thoroughly depended upon to clear all worms from the system.

W. G. Fraser, of Petrolia, a veteran of the American Civil war, has received a letter from the Pension Department of the United States Government notifying him that his pension has been increased from \$12 to \$20 a month. Mr. Fraser has been drawing his pension for about thirty years and in all has received nearly \$3,500. He served 15 months in the war.

In response to a largely signed petition the township council of Bosanquet, county of Lambton, have appointed A. J. Clark, inspector of orchards, to see that proper spraying is done throughout the fruit district to prevent the spread of orchard pests of all kinds. There is an ever increasing activity in the fruit industry in that district, and it is estimated that over 60,000 trees have been planted this spring.

David Rapley, of Napperton, one of the oldest of the few remaining pioneers of that part of the county accidentally dislocated his hip at the old homestead on the 4th line, Adelaide, last week, when he fell in a faint from his chair, while lacing his shoe. Mr. Rapley is 96 years of age and this is the first time in his life he has required the services of a physician.

The Board of License Commissioners met at the Town Hall, Parkhill, when the following action was taken respecting the licenses to the hotels in Parkhill: A license was granted Mrs. McColl, of the Franklin House. The license to Neil E. McKinnon, of the Arlington, was extended to August 1st, and then renewed if a satisfactory person be in charge. The license of John Schaefer of Hotel Schaefer, was extended to August 1st, after which no further license be granted.

Warm Weather is Coming

- Richmond Refrigerators \$9.00, \$12.00, \$16.00
- New Perfection Oil Stoves \$8.00 to \$15.50
- Ice Cream Freezers . . . \$2.25 to \$3.50
- Screen Doors (any size) . . . \$1.00 to \$1.75
- Screen Windows . . . 15c. to 35c.
- Lawn Mowers . . . \$3.75 to \$6.00

This is the Famous Brockville Mower and will please you, as it cuts evenly and runs easily.

The N. B. Howden Est.

SPRING

MASON & FISCH
PIANOS, GRAM-APONES, STRING INSTRUMENTS, MUSIC BOOKS, SHEET MUSIC, EDISON RECORDS

Housecleaning generally makes it evident that a new piece of Furniture would be an improvement to some room. Let us show you the new patterns. Our stock comprises everything for
Parlor, Dining Room, Bedroom, Library or Kitchen.

Comfort, Elegance, Durability and Value are features that our goods are noted for.

No Big Profits to Pay Here

Our prices are as low as consistent with reliable goods.

NEW & SECOND HAND SEWING MACHINES
REPAIRS FOR STRING INSTRUMENTS
THE NEW CURTAIN STRETCHER

HARPER BROS.

PHONE 31
FINE FURNITURE FUNERAL DIRECTORS

A. D. HONE

PAINTER and DECORATOR

Specialist in Hand Painted Decorations.

The Best Work at Reasonable Prices. Estimates Furnished
A COMPLETE LINE OF
Samples of WALL PAPER on Hand.
When you have work in his line let him figure on it.

Women's Institute Meetings

- The annual summer meetings of the East Lambton Women's Institute have been arranged as follows:—
Shetland, Methodist Church . . . June 23
Aughrim . . . 24
Inwood, Forester's Hall . . . 25
Brooke, Rosedale . . . 26
Alvinston, Code's Hall . . . 27
Watford, Town Hall . . . 29
Warwick, Forester's Hall . . . 30
Cattoxeter, Orange Hall . . . July 3
Carnachie . . . 4
Forest, Carnegie Library . . . 5

Shetland meeting will be held in the evening and all the others in the afternoon, except Aughrim and Inwood, which may be held either afternoon or evening.

The Government delegate who is announced to speak at each meeting is Miss M. Govenlock, of Seaford, of whom the bulletin sent out by the Department states:—"Miss Govenlock is a Domestic Science graduate who has had considerable experience in teaching Domestic Science in both Colleges and Schools. With her experience as an Institute lecturer for several years and her close study of economic and household matters the Institutes can depend upon interesting and instructive addresses and a profitable discussion of women's work in general."

Her subjects of which one or two will be taken up at each meeting are:—
"Home Products as Food."
"Labor Saving Devices in the Home."
"Comfort in the Sick Room."

Dr. Morse's Indian Root Pills

are made according to a formula in use nearly a century ago among the Indians, and learned from them by Dr. Morse. Though repeated attempts have been made, by physicians and chemists, it has been found impossible to improve the formula or the pills. Dr. Morse's Indian Root Pills are a household remedy throughout the world for Constipation and all Kidney and Liver troubles. They act promptly and effectively, and
Cleanse the System

"Harmony in Home Furnishings."

"Efficiency and Stability."
"Prevention and Treatment of Tuberculosis."
To ASTHMA SUFFERERS. Dr. J. D. Kellogg's Asthma Remedy comes like a helping hand to a sinking swimmer. It gives new life and hope by curing his trouble—something he has come to believe impossible. Its benefit is too evident to be questioned—it is its own best argument—its own best advertisement. If you suffer from asthma get this time-tried remedy and find help like thousands of others.

The Value of Immigrants

The latest government report puts an estimate of \$1,000 on the capital brought by every immigrant from the United States into Canada. The average sized family, as shown in the immigration statistics, numbers five, showing that the average family coming from south of the boundary line, brings to Canada approximately five thousand dollars. The total number of immigrants entering Canada from the United States last year was 140,000. Estimating on the basis of one thousand dollars per head, the wealth of Canada was augmented by \$140,000,000 by settlers from the south in a single year.

These facts surely give strong justification for the very progressive campaign for immigrants that is being carried through the agencies of the Dominion Government and also through the independent efforts of several large transportation and colonization companies. The rank and file of immigration from Great Britain and Europe may not bring as much money with it as do our friends from the south, but they enter with the same enthusiasm into the new life in a new country and in the end are just as valuable to the dominion at large.

Furnace Grates



This is one of many advantages of the Sunshine Furnace. Our agent a visit write for the Sunshine booklet. It shows you why it is to install this furnace.

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Sunshine

London Toronto Montreal Hamilton C. SOLD



Our Lawn Mowers are A full line of Carper

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