WOMAN'SPAGE piness.

Continued from Fourteenth Page.

mato a tiny sprig of watercress, and Salad a la Militaire-Take the re- will find it. and added to this salad, peas, beans heip to them. and asparagus being particularly ac- The first prescription, which may

Place the minced meat next, and humor, be in good health. over all a little salad cream, garnish with sliced tomato, and serve.

Figs Salad.—Boil some eggs hard,

Think of the days when you have labor if he can get a black to do it Egg Salad.-Boll some eggs hard, and let them get cold. Take off the felt young and strong, when every for him. Indian coolies have been new summer outfit—from Madame Beau shells, and cut them in slices. Ar- part of your organism worked to per- brought into the country to do some Mondi's! Do wait, dear, till I have slipped range them on a bed of shredded let-tuce, and season with pepper, salt,

**************** THE BLESSINGS

BY CAMILLE MELINAUD.

**************** We all know from our own experi-

of others, what bad humor is. Certain mornings we rise happy, contented with life, confident in ourselves, in the future, with smiling lips and sparkling eyes, full of ideas the observation that our good humor and energy-that is good humor.

from an unpleasant dream, feeling thing and everybody, contradictory, nervous-that is bad humor.

river in its usual course, the humor humor is the little ripples, the rapids, the constantly change the appearance of

I am not even afraid to say that

days when you happen to be in a faction.

I shall take a very simple example tasteful but degrading. The mines at be in your favor? On these days you Have you ever noticed that you feel usually succeeded in everything, everything in good humor when you had just lively succeeded in attracting plenty looks smiling, and everypody is p.ea- put all your books, your bric-a-brac, of native labor, but the Kaffir has not sant. You have luck in everything, your furniture in their right places? yet overcome his dislike for hard and your wishes are fulfilled, and the most complicated affairs run smooth, as if dust and papers piled up on your are small the labor is dear because the by magic. Every one you meet has desk, when you see week pass after service is not good. only pleasant things to tell you. Let- another, while you are unable to put There seems to be no only pleasant things to tell you. He things into shape, have you not felt why white labor should not thrive in containing just what you want.

Another biessing comes from good humor; all sorts of inspirations come day to you in that condition, there is no I am sure we all know these feelas good humor.

everything you undertake. Your not, your good humor will be gone. energy and will power is half paralyzess precision, speed and accuracy. Your understanding is slow, you misunderstand people who speak to you, get irritated and lose your temper. If you have to say something yourself, have to make a speech you are sure duty under all circumstances." make a fool of yourself. This is bad humor, the most unpleasant and unbearable condition of the mind.

Good humor will make you better morally, will make you feel charitable and friendly to everybody, while bad humor will have just the opposite ef-

Spitefulness is a special form of bad you really want to do. You wish to turn right, but no-you must necessarily say:-"I will turn left." You are dying to take a walk or to be large number of three-room cottages, good and tender, but with all your and, according to the London Times, energy, you struggle against yourself and your good feelings, you

acute and unpleasant form. When you are in good humor, on the

And as it is in the family, it is to a smaller extent outside, the effect is the same, even if not so clearly felt. It is, therefore, our simple duty to ourselves and others always to be in good humor, or at least to try to be, and the oftener you try the easier you

mains of any cold meat, and mince | To those who imagine that it is imfinely, seasoning with pepper, salt possible to be in good spirits all the and a little spice. Any remains of time, I shall give a little advice, a few cold vegetabless may be cut up finely prescriptions, that may be of some ordinary work of the town, farm and

ceptable. Arrange in a bowl some not be easy to follow under all cirone of the great grievances of the fresh, crisp lettuce, and on this whatever cold vegetables are available. very important, is this:—To be in good that led to the treks into the wilder- little bride of six months, danced gleefully cover with mustard and cress. Pour It is really too bad that this pre-

Lucca oil and vinegar. Scatter over excellent humor. You may have been the top a little finely-chopped parsley, sad, or you may have had sorrow, but

Think of the effect that a good, hearty meal, eaten with good appetite, has on almost all of us. I am sure that you yourself know people with whom you find it a good plan to do business just after they have enjoyed a good meal, while you will also know OF GOOD HUMOR. others whose humor is a perfect barometer of their digestion or indiges-Lack of sleep and rest will make us cranky and feel out of humor, because the body and the health crave their dues.

I think, therefore, that I am justified ence what good humor means, and we in saying that the first condition, the foundation of good humor, also know, at least from observation good health, and we owe it to ourselves and our surroundings to do everything to preserve or build up ourselves and take every precaution not to ruin our health.

My second prescription is based on

distressed, unsatisfied with every-know love and respect us, we feel pleased and good natured. If any

It would be too hard to exaggerate therefore this:—Try to be kind, lenitatin number of stout young men to about women's clothes! It would be too hard to exaggerate ent, and friendly to everyone, and you help carry on the enterprises. Activing the importance of good humor; it is will find that you will less often your cording to Mr. Selous, who was living one of the greatest blessings of lite. self be troubled with bad humor." in the country at the time, though Another very important factor is or- good wages were paid, force had to be good humor brings success, happiness der and regularity in our life and our used to bring in these young men. ideas. Order in everything brings The genuine Matabele, who has lived

On the other side, when you see continuous toil, and though the wages

to you in that condition, there is no stimulant that is so powerful to clear ings, and my third prescription to you to over 5,000 feet above sea level, has up the mind and produce new ideas is this:—Keep your things in order; a cooler climate than many other your business in shape; be regular in parts of the world similarly You will certainly also have noticed that when you are in a bad humor, will to-morrow if you may do it to- a tropical city, but Johannesburg is or, as we call it, out of humor, you day. To-morrow you may have no nearly the same latitude, enjoys will blunder and make mistakes in chance, and if you find that you have temperate climate. Many My last advice, which I consider ed, your mind dull, and you act with the most valuable and almost infallible, is as old as the world itself, but tude nearer the equator than the south it will never lose its value, and no better will ever be found. It fits all per- that the elevation of this great plasons, all circumstances, and if you teau, "coupled with fresh easterly will follow it it will lead to the goal. It will give you happiness and good months in the year, gives the country you stammer and blunder, you are will give you happiness and good able to find the proper words and the humor, and it sounds thus:-"To be

Labor in South Africa.

The fact that native labor is now fect. It will make you stubborn and ing the mining enterprises around spiteful and make you do things even Johannesburg. The scheme which the if you feel that you ought not to do mine owners have on foot for surmounting the difficulty is interesting humor that most of us, and certainly for if it succeeds it will to far to all women, know; it is a peculiar de- solve the problem of unskilled labor sire to say just the opposite of what in South Africa, which has long been

The mining companies are building will not they hope to attract many thousands give in. Spitefulness is a sickly form of unskilled workmen from England of mind; it is bad humor in its most They believe that workmen should be induced to emigrate by the prospect of

NO HUMBUG STRUMENTS IN 1

'01, 18 yrs. FARMER BRIGHTON, Fairfield, Iowa, U. S.

left to the natives. Savery was not abolished till 1834, and in the 200 years of its existence in South Africa all white men lost the habit of doing the ranch, and came to despise manual labor. The abolition of slavery was ness and the founding of the indepen- into the small, luxuriously-appointed morndent Boer republics. Up to this day ing-room of her cozy suburban home nest, labor if he can get a black to do it of the common work, but there are on the Directory gown; I want your only about 13,000 of them, and their opinion of the fit, and-" numbers are too few to help solve the "But what is it all about, puss? What question, which is becoming more seri- upon earth is tied up in that great flat box ous with the increase of work to be

The great trouble is that the blacks to have a few cattle and turn them loose to graze on the free veldt. Only a great strike can give us in America a realizing sense of how serious this lighor problem has become. Fancy a white population of about \$800,000 depending entirely upon the blacks, who have never given service that we should call really efficient, early exhibiting a constantly growing tendency to refuse to perpetuate growing tendency to refuse to weather the works and the whole of the rough work; and the blacks, who have never given service exhibiting a constantly growing tendency to refuse to weather the knot."

bandbox. Modes in bandboxes change, I presume, along with the hats they are oullt to perpetuate."

'You absurd boy! Come here and cut this dreadful string. I have hurt my finger trying to until the knot."

'You absurd boy! Come here and cut this dreadful string. I have hurt my finger trying to until the packages, carefully done that we should call really efficient, exhibiting a constantly growing tendency to refuse to work for the without the present day.

'You absurd boy! Come here and cut this dreadful string. I have hurt my finger trying to until the packages, carefully done of his pretty, vivacious little tyrant, and soon the heavy cover was lifted off the blacks, who have never given service that we should call really efficient, and the blacks, who have never given service exhibiting a constantly growing tendency to refuse to work for the withing the present day.

'Why, look at Mamie Barton, for intown the difference of the chart, land have a husband to correspond with your new finery—that is all."

'Why, look at Mamie Barton, for intown the difference of the chart, land have a husband to correspond with your apartments in an expensive flat, and have livery service twice each week, and give a husband to correspond with present day.

'Why, look at Mamie Barton, for intown the universelve the courted to ward off the present day.

'Why, look at Mamie Barton, for intown the universelve the courted to ward off the properties.' " the whole of the rough work; and the blacks, who have never given service that we should call really efficient, a exhibiting a constantly growing tendency to refuse to work for the whites of affairs becomes more and more paralyzing as the conditions are intensified.

In parts of the country where the white population is very small indeed white more described.

The whole of the rough work; and the huge box, a mass of pink-and-pearl-tinted tissue paper put aside, disclosing innumerable its sue paper put aside, disclosing innumerable in perfumed silver paper.

"Whew! We are stylish, that's a fact," petuously into the contents of a box; "well, puss, I must be off!"

"Frank, do please stop long enough to huge box, a mass of pink-and-pearl-tinted tissue paper put aside, disclosing innumerable in perfumed silver paper.

"Whew! We are stylish, that's a fact," petuously into the contents of a box; "well, puss, I must be off!"

"Frank, do please stop long enough to huge box, a mass of pink-and-pearl-tinted tissue paper put aside, disclosing innumerable up in perfumed silver paper.

"Whew! We are stylish, that's a fact," petuously into the contents of a box; "well, puss, I must be off!"

"Frank, do please stop long enough to help me get settled in the gown, all neat and snug. I mean to run across lawns and exhibit my new dress to that spiteful with the contents of a box."

humor.

All through our life we hear of sympathies and antipathies that we awaken in others, and our humor is continually influenced by the reports of these feelings and my advice is therefore this:—Try to be kind, lenitary and the extensor and things."

About ten years ago, as the number of the whites was very small, the indunas, or chiefs, of the Matabele were each required to furnish a certain pumber of stout very well, only I am alraid I couldn't game and things."

Then there is an extension, after all?" liquid extensor—something to hold the skirt in proper position. But men folks never do have the slightest comprehension. It is all couldn't manage the extensors and things."

If all through our life we hear of sympathies and antipathies that we awaken in others, and our humor is continually influenced by the reports of the whites was very small, were each required to furnish a certain proper position. But men folks never do have the slightest comprehension. It is all couldn't manage the extensors and things."

If all through our life we hear of sympathies and antipathies that we awaken in others, and our humor is continually influenced by the reports of the whites was very small, were each required to furnish a certain proper position. But men folks never do have the slightest comprehension. Have you ever perceived that on the good humor; disorder brings dissatis- all his life only for war and plunder,

that this state of affairs was getting most parts of South Africa. While the more and more unbearable every coastal plain is hot, the vast inner plateau which comprises the larger a tropical city, but Johannesburg, in farmers with their wives and children are thriving in Southern Rhodesia though they are seven degrees of latiend of Florida. Prof. Brice wrote breezes and dry weather during eight a salubrious and even bracing cliproper tone, and if you unfortunately in good humor, you must do your mate. Englishmen might, in many districts, work with their hands in the open air were they so disposed; it is pride and custom, rather than the

climate, that forbid them to do so." ceeds, will have a wonderfully stimu- Fred. Pike, of Lorne avenue. lating influence upon the future of South Africa. Turn a tide of white workingmen into that country and the labor problem will be solved; after white labor is firmly established there is no reason why it should not renew itself from generation to generation by natural reproduction; for it is not necessary there, as in some other parts of Africa, to send children to northern climates during their years of physi-

The Korean Protectorate. N. Y. Evening Post.

The assumption of a Korean protectorate by the Anglo-Japanese alliance is a step of great importance. It gives check to all ulterior ambitions of Rus
the bed rock of unatterable resolve. Needle knew this and wisely retrained from pitting the will against his. So see struggled into the various garments of the fashionable out it with precipitate haste. Frank must be the first to see and admire her in the bed rock of unatterable resolve. Needle knew this and wisely retrained from pitting in the protection of a Korean pro The assumption of a Korean protecwhen you are in good humor, on the contrary, you will give up all selfab induced to emigrate by the prospect of these to any are fixed by the prospect of the contrary, you will grow better morally, from the time they arrive at the finance of the post of the ure to a nation which, without the formality of treaties, is firmly cornmitted to the desire, mitted to the doctrine of maintaining the integrity of the Chinese Empire.

Santley's Fifty Years of Song. From the London Daily Chronicle. Rarely, if ever, has it fallen to the lot of a singer to celebrate his jubilee as a public vocalist with all his music as he was fifty years ago. He won his way at first by sheer force of art wedded to a personality which has done much to elevate and enoble the profession which he still adorns. How great he was in opera the younger generation can guess from the brilliant renderings of the works of Handel which have marked his later Mr. Santley is still the greatest English baritone, and his fifty years of achievement entitle him to the gratitude of all his countrymen.

"And you really think that the ignorant may be successful in life?" said the man who enjoys abstruse discussion. "Certainly," answered Miss Cayenne;

HUSBAND

BY WINWOOD WAITT.

00000000000000 Neelie Aldyn, a gray-eyed, dark-haired

TO CORRESPOND.

her fair face aglow with joyous excitement. "Oh, Frank, my things have come-my

with the mansard roof and pepperbox exdone and the growing unwillingness tension on the north-east corner?"

"Well, of all things, Frank! They are of South Africa do not care to work my new things from the fashionable moafter they have earned money en- diste; and the 'pepperbox extension,' as you ough to buy a wife or two to till poetically describe the handbox, contains their garden patch and support them at home. The Kaffir prefers to be his own master, to acquire a little patch of land that he can call his own or to have a few cattle and turn them leave to grow on the free weld. Only presume along with the hats they are ouilt

"'Beyond the deeps are other deeps,'

THE RISING (ENERATION.



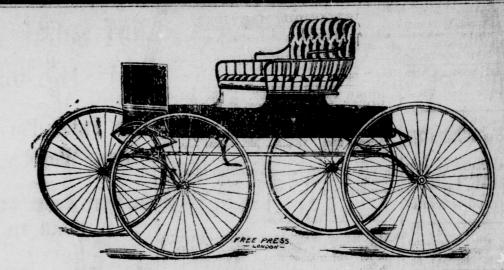
Charming little East London Miss, The proposed experiment, if it suc- aged three years, and daughter of Mr.

> quoted Frank with mock heroic air. "Make naste, little girl, the added, glancing at mis watch, "I am somewnat pressed for ilm this morning; in fact, have an importan appointment. ave minutes, my dear. Neelle looked rebellious for a moment, but concluded not to waste any fraction of supulated time in useies, pouting; for somehow, in spite of her pretty, autocrail airs and whimsies, plain practical Frank generally had his own sensible way. roofishly fond and overindulgent he was-out under the yielding wax of his exterior lay the bed rock of unaterable resoive. Neene

"Will I pass muster at the Twykendal five o'clock tea? Do you think my costume presentable and becoming, dear?"
"Most becoming, little wire—absolutely

"Very well, sir. Not one step do you go to keep that appointment, until you have told me what is the pity!" "Certainly," answered Miss Cayenae,
"the man who thoroughly believes in himself has a great advantage. And selfesteem is frequently based on the grossest
sort of ignorance."

She searched his disconniced countering
with big gray eyes, whose determined glitter boded ill for his little scheme of eyading her. Suddenly, intuitively, she put up



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minent risk of the fragile new bonnet, and drew her to his bosom in a vehement embrace, utterly oblivious of the glories of

despise myself."

"But, Neelle, listen to me—"

"No. no. don't try

"No. no, don't try to gloss over my fault, Frank. I tell you I have been a heedless wretch-a frivolous, empty-headed butter-fly—a monster of ingratitude toward the best, the most indulgent husband woman ever had! I have selfishly demanded and accepted everything at your hands, and given so little, so very little, in return." And Neelle broke into a storm of sobbing, hiding her wet face on her husbands

"There, dear, don't cry," coaxed poor Frank in an agony of perturbed distress, "you will ruin your pretty hat, and fine new gown. Come how, be a good girl and stop crying," he said soothingly.

Neelle bounced up stormily.

"Let me get out of these things quickly, Frank. Ugh! I hate them," she said vindictively, tugging at the buttons of the offending gown—"I hate them, and I shall never care to wear them again. I never

care to wear them again. I neve wear them," she cried passionately "-until-until you have gotten a hand-some outfit, Frank, you poor, dear, unselfish boy! How could I be so mean? No, don't kiss me, and don't try to stop me, Frank: into breaking my word, or changing my unalterable resolution. You cannot. And just think of my heartless extravagance! since our marriage. That old gray coat is after leaving these out of the account absolutely shabby." "No, Indeed, Neelie," said Frank, stem-

ming the torrent of her self-accusations, "it is well enough for a business suit. Be-"it is well enough for a business suit. Be sides, I am the worker in this little home

selves, in the future, with smiling allips and sparkling eyes, full of ideas and sparkling eyes, full of ideas and energy—that is good humor.

Then, other mornings, we wake up from an unpleasant dream, feeling and everybody, misanthropic, egotistic, restees and everybody, misanthropic, egotistic, restees and energy—that is and the wind and the part of the wind every station of the state of the state of a flat is a spart than the sum of the proposition of the wind every station of the state of t

brace, utterly oblivious of the glories of the glove-fitting Directory gown.

"My darling, don't look at me like that I deserve it, of course, and worse—but I can't endure it. I was a brute, but you are an angel of goodness and will forgive me. Say that you will, my precious!"

"But it was in your heart, Frank—the thought of my selfishness and conceit and vanity; why should you not say it and have done with it?"

"No, no, Neelie! How can you believe such things of the husband who adores you; who is proud of your beauty and accomplishments; who would sacrifice all things save henor, to manister to your "You shall be my helping hand, my guid-"

cumbrance."

"You shall be my helping hand, my guid-five miles. complishments; who would sacrifice all things save henor, to minister to your lightest needs and desires?"

"You shall be my helping hand, my guiding star and inspiration, little wife; and with heaven's blessing we will shoulder the burdens of life together, and share the rewards our mutual endeavors shall achieve.

"You shall be my helping hand, my guiding star and inspiration, little wife; and with heaven's blessing we will shoulder is about 150 feet across, and the other the burdens of life together, and share the rewards our mutual endeavors shall achieve.

Is it not so, my own?"

> ing the final word. How the Nations Rank in Their For-

eign Trade. From the Chicago Record-Herald According to the figures of the German Government, the total imports and

share of the leading commercial nations was:-Great Britain and her colonies,\$7,000,000,000; Germany, \$2,-618,000,000; United States, \$2,118,200,-

Such computations can never be absolutely exact, and they vary with different methods of valuation. Statis-Department are as follows:-Great Britain, \$3,906,523,868; Germany, \$2,-464,142,282; United States, \$2,318,505,troussean, and which I have not even worn the Cape would lift them in trade far yet! And you have not had a new suit above many independent nations. But it will be noticed that the foreign

that of Germany or the United States

by more than one-half.

a tense crimson line.

"Oh, Frank!" was all she said, but a volume of contending motion was expressed in the brief exclamation.

Frank caught her in his arms at the important caught her in his arms at the i "All the fault of his selfish, extravagant wife!" said Neelie, with asperity "But wife!" said Neelie, with asperity. "But there, I have no need to find fault with Mamie. Besides, I have made you lese to their claims, two prospectors were obliged to cut a trail through this tangle of fallen trees, and it was by means of this trail that Mr. Sage an his friends were enabled to ascend the mountains, until they finally discovered the two frozen lakes referred to The lakes are near the summit on the north side of the mountain, and in order to reach them the party travel-

meanly taken advantage of your generosity, your blind, overweening love for me! You have drudged and slaved, and robbed Is it not so, my own?"

"We will, indeed, dearest!" said Neelie pools, however, covered with a thick coating of ice, clear as crystal and and the coating of ice, clear as smooth as glass, which is so thick and strong that the exploring party did not hesitate to ride across on horse-

Mr. Sage says so far as he is able to judge the ice on the lakes never melts, because they are so situated behind never strike them with sufficient power to make any impression on the snow and ice is within a day's ride of Bakar City by the present means of transportation, part way on a buckboard and the rest on horseback. It would scarcely be more than a ride of an hour and a half on an electric railroad. Mr. Sage is of the opinion that from the lay of the country larger and more picturesque lakes with perpetual ice will be discovered.

England's Cockney Twang.

Among the evils of the world which The total of the United Kingdom most infallibly do away with is that are their statistics for all the colonies, the Cockney twang. But it is a re-This is my fourth complete outfit in the half year of our wedded life—not including the ocean of things papa gave me with my the Cape would lift them in trade for Cockney habit of pronouncing a's as the Cape would lift them in trade far Cockney habit of pronouncing a's as i's is much more common among the young than it is among the middleaged, while among the veterans of trade of the United Kingdom exceeds London it is hardly known at all. One can talk to the average London workingman of 60 or 70 without hive; to me belongs the hodden gray. You are the dear little queen bee; the sweet- class by itself, with one trade of these distressing habit; indeed, the old ness of ease, and rich attire are yours, by right." class by itself, with one trade of these distressing habit; indeed, the old by right." two. There is then a considerable in- in the grand style, with the fine digterval, which brings us to a third class, nity of rolling syllables and a singucomprising France, \$1,713,784,609, and larly clear enuciation. Among the the Netherlands, \$1,472,562,786. The middle-aged the twang is noticeable, figures for the Netherlands are not for but among the young it is obvious in

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perfect, so far as my judgment goes. What He paused abruptly, glancing furtively down at his own well-worn business suit, rather shabby at knees and elbows, with a half sigh. He was a hard-working clerk in power and charm practically unimpaired. Yet Mr. Charles Santley is to meet the requirements of living, now to-day as welcome to all lovers of that he had a wife to provide for.

music as he was fifty years ago He "Neelie was watching her husband's face with keen intentness. Something in his looks had startled her out of her childish self-complacency.
"Frank, look at me," she said uneas SUNSHINE "Frank, look at me," she said uneasily.
Frank looked up promptly, with a laugh, pinching her velvet cheek.
"Well," she said, "wty don't you go on?"
Frank pointed to the clock.
"My dear, time flies; come kiss me for good luck and good-by."
"Then it is a business engagement of real importance, Frank?" TURNACE | real importance, Frank?" "Of immense importance—to me."
"And you don't wish to miss it?" "Certainly not-on no account! In fact could not without great loss and disad



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