

Every Reader Will Find  
Cynthia Grey's Column  
An Interesting Miscellany

# FOR THE WOMAN OF TODAY

Follow the Horoscope.  
Daily Pattern Service.  
Women at Work and Play.

## Helping the Russian To Be a Good Citizen

London Lady Writes Interesting Description of Work in This City.

An interesting article by Mrs. Mary Lawson, of this city, is found in the current issue of Woman's Century, on the subject of "Social Service Amongst the Russians in London." Mrs. Lawson points out the importance of Canadianizing the foreign element in the Dominion, and states that London has its share of the problem in its colony of some 500 Russians. She writes in part:

In the southern part of the city you will find a number of stores conducted by these people, where their fellow countrymen can obtain their clothing and food, also have their money exchanged into Canadian currency.

These people, who are to be future citizens of Canada are entitled to a Canadian welcome.

Having been attracted to them, and seeing their need as strangers in a strange land, unable to speak the language, and knowing nothing of the customs of the country, I have been constrained to do all in my power to make them feel at home, and in many cases have been the first Canadian woman to speak to them.

OUR TONGUE PLEASES. Having acquired some knowledge of Russian I am able to make myself understood, and the expression of delight and relief on the faces, especially of those who are newcomers, is very touching. They have turned to me when sick and needing help, and I have secured medical attendance for them. One case in particular is that of a young Russian who had been in the country only three weeks, when he was taken very ill with pleurisy, and was in great suffering, when one of his friends called on me to secure help. I stayed with him until the doctor arrived and held his hand to reassure him, for the poor fellow was trembling all over, not knowing what

was going to be done to him, and not understanding a word of what was said.

Arrangements were made for his removal to the hospital, for which he expressed his gratitude most feelingly.

These people are quick and eager to learn the language and the customs of the country. They know when they can speak English, they will receive increased wages and better positions, and it will enable them to secure board in English-speaking families.

I have in mind several who used to board with people of their own nationality, sleeping three in a bed, who are today in boarding-houses kept by English people, where they have better accommodation and more sanitary conditions.

### HELPS BANK MONEY.

It has been a great pleasure to me to be able to teach English to a number of these Russians, to help them save their money and do their banking for them. One of these men came to Canada only five months ago, without knowing one word of English, and today, as a result of the little help I gave him he understands and speaks English fairly well and holds a responsible position. His home conditions are also greatly improved.

I have found the Russians to be honest, faithful and reliable people, and know with kindness they will be good fellow-citizens. It is well for us to remember that these men will be future voters and will have an influence on our city and country. Let us see to it that by kindness and help on our part they shall grow to the standard of intelligent and right thinking people.

Mrs. Lawson concludes by urging Londoners to take an interest in this form of social service work.

## Advertiser Patterns



2810.—A Becoming Youthful Design. Costume for misses and small women, with or without chemise. This model was used for a simple party frock, made of blue crepe de chine. Brocaded silk in Persian tones forms the bodice, while shadow lace and net frills add a neat touch to neck and sleeve finishes. The design is suitable for serge, albatross or cashmere. It will also lend itself equally well to velvet, chamoise or satin. The drop shoulder and yoke effect are good style features. The pattern is cut in four sizes: 14, 16, 17 and 18 years. It requires five yards of 44 inch material for a 16 year size.

A pattern of this illustration mailed to any address on receipt of 10c in silver or stamps.

PATTERN DEPARTMENT OF THE ADVERTISER. Please send above-mentioned pattern, as per directions given below, to:

Name .....

Town .....

Province .....

Age (if child's or misses' patterns) .....

Measurement—Bust..... Waist.....

CAUTION.—Be careful to inclose above illustration, and send size of pattern wanted. When the pattern is sent measure, you need only mark 32, 34, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach us less than one week from the date of Presbyterian Church, performed the duties. The price of each pattern is 10 cents in cash or in postage stamps.

## THE HOROSCOPE

FRIDAY, JANUARY, 30, 1914.

Jove's star rules this day; Gain comes with his sway.

AN ARKONA LASSIE.

Astrolgers and this day not favorable for many occupations since Jupiter is in a place read as strongly benefic, while the other stars rule for good or ill with less compelling power.

During the daylight hours it will be wise to employ caution in conducting affairs of business and pleasure, since both Uranus and Neptune are mildly adverse in their influence.

Traveling and decided changes of location are subject to an uncertain guidance, which may result in ill luck.

Persons connected with machinery or explosives, or the way of Uranus in evil aspect is believed to be destructive, leading to accidents and perils of all sorts.

The augury is threatening for beginning new associations, whether they be social or commercial. Partnerships and contracts are under a bad omen.

As the aspect is read to produce extremes of mood and action, causing unexpected changes of emotion, estrangements and misunderstandings should be guarded against while the configuration prevails.

Warning is given against the practice of fraud and deception. The sway of the stars is believed to make men exceedingly vulnerable to suggestions that promise sudden wealth.

The production of get-rich-quick enterprises is forewarned. Increase of unwise speculation is predicted.

Late today commercial affairs should benefit greatly. The evening should be a propitious time for making large plans or discussing important enterprises. Public banquets are peculiarly fortunate in possibilities, the seers say.

An English astrologer predicts great fluctuations in Wall Street next month, the first two on the fifth and seventh.

It is prophesied that the women of the Middle West, particularly those of Chicago, will develop extraordinary resource in fighting for educational reforms. An officeholder, around whom centres opposing interests, is warned to watch her health.

Persons whose birthdate it is have the promise of a year of success in business or professional life. Men are warned against domestic difficulties. If they have hidden any facts they will be exposed.

Children born on this day have a fortunate outlook, as they are likely to enjoy the pleasures and comforts of life. Girls may marry rather late or they may choose elderly husbands.

After mixing the dressing, turn the salad into the salad bowl, which has been rubbed with slices of onion, garnish with parsley, or rings of hard-boiled egg.

2. It is fairly good.

"The stars incline, but do not compel."

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## The Smile

Nothing on earth can smile but man.

Gems may flash reflected light; but what is a diamond-flash compared to an eye-flash and a mirth-flash?

Flowers cannot smile; this is a charm that even they cannot claim. It is the prerogative of man; it is the color which love wears, and cheerfulness and joy—these three. It is a light in the windows of the face, by which the heart signifies its joy at home and waiting. A face that cannot smile is like a bud that cannot blossom, and dries up on the stalk.

Laughter is day, and sobriety is night, and a smile in the twilight hovers gently between both—more bewitching than either.

—Henry Ward Beecher.

## ST. MARYS READER

### SENDS OLD SONG

"Only a Pansy Blossom" Is One of the Popular Old-Time Songs.

C. Ray writes: Incloser find words of "Only a Pansy Blossom," in answer to correspondent "A. B." In return, will some reader oblige with words of "Marguerite"?

'Tis only a pansy blossom, Only a wither'd flower, Yet to me 'tis dearer Than all in earth's fairer bower: Bringing me back the June-time Of a summer long ago, The fairest, brightest summer That I shall ever know. Oft from this pale, dead blossom, I see a fair face start, A face like a sweet wild flower, From out of its faded heart. 'Tis

Chorus: Only a pansy blossom, Only a wither'd flower, Yet to me 'tis dearer Than all in earth's fairer bower: Bringing me back the June-time Of a summer long ago, The fairest, brightest summer That I shall ever know.

Only a pansy, I gather'd at her feet, Faded, unlike the rose, That made that summer sweet. Still in this pansy blossom Her tender face I see, From under the church-yard grasses, Bringing her back to me. 'Tis

ABOUT THE AUTHOR OF THE "ROSARY"

Florence Barclay, author of "The Rosary," "The Following of the Star," etc., belongs to the Charlesworth family—a family that has served the church in an unbroken chain since the days of Elizabeth. Mrs. Barclay is the granddaughter of the Mrs. Charlesworth, whose "Ministering Children" was read with avidity when it appeared some half-century ago. She is a niece of the learned Arabic scholar, Professor Cowell, and her sister is Maud Ballington Booth.

Much of Mrs. Barclay's writing has been done at Hereford Heath, of which her husband, the Rev. Charles Barclay, is the vicar. "The Following of the Star" was partly written at the famous Villa Ffolio, in Florence, where George Eliot wrote "Romola," and where Mrs. Browning, Maxwell Gray and Lord Lytton often stayed. This spot is still one beloved by authors and composers, for among the present generation of writers it has been used by Frances Hodgson Burnett, Thomas Hardy and Eden Phillpotts.

TWO NEW WAYS TO COOK BEEF

Flank Steak With Tomatoes

From a good sized flank steak trim off any bits of adherent gristle, score well on both sides with a sharp knife and rub thoroughly with salt and pepper. In a braising pan put a layer of sliced onions and carrots and on this lay the meat, sprinkling the salt with two tablespoons of chopped onion and rub thoroughly with salt and pepper. Cover and cook in a moderate oven for two hours and a half. Serve with the sauce slightly thickened of nearly evaporated in cooking, use the remainder of the can of soup.

Braised Rolled Beefsteak.

Lay upon a board and pound from end to end with a mallet. Cover with a forcemeat of minced salt pork, onion and seasoned crumbs, wet with a little gravy; roll up upon the stuffing and tie into shape. Lay in a roaster; pour in a little cold water, cover, and cook for two hours, basting often with gravy from the pan. Undo the strings carefully, and lay upon a hot dish covered, while you prepare the gravy. Skim, thicken with browned flour, add a good spoonful of kitchen bouquet, boil and pour into a boat.

After Saturday (tomorrow) Colliene corsets will not be sold in the factory, but in two different retail stores in the city. If you don't neglect this last opportunity, you'll get a bargain in these famous corsets. Finch-Fashens, 286 Dundas street.

STRIPED AND PLAID SASH.

The dash, which so many of the latest French costumes have, particularly those worn on the streets—is chiefly due to their sashes. Modest affairs are these accessories—always broad strips of plaited worsted braid, finished with a netted and tied fringe, in several shades of plaited taffeta ribbon with ends biased off and overcast that they

shall not ravel, or of Roman striped satin ribbon with ends hemmed and heavily weighted that they shall not curl under. The sash usually goes straight about the waist and at the left front plainly and flatly over-laps itself, the longer end usually extending to the knees. It is never bowed. With a dark-hued tailored suit, there is nothing more cheering these dull days than one of these brightly-shaded sashes. Its presence lends distinct chic to the costume of yesteryear, and its cost is little.

Saturday (tomorrow) is the last day of the Colliene corset sale—positively your last chance to get bargains in these desirable corsets. See ad. on this page. Finch-Fashens, 286 Dundas street.

EAT CHEESE OFTEN.

SAYS CAROLINE COE.

The old-fashioned idea of the indigestibility of cheese has been given a set-back, and we now find many noted dietitians who advise eating it with many rich viands, declaring it helps to digest them.

Our main trouble in using cheese is the combining of it with meats. A cheese should take the place of meat. One eminent chemist asserts the weakest stomach can digest the following: Grate one pound of cheese, put into granite pan. To one cup of sweet milk add one-fourth ounce of bicarbonate of potash, add both to grated cheese. Put on very slow fire

until thoroughly dissolved and smooth. This makes a soluble cheese very easily digested.

Hygienic Cheese Custard.

Make cheese soluble as in the above recipe. Add one even teaspoon of dry mustard. Salt and pepper to taste. Add two eggs, well beaten, and one-half cup of milk. Butter a deep pie pan and turn the mixture in. Put in moderate oven and bake fifteen minutes. May be folded like omelette or cut in pie-shape pieces.

Serve at once.

EVANS' ANTISEPTIC THROAT PASTILLES

IMMEDIATELY RELIEVE Coughs, Colds, etc.

NATIONAL DRUG & CHEM. CO. OF CANADA LIMITED.

FURNITURE

Couches, Cupboards, Dressers, Linoleum, Rugs, Cutters, etc. Cash or credit.

Regal House Furnishing Co., 95 King Street—Second Floor.

Eat More Bread

It is the most nutritious and most economical of all foods. The best bread is made with Fleischmann's Yeast

Fleischmann's Yeast

Fleischmann's Yeast

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Fleischmann's Yeast

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## 7 More Selling Days in Our Old Store

### BARGAINS IN ALL DEPARTMENTS

On February 7 we close our present store, preparatory to opening our new store on February 12. There are many lines throughout the store which must be cleared out before that date. This means a bigger sale for us and lower prices to you than ever before.

### SUITS, \$5.00

Women's Tweed and Serge Suits; a few only, sizes 34 to 40, in good colors, to be cleared out Saturday morning at, suit ..... \$5.00

### HOUSE DRESSES.

A table of House Dresses and Flannelette Wrappers, in good, washable colorings. On sale Saturday, each ..... 89c

### PETTICOATS

Women's Sateen Petticoats, black, tan and navy; regular \$1.25, for, each ..... 79c

### SWEATER COATS

Boys' and Girls' Sweater Coats, gray trimmed with red and navy. Saturday, each ..... 49c

### On Sale Friday

Lace, Net and Crepe Fichus, Net Yokes (plain and fancy); Silk, Lace and Crepe Robespierre Collars; all the newest styles in Neckwear; worth 50c, 35c, 75c, 85c and \$1, to clear at, each ..... 29c and 39c

Jabots and Fancy Bows, regular 25c, 35c and 50c, for, each ..... 19c

### THE WIND-UP

WE WILL OPEN OUR NEW STORE FEBRUARY 12.

GRAY'S LIMITED.

Drygoods, Millinery, Ladies' Ready-to-Wear Garments. Phone 115-116. 150 Dundas.

GRAY'S LIMITED.

## "Wind-Up" Sale

### Final Bargains In the "Wind-Up Sale"

The end is almost in sight, and just as soon as everything is sold we go out of the garment manufacturing and retail business. Note these "good-bye" prices on

WOMEN'S TAILORED SUITS AT \$9.75  
WOMEN'S TAILORED SKIRTS AT \$3.69

Just One Rack of Women's Suits Left

All this season's models, perfectly tailored, medium weights. Worth \$17.50 to \$25. Choice, \$9.75

150 Women's Tailored Skirts

Values \$5.00 to \$7.50. "Good-bye" price, \$3.69

A few Skirts left at \$2.69.

### Special Rummage Sale Arranged For All Day Saturday

### COILENE CORSETS

Saturday is positively your last chance to buy Colliene Corsets from the maker. This is the only branch of our business to be continued, but hereafter we will not retail Colliene Corsets ourselves, but place them in two different stores in the city. The cut prices we have been offering this month will hold until tomorrow (Saturday) night. 98c, \$1.69, \$2.69 FOR CORSETS WORTH UP TO \$6.50.

Still greater bargains in Dress Goods, Suitings, Silks, Velvets, Trimmings, Remnants of all kinds, etc. Come Saturday.

SALE IN FACTORY—286 DUNDAS STREET.

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## Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, all letters have to be answered in turn. No letters can be answered privately.]

Linoleum Polish.

Dear Miss Grey: Will you please answer the following questions:

1. What is best to clean linoleum to make it look like new?

2. What is good for the face and hands that are dry?

3. Will cold cream cause any harm to the face?

4. What do you think of my writing?

A.—1. Boiled linseed oil and turpentine mixed in equal quantities, is said to be one of the best polishes for linoleum. Apply after washing the floor with soap and warm water, moistening only a little space at a time, and polishing with a dry flannel rag as you go along.

2. You may find a little glycerine helpful; or the application of a good cold cream.

3. Not if used in moderation.

4. It is fairly good.

Partners For Lunch.

Dear Miss Grey: Will you kindly answer these questions for me?

1. There is to be a party in a short time. Could you tell me a good way to get partners for lunch? We have had everything we can think of.

2. What is the "Kling Hal"?

A.—1. Have you tried this way, I wonder? On slips for the girls write the names of famous women from history or literature, and for the boys the names of famous men. Then, when the names are put in a box, and the girls draw a slip, a man getting a slip with "Darby" on it would at once look around for a girl with "Joan" on her slip. "Priscilla," "Other couples could be "Hiawatha" and "Minnehaha," Agnes and David Copperfield, Paul and Virginia, Drub and Beatrice, Romeo and Juliet, and so on.

Quite a bit of fun would be caused by preparing six slips with the names of the wives of Henry VIII., Anne Boleyn, Katherine Howard, etc., and the man who draws the slip for "King Hal" is, of course, obliged to sit with the six ladies at lunch.

Another unique method is to cut colored string into pieces a yard and a half long, and hang these over the doors of your parlors. There should be half as many pieces of string as there are guests. As the young men in the hall, while the girls remain in the drawing-room. Close the doors and instruct each to grasp the end of a piece of twine. The men and maids will not know who they are getting for a partner until the doors are opened and they find who is at the opposite end of the string. They are holding.

2. It is one of the popular new dances—but don't ask me to describe it!

Offers Music.

Dear Miss Grey:—I have the music of "The Slip That Never Returned," and I would very gladly loan it to "Florence," if it would be of any help to her.

I inclose my address, which I am sure you will forward on to her, if she has not obtained the music yet.

Kindly tell me the meaning of "Elsie."

Ans.—Unfortunately "Florence" did not send her address, but if she does, I will send yours to her at once. Many thanks for your friendly offer.

Elsie, really a contraction of Elizabeth, is one of the English forms of this name. It really means "God is her oath" or "Worshiper of God."

The Author of Freckles.

Dear Miss Grey: Could you tell me where Gene Stratton Porter lives? Whether a man or woman, if single or married, and if married, to whom. "He" or "she" wrote "Freckles;" "The Girl of the Amberloot," etc.

Should be so much obliged if you could find this out for me.

HELEN P.

A.—1.—Helen, I am sorry to have kept you waiting so long for your answer—your letter got misplaced, and was overlooked until today. Mrs. Gene Stratton Porter was born on a farm near Wabash, Indiana, in 1886, being

the daughter of Mark and Mary Stratton. In 1886, she married Charles Darwin Porter, and lives at Geneva, Indiana. Mrs. Porter is really the "original bird-woman" of her stories, being successful in her studies of outdoor life and in photography of birds and animals. She has been editor of the camera department of magazines like Recreation, and Outing and other outdoor publications. Besides her three well-known novels, she is the author of "Birds of the Bible," "Music of the Wild" and "What I Have Done With Birds."

She's From Arkona.

Dear Miss Grey—I am a constant reader of your valuable column. But this is the first time I have ever come for advice. Please answer the following:

1. Do you know if the Elsie books are true or not?