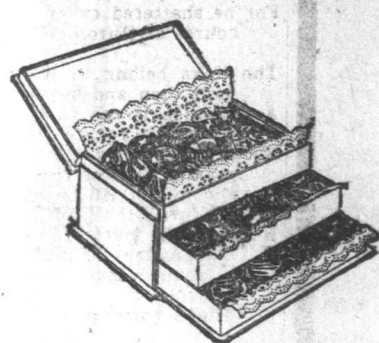


## Bowring's Grocery Dept.

PHONE FOR FOOD.  
IT'S THE BETTER WAY.

If you have no account opened with us, we will gladly send your order C.O.D.



"SAY!"  
Take along a Box of  
**NEEDLER'S CHOCOLATES**

when you go to the Theatre, and there won't be a dull moment in the whole show.

**NEEDLER'S CHOCOLATES**

and CONFECTIONERY are absolutely the best made. Just try them.

Glaxo, Builds Bonnie Babies . . . \$1.10, \$1.35 tin.  
Horlick's Malted Milk . . . 50c. 95c. \$3.75 tin.  
Borden's Eagle Brand Condensed Milk . . . 20c. tin.  
Nestle's Milk Food . . . 50c. and 95c. tin.  
Robinson's Patent Groat . . . 50c. tin.  
Brook's Baby Barley . . . 1/2's, 15c. 1's, 25c. tin.  
Robinson's Patent Barley . . . 50c. tin.  
Virol, the great body builder for puny babies . . . 55c. 85c. \$1.40 tin.

**Pickling Vinegar**  
In One Gallon Bottles 75c.

CAMPBELL'S ASSORTED SOUPS . . . 17c. tin.  
CADBURY'S BOURNEVILLE COCOA—  
1/4's, 25c. 1/2's, 45c. 1's, 85c.  
INSTANT POSTUM . . . 35c. and 70c. tin.

## Bowring's Drapery Dept.

SPECIAL!

### AMERICAN COTTON SHEETING

Soft quality for making fancy Worked Quilts, Sheets, etc., 75c. yard.

### WHITE BLEACHED SHEETINGS

Best British Manufacture.

72 inch, Plain, 1.00, 1.10, 1.20 yd.  
74 " " . . . 1.35 yd.  
80 " " . . . 1.15, 1.40 yd.  
90 " " . . . 1.30, 1.50 yd.  
72 " Twill . . . 1.05 yd.  
80 " " . . . 1.05, 1.08 yd.  
90 " " . . . 1.30 yd.  
80 " Linen Sheeting 3.70 yd.

### COTTON SHEETS

Blay . . . \$3.30 pair.  
White, 60 x 90 . . . \$3.40 pair.  
White, 72 x 90 . . . \$4.50 pair.

### WOOL BLANKETS

Pure Wool. Fine quality.  
50 x 66 . . . \$ 5.50 pair.  
60 x 80 . . . \$ 8.50 pair.  
60 x 80 . . . \$10.00 pair.  
62 x 82 . . . \$12.00 pair.  
66 x 86 . . . \$17.00 pair.

### COTTON BLANKETS

Grey . . . \$2.40, \$2.60, \$3.30 pr.  
White . . . \$3.00 and \$3.60 pr.

### New Art Chintz and Furniture Tapestries.

Our lines of Art Chintzes embrace all that is beautiful. Floral and Oriental designs chosen with an eye to pleasing colour combinations. Single width . . . 48c, 58c. and \$1.30 yard. Double width . . . \$2.10 and \$2.20 yard.

Furniture Tapestry—New patterns that are very attractive. If you are thinking about re-covering your furniture, give us a call. 50 inch width.

\$2.20, \$2.60, \$2.80, \$2.95 and \$3.10 yd.

Tapestry Winter Curtains—Heavy embossed Tapestry Repp. Colours: Cardinal and Dark Green . . . \$6.00, \$10.00 and \$10.80 pair.

Crash Table Centres—Nicely embroidered. Round and Oval . . . 20c, 70c. 1.10, 1.20, 1.50 ea.  
White Centre Cloths—Battenburg and Lace edge . . . 70c. and 95c. ea.

Crash Runners—Embroidered ends—  
\$1.25 and \$1.40 ea.

White Sideboard Cloths—A big assortment from . . . 50c. to \$1.70 each.

Tricolette Silk Tea Coseys—Beauties, in assorted colours, round and oval shapes—  
\$1.85, \$2.20 and \$2.50 each.

Terry Face Cloths . . . 9c. and 17c. ea.

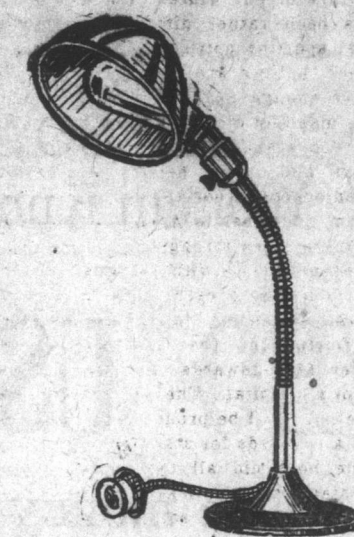
Coloured and White Cushion Covers—  
48, 50, 57, 65, 90c. \$1.00, 1.20, 1.30, 1.70 ea.

YOU CAN DEPEND ON THE QUALITY  
OF EVERYTHING YOU PURCHASE AT

## Bowring's Electrical Dept.

### ELECTRIC LIGHT FIXTURES

We extend to you an invitation to inspect our exhibition of Electric Lamps, Chandeliers, Shades, Brackets, etc. From our complete lines you can select fixtures that will harmonize admirably with the decorative scheme of your home, wherever good taste demands artistic, effective and attractive lighting.



Fixtures . . . \$9.00 to \$25.00  
Bowls . . . \$4.00 to \$10.00  
Shades . . . 30c. to \$ 1.50  
Table Lamps . . . \$6.00 to \$25.00

### ELECTRICAL APPLIANCES

Table Stoves . . . \$25.00 ea.  
Water Heaters, \$9.70, \$10.00 ea.  
Kettles . . . \$16.00, \$18.00 ea.  
Disc Stoves . . . \$10.00 ea.

Toasters . . . \$6.00, \$8.00, \$12.00 each.  
Grills . . . \$12.00 "  
Percolators . . . \$17.00 "  
Cosy Glow Heaters . . . \$7.00, \$ 9.00 "  
Electric Irons . . . \$4.50, \$ 6.50 "  
Heating Pads . . . \$11.50 "  
Curling Irons . . . \$1.80, \$ 3.75 "  
Electric Washing Machine . . . \$ 180 "  
Bright Star Flashlights . . . 50c. to \$ 2.50 "  
Bright Star Batteries . . . 20c. to 45c. "

### WESTINGHOUSE BULBS—all Sizes.

Radio Aerial Wire . . . 40c. lb.  
Magnetic Wire . . . \$1.20 lb.  
Houses wired or fitted, Electric Bells installed or repaired at short notice.  
Agents for the DELCO Electric Plant for out-of-town Electric Lighting. Prices on application.

## SIDE TALKS.

By Ruth Cameron.

### HAVE YOU THIS GIFT?

"Oh, I hate to have her go. I love to have her here," said a neighbor of a guest who was just departing (and to feel so warmly toward a parting rather than a coming guest is quite a tribute don't you think?).

What special qualities has she that makes you enjoy entertaining her so much? I asked (with my eye on the main chance as usual).

The People Who Won't Let You Alone.

My neighbor ruminated for a minute and then she said: "Well, she's awfully good company and she's a good sport, but I think what I like best about her is that she knows how to let people alone. . . . You know I have quite a good many guests through the year and there are a lot of them who mean to be awfully kind but they just don't know how to let you alone. For instance, there's one woman who means to be terribly helpful but she just drives me crazy by always saying: 'Now I wish you would come and sit down.' Don't do that now." I know what I have to do and I can get it done quite easily if I am let alone, but I get so nervous all the time thinking she's going to say that. And then there are other guests that never give me a chance to go into the kitchen by myself because they are so anxious to help. This woman is just as helpful but she makes me feel that she really wants to do what will help me most and let's me ask her when I want anything, and the rest of the time she lets me alone. I should never want to live with anyone outside of my family but if I had to pick out someone it would be she."

The Opposite Of Officiousness. It is a very livable quality, isn't it, this capacity to let other people alone, not only in a guest but in a house mate or a friend.

And rather a rare one! I suppose it is the opposite of officiousness and is as restful and endearing as officiousness is wearing and an-

between men are more enduring than those between women—because men are more apt to have this capacity for letting each other alone at the right time?

But when is the right time you may ask? Well, how do you know when there is going to be thunderstorm? You feel it in the air, don't you? And people who have this gift are so sensitive that they can feel it in the air when their friends want to be let alone. I call it a gift. It is particularly that but it is also partly a technique developed by thinking much about other people's feelings as well as your own. I have a friend who has just started writing fiction with astounding success. She has been all her life marvellously sensitive to other people's feelings. I believe she is having her reward now because she knows how people feel and so can make her characters convincing.

The smooth shoulder line has gone with the appearance of the furred neckline.

In the small velvet hat choose a rosy tan, subdued red, dark green, blue or brown.

### THE EATS.

The man whose life is sedentary, who spends it in a padded chair, should be alert and also chary when he confronts the bill of fare; stewed hummingbird or baked canary is better far than roast beef rare. One thing the doctors are agreed on: we eat too much, they all protest; the rich and gaudy things we feed on convey us to eternal rest; the underlaid draws a bead on the man who eats with fiery zest. We listen to the doctors' warning; they speak the truth, we wot and wist; we promise that to-morrow morning we'll

cut the rich things from the list; to-day a fine roast is adorning the menu, and we can't resist. The next day, when we should be framing such pledges as the doc advises, the cook comes to us, proudly naming a string of roasts and soups and pies: "Next week, perhaps," we're heard exclaiming, "we'll follow up that counsel wise." And presently we're feeling seedy, our vitals do not function right; we are too fat or else too weedy; our symptoms fill our hearts with fright; the doctors say: "You're so blamed greedy, you've got yourselves in grievous plight. How often have we sawbones told you that eating is a deadly trick, unless the toilers' clothes enfold you, you boobs would eat, and now behold you—you're wobbly on your pins and sick." They scare us stiff, and for a season we live like hermits, on a crust, without a slice of meat or cheese on, or decent drink to lay the dust, until we shirk. "Though it be treason, we'll eat a good square meal or bust!"

Try a box of Renaud's French Face Powder, only 15c. at STAFFORD'S.—sept.24

### Tourist Expenditure

It is estimated that 30,000,000 persons in the United States have enjoyed vacations averaging two weeks and that the total expenditure amounts to \$3,000,000,000, of which between \$300,000,000 and \$400,000,000 has been spent in Canada. That so many could afford to devote so much money to a matter largely of pleasure is a testimonial to the widespread prosperity which prevails. Railroad traffic has been above the average and

summer resorts have had a highly profitable season. Tourist camps have been filled to overflowing. The national parks have had more visitors than ever before. All these things are taken into account in reaching the estimate, which, of course, is nothing more than approximate, since there can be no such goal as accuracy in such a matter.

That so many are able to leave their regular vocation for a time and seek relaxation, shows that as a people we are learning the value of a bit of leisure. There is, of course, a class which devotes itself chiefly to leisure, but the vacationists referred to are those who for the main part of the year are busily employed. The number of vacationists is all the more noteworthy since it must have included the farmers in but a small proportion and they are more numerous than any other class. The summer is the farmer's busy season and his leisure, if he has any, comes at other times.

The vacation idea calls for the employment of many thousands who cater to the wants of vacationists. This involves business of vast magnitude in itself and it has wide

ramifications in which Canada is bearing an increasing part. The estimated total expenditure of our neighbours, however, indicates what a wide field for exploration of the tourist business is offered to Canada.—Montreal Herald.

### Cooking With Comfort

"One of the many fine features about Crisco," says Miss Olive Allen "is that it does not smoke in deep frying, nor does it smell like ordinary fats." When cooking with Crisco, the delightfully digestible fat, the news of what's going on in the kitchen need not be known in any other part of the house. In several other respects, Crisco is superior. Your grocer will recommend Crisco—more than likely his wife uses it at home. At all Grocers. Sole Agent: Gerald S. Doyle. sept.17.th.s.f

Kollinsky is used on a black satin coat fitting closely at the hips and flaring below.

CONFEDERATION LIFE. — aug.17.3mos

### MUTT AND JEFF



—By Bud Fisher