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S AILMENTS vousness, despondency, poor able disposition, diminished ntration, fear of impending endency to sleep, unrastful uplus on face, palpitation of back, lumbago, dyspepsia, omnia. Dr. Ward gives you tice in the treatment of all The above symptoms, and that something is wrong need expert attention.

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Rubber Jar Rings, highest quality, 10c. per dozen, three dozen. 25c Church's Bug Finish, per package 15c; two for ... 25c

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Careful mothers know that Cascalets in the home mean less sickness, less trouble, less worry, less cost. When one of the kiddies has a white tongue, feverish breath, sour stomach or a cold, a Cascaret quickly and harmlessly "works" the poisons from the liver and bowels and all is well again.



TO MOTHERS! While all children detest castor oil, calomel, plls and laxatives, they really love to take Cascarets because they taste like tion poison from the child's tender stomach, liver and bowels without pain etc., First class equioment. Day and lost limbs in the war were obliged to Council has been declared vacant owcandy. Cascarets "work" the nasty bile, sour fermentations and constipaor griping. Cascarets never disappoint the worried mother. Each 10 cent night service. bax contains directions for children aged one year old and upwards.

VIEWS OF STRIKING EMPLOYEES

Editor The Journal, St. Catharines, Dear Sir: Pursuant to the "advertised policy" of the Beavar Wood Fistriking employees, members of the International Brotherhood of Papermakers, I desirt to reply to some of une 19th. I would thank you to pub-

lish same in order that the position of the striking amployees might be placed in it true light. Space will not permit me to reply in detail, how- away ever. I therefore, will try to be as ex-

Federation of Labor. It is true that and memorandum of agreement and ed the position of his Company and up a quarter pint of this sweetly fraplains that Mr. Nellegar called him hands, and see for yourself, I desire to say that this is also true ont as a reatter of fact Mr. Nellegar ndeavored to communicate with Mr Robinson as carly as nine o'clock of omical reasons the eight hour work-

Mr. Robinson was at the mill in of its employees. In order to prove

the Buffalc office of the Beaver Com- directors waited so long before putnany and endeavored to communicate ting into execution their plan of ecwith Mr. McGlashan or any other onemy? I suppose the war had someaccredited representative, receiving thing to do with it? the advice that Mr. McGlashan was bsent in Europe and that the au-This information was given by a Mr the matter of either grievances or Davis who advised that Mr Robinson agraement with your Union in the abwas absent from the city and would not return until Saturday or Monday. nunicated with some representative f the Company, for the reason that pay? the effect that the grinder room

help would go on the aight hour basis on Monday morning, June 16th. In my opinion that is considerably more there is some irr sponsibility on the ime given the company than the fifty minutes mentioned in the aricle which appeared in The Stand-For past four weeks work of organring has been going on among the imployees of the mill at Thorold and

it is safe to say that the Company was well aware of the intention of It has been stated that the demands of the employees are arbitrary and that the grievances are imaginary. Let me ask if when men are compelled to work eleven and thirteen I would agree with that paragraph and especially when they are comn other localities who are compelled

and further. if unfiltered water pump-BICYCLE REPAIRS AND VULCANIZING ROBERTS & BARDSLEY Phone 1481 - 2 Queenston St.

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Strain lemon juice well before mixing and massage face, neck, arms, hands, 120

Here is told how to prepare an in-expensive lemon lotion which can be lons. Wind-chafe, roughness, tan and redness are warded out and those tell;

strained into a bottle containing three one must pay for a small jar of the ora fine cloth so no lemon pulp gets

it is also true that Mr. Robinson stat-

enough, to say nothing of the

he same morning but was unable to day would be granted on July 1st and do so, due to the fact that Mr. Robin- to this I desire to say that the only sany granting the sight hours at any On the morning above mentioned time is to forestall the organization Thorold where he had gone for the this let me quote Mr. Robinson "As mirpose of meeting with the mem- early as last year, Mr. Nellegar, the directors of the Company, decided I desire to say further, that as ear- that they would adopt the eight hour ly as Friday morning June 18th, Mr. workday for economical rason."Now Nellegar was in communication with if this is true, why was it that the

> To again quote Mr. Robinson . I or pany, have any authority to enter into

sence of Mr. McGlashan" Now, if there is no authority in the The nature of Mr. Nellegar's busi- absence of Mr. McGlashan, let me ask ness was communicated to Mr. Davis who had the authority to reduce the who I have reason to believe com- hours of the mechanics from a ten hour workday to nine, with ten hours

Again, who had the authority for placing the employees of the grinder room on the eight hour basis on Mon-

It would seem from the above that part of the Company or its management, for if this were not true, a corporation as large as the Beaver Wood Fibre Company would leave some on: in authority who would be responsible for the acts of the Company.

It is quite usual for manufacturing interests to refer to labor representatives as being agitators, so that we are not surprised to hear the statement coming from the representatives of the Beaver Company. However, we do not misripresent, we have no rea-

and especially when they are commeting against their fellow workers want to do what is right, not only work eight hours only. Let me ask with regard to the Company but for again, if a demand should not be made their own interests and have for this for good 'avatories and sanitation, reason organized. It would stem, judging from the opinion of Mr. Robinson ed from the canal is not grievance that were it not for the fact of Mr. s of the Company would not have organized To this I desire to say ganize their employees than possibly Mr. Nellegar could have done, As a matter of fact we were contemplating organization considerably longer than thr e months. However, Mr. Nellegar has held but four meetings with vised not only for the betterment of systems for automobiles. the employees but also in the internary tungsten lamps, each giving from 23 to 24 candle-power, while if

without any agitation. In conclusion I desire to say that In conclusion I desire to say that the same light as before. As the the pursuant publication and self-explanatory policy of the Company is quire more than, say, four lights on no other purpos t than to intimidate continuing the strike.

Thanking you in advance for the publication of the above, we beg to Respectfully yours, BEAVER LOCAL, 192

F. J. GILLIS International Rapresentative, J. B. NELLEGAR Thorold, June 23rd

Several soldiers off the hospital snip Essequibo reached Hamilton without not: fication and som ; who had make their way to their homes as ing to his non attendance for the past Phone ito; best they could.

LoMake the Farm Flock Pay Best Only One Must Have Charge.

lence on the Farm—Wiring Costs About \$100, While a Small Plant Should Not Exceed 8500. (Contributed by Ontario Department of

C UCCESSFUL poultry - keepers quently among those who

keen interest when the production is low, or when the flock is out of con-dition, is the real test. If you hold dition, is the real test. If you hold on and study the flock, generally speaking, you will succeed.

A change of attendants, even when both are good at the work, nearly definite plan so that in time the birds know just what to expect, not only as to time and quantity of feed giv-

en, but the movements of the attor-dents in the pen.

The writer ventures to assert that if the poultry on the farmers of Ontario were, on each farm, given over in the success of the undertaking as well as a very large increase in the five per cent, in many instance No line of live stock responds more

to careful attention than poultry. The boy or girl on the farm can learn much of how to feed and what to feed. They may learn something Successful poultry-keepers know rear, a time to call, a time to sell, a time to clean and disinfect, as well

as a time to feed. Plenty of farmers are making money from poultry, but they know poultry does well only when given careful and systematic attention.— Prof. W. R. Graham, O. A. College, Guelph.

Principles of Electric Lighting. In the year 1800, Volta, a famous Italian physicist, discovered that if a plate of copper and one of zinc were placed in weak sulphuric acid, and connected by a wire above the acid, there was transmitted along the wire a certain amount of energy which transmission we speak of a: a current of electricity, comparing to a current of water. As it requires pressure or head to make water flow so it requires electric pressure to make electricity flow. The pressure of the simple cell described above is called a volt, in honor of its dis coverer. A dynamo generating 32 voits would have a pressure equal to

that of 32 simple cells. Electric energy passing through fine wires will heat them white had hence electricity may be used to lighting. Current for this purpos usually has a pressure of 110 volts, when supplied by light and power companies, but private plants usually generate only about 32 voits. All current generated by dynamos is alternating when made, i.e., it flows in one direction for half a revolu-tion of the dynamo and then in the opposite direction during the other half, but by fitting the dynamo with a commutator (which means chang er) these waves of current may al sent in the same direction along

called direct current or D.C. Now alternating current, or A.C., may be used for lighting, just as well as D.C. If the alternations are that the Company did more to or- very rapid the light is perfectly steady, but if too slow the lights will fluctuate in brightness, and the light is hard on the eyes. Many light and

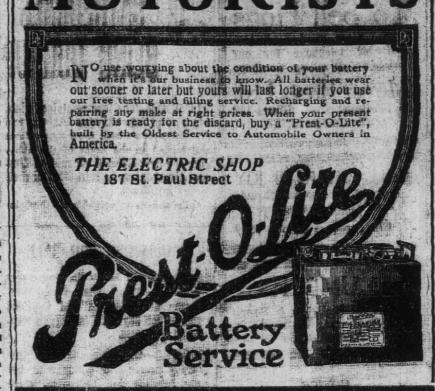
power companies supply A.C. However, A.C. cannot be used to charge storage cells and hence private plants which usually have storlegar has held but four meetings with age batteries must be of the D.C. us and has upon every occasion advariety. This is also true of lighting

One-horse power will run 30 ordithe result of due deliberation and they are nitrogen filled each lamp will give about 45 c.p., hence it would take only about half as many to give planatory policy of the company is an average of two hours per day, tak-in the opinion of the employees for ing the whole year round, it is easily no other purpos than to intimidate their employees from organizing and their employees from organizing and wiring the buildings varies a great deal with circumstances, but probably

\$100 would be a fair average. Where one is too far from the distribution lines of any existing power plant he may install a small plant of his own. The original cost of these will run from \$300 to \$500. depending on size and type, and the interest on this amount would be the largest part of the cost of light for the farm, the cost of running the plant being only a few cents per day. —R. R. Graham, B.S.A., O. A. College, Quelph.

John White's seat on the Havelock four months.

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