

FRUIT OR VEGETABLE?

It is an old story, that of the waiter's reply to the guest who put it up to him to decide whether a tomato was a fruit or a vegetable. "It's neither," he said, "it's an extra." The question of which of the products of the kitchen garden are fruits and which are vegetables has been going the rounds of the amateur and trade horticultural press for many years, and every once in a while it comes up anew, says the Gardeners' Chronicle of America, which goes on to point out that the question is seldom settled. Quoting Abraham Lincoln, the writer of the article in the Chronicle says: "Nothing is ever settled in this world until it is settled right."

How the question, as far as the tomato is concerned, was settled, and "settled right," by a judge in a New York City court, follows:

"A woman was arrested and brought before him for selling 'vegetables in such a way, or at such a time as to violate a city ordinance.' She was selling tomatoes, and in her defence contended that a tomato was a fruit, not a vegetable, and the judge ruled in her favor and discharged her, quoting as the basis of his decision from Joseph Y. Bergen's 'Foundation of Botany'. The passage quoted was essentially as follows: 'A fruit is the ripened ovary of a flowering plant with its contents and whatever parts are consolidated or intimately connected with it.'

"A tomato, egg-plant squash, pumpkin, cucumber, peach, orange and the like, are all fruits, because they are ripened ovaries of flowering plants, with their contents and whatever parts are consolidated or intimately connected

with them. An ovary is that part of the flower which contains the seed.

"On the other hand, the edible roots of the turnips, beets, onion, carrot and the edible foliage of celery, parsley, mint, lettuce, cabbage, spinach and the like are vegetables, not fruits."

A GET RICH-QUICK STORY

A get-rich-quick story drifts in from Antigonish but it does not just end that way. A farmer from a few miles out had been in town delivering a load of cut stove wood, and on a return trip was accosted by a town acquaintance. "Angus," he said, "I saw you in a few days ago with a load of wood, what did you get for it?" "I got two dollars and a half," answered the honest son of the soil. "That's a pretty stiff price," remonstrated the prospective purchaser, "you must be getting rich at that price."

"Getting rich, is it?" hotly replied the man from outside "I'll tell you about it. It took me nearly a whole day to cut that wood on the back lot, and another day to get it out of the farmyard and cut it into stove lengths. Then I hitched the little team, loaded the stuff and came to town. After hard work I found a buyer and carried every stick into his cellar. With the two dollars and a half I bought a pound of tea at Tom Bonner's and a little bottle of rum at the Vendors. On the way home I drunk the rum and lost the tea and got home with nothing. Like hell I'm getting rich." There was no further room for argument.—Eastern Chronicle.

Just because a crank can start some thing, he thinks he is the source of the horsepower.—Baltimore Sun.

HELPING THE TEETH

The beginnings of the teeth, twenty temporary and thirty-two permanent, are hidden away in the mouth of the newborn baby. When, later, these begin to appear through the gums, there are two things to be done to ensure their goodness. The first is to let the baby use his teeth, and the second is to keep them clean. As soon as the teeth appear or even sooner, when the gums look a little swollen, let the baby have a nice "drumstick of a chicken or a chop-bone to put in his mouth. If you are not quite sure that this bone is clean enough, just boil it first, but leave the tiny crumbs of meat sticking to it. A few grains of sugar may be sprinkled on the bone to make it more attractive. Be sure that the bone will not splinter. Give him at another time a hard crust of bread, or a hard bit of toast to work at. Of course never leave him when you give him these things, for if he happens to break off a piece of the bread he may try to swallow it and choke. Tiny crumbs he can manage well. And after this see that he has some hard food every day to use his teeth on. It is the want of use that spoils teeth. A diet of pap and pulpy foods only would spoil any teeth. But never give the baby "tastes" or "bits" of fish, meat or other bad food for babies. This is the way to kill the baby. Of course it sometimes fails to kill him, but it is always a risk.

Medical Friend—"Now that you have a car you must not neglect your exercise."

"Oh, we won't doctor. This is a second-hand car.—Life.

Minaad's Liniment for Colds, Etc.

"HAD A NARROW ESCAPE"

"I never realized until a few months ago how risky it is to neglect a cold in the chest. I have always had such good health, that a cold either in the head or chest, while unpleasant, never gave me any worry. Outside an occasional cold, I had never known what it was to be laid up even for a day in all my life, until last December. One afternoon I got a chill and no matter how close I got to the stove, I couldn't seem to get warm. This chill was followed by a cold in my chest. As usual I neglected it and it kept getting worse and worse. Finally I had to go to bed and send for the doctor. His examination showed that I had pneumonia and a bad case at that. By careful nursing on the part of my husband, my children and some friends, I managed to pull through, but the doctor told me I had a narrow shave. And here's where my troubles began. While I was now out of danger, I was anything but well. I was still very weak from the effects of the pneumonia. Although I had lots of life and energy before my sickness, I was now worn out and tired all the time. I slept fairly well, more because I was exhausted. But my sleep didn't refresh me because, while I appeared to be asleep, I was conscious most of the time of what went on around me. Although all kinds of tempting dishes were prepared for me, I had no relish for food. This sickness had already undermined my health to such an extent that I was a living skeleton. I was getting discouraged as nothing I took seemed to do me any good. 'I wonder if Carnol wouldn't build you up,' a friend said one day, 'it'd do me a world of good. I was completely run down and you can see for yourself how well I look today. Why don't you try it?' Thanks to this friend's advice I am in perfect health again, as healthy and as full of life and vitality as I have ever been."

Carnol is sold by your druggist, and if you can conscientiously say, after you have tried it, that it hasn't done you any good, return the empty bottle to him and he will refund your money. 9-622

SOLD BY H. E. CALKIN

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