

COWAN'S ACTIVE SERVICE CHOCOLATE

Little
Miss
MAIDEN
CANADA

For our Heroes—

At times during neavy bombardment the army commissariat becomes so disorganized that ordinary food is unprocurable for days.

During such times as this the value of a convenient and concentrated food that may be carried and handled easily, cannot be over-estimated.

Active Service Chocolate answers all the requirements of such a food. It is the most nourishing and wholesome chocolate manufactured. If you are unable to obtain this chocolate in your locality, write us, we will see that you get it.

Sold in 5c. and 25c. sizes.



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TIME AND LABOR SAVED MEANS MONEY EARNED

Every minute counts on the farm these days. More money could be earned if the days were longer. One way to spend more time on profitable work is to spend less on drudgery. Washing is very necessary, but it's drudgery just the same. It can be reduced to almost nothing, however, with the

PATRIOT

Spiral Cut Gear Hand Washing Machine



The Patriot is made by a firm that has been making washing machines for 32 years and the Patriot is their best hand washing machine. The Patriot is convenient, durable and easy to operate. It has a high speed, Ball Bearings and Cut Gears.

Ask your dealer to show you the Patriot or write to us for descriptive folder.

Dowswell, Lees & Co., Limited
Hamilton, Ontario

When writing advertisers will you be kind enough to mention The Farmer's Advocate

The Fashions.

How to Order Patterns.

Order by number, giving age or measurement as required, and allowing at least ten days to receive pattern. Also state in which issue pattern appeared. Address Fashion Department, "The Farmer's Advocate and Home Magazine," London, Ont. Be sure to sign your name when ordering patterns. Many forget to do this.

Send 15 cents per number when price is not marked.

When ordering please use this form:—
Send the following pattern to:

Name.....
Post Office.....
County.....
Province.....
Number of Pattern.....
Age (if child or misses' pattern).....
Measurement—Waist..... Bust.....
Date of issued in which pattern appeared.....



No. 9581 Dress for Misses and Small Women, 16 and 18 years.



No. 9650 Blouse with Side Closing, 36 to 44 bust.

No. 9556 Two-Piece Skirt for Misses and Small Women, 16 and 18 years.

No. 9653 Three-Piece Skirt, 26 to 36 waist.



No. 9511 Princess Coat Front, 34 to 42 bust



No. 9379 Boy's Suit 2 to 8 years.



No. 9414 Plain Blouse, 24 to 42 bust. Price 10 cts.

The Ingle Nook

[Rules for correspondence in this and other Departments: (1) Kindly write on one side of paper only. (2) Always send name and address with communications. If pen name is also given, the real name will not be published. (3) When enclosing a letter to be forwarded to anyone, place it in stamped envelope ready to be sent on. (4) Allow one month in this Department for answers to questions to appear.]

The Woman's Part.

EDITOR "THE FARMER'S ADVOCATE":

There has been much written and much said re the part that Canadian country women must play in the campaign for increased production. That we have an important part to play and that we are willing to play it we know, but the scene and manner of our activities do not seem to be so clear to us. Far be it from me to belittle the efforts of back-yard gardeners or organizations which aim at providing female help for the farms. These are all necessary and are doing good work but the greater part of the real work done on the farms by women and girls this year will be that done by our own farm women on their own farms. Every farmer knows that it is the constant regular worker on the farm who really counts; the worker who is experienced and interested in the successful performance of the work. This experience and interest can only be largely found in country-bred women on their own farms. The city girls will do their part no doubt and do it well but theirs will necessarily be a minor part. On the already over-burdened shoulders of our country women then this burden must fall. And if it is to receive fair treatment other less essential duties or pleasures must be dropped to provide time and energy for the new enterprise. And this is the problem that confronts us farmer women. "What are we doing that we can safely leave undone and what more can we do to help that we are not already doing?" And the problem each woman must solve for herself, as one woman's solution will not solve another's problem.

For instance, one woman who has never milked may assert with righteous pride that she is learning to milk in order that her husband may not have to leave the fields early this summer to milk. This will be a real assistance on that woman's farm. She may not herself secure any more milk than would the husband, but the additional work which he does in that extra hour each day for six months may rightly be credited to her account. But another woman exclaims, "Why, I always do the milking in the summer when the men are busy, so that would be no increased aid from me." Well that woman will just have to think it out for herself and determine just what help she can give which was never given before. After all every odd job we do this summer which releases a man for even a half hour's extra work will be an aid, for the men must in the end do the greater part of the farm work and all the women can do is help, very efficiently too. And the woman who is really anxious to work and do her part won't be worried whether she is equipped with the latest thing in overalls or is in her ordinary working apparel, as she sallies forth to put on her own screen doors and windows that her husband may not be called from his work, or, armed with pruning shears and hoe, essays to trim and clean the berry patch as efficiently as she once trimmed and cared for her rose bushes. We can safely trust our Canadian farmer women to do their part in the production campaign this summer and still "look well to the ways of their household."

"ONE OF THEM."

Dear "One of Them", you are quite right in thinking that in the matter of helping to feed the world in this crisis a greater burden will fall on the country woman than on the city woman, taking them on the whole. The country woman has the greater opportunity and the better training; all her life she has been doing more or less to add to the world's food-supply, whether by caring for poultry, making butter, or gardening, or all three combined. Now, as you say, a greater field than ever has been opened before her, for, by doing odds and ends that she never did before, she can save the time of her men for the more direct work of production.

Yes, it is all a matter which each must think out for herself—just how she can help most, while keeping, at the same time, her health and efficiency for all

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