

the intestinal discharges continue to be more copious, liquid and frequent than is natural.

6. After recovery or death disinfect all the articles worn or used by the patient with burning sulphur.

7. Typhoid fever sets in usually with a sense of fatigue, headache and diarrhoea. When you experience such symptoms take to your bed at once. Do not take purges or attempt by violent exercise to work it off. The danger to life in typhoid fever is much diminished by rest in the early part of the disease. Many of the worst cases occur in those who have had to undergo great exertion in the early stages of the fever.

Painless diarrhoea or simple looseness of the bowels occurring in one who has never had typhoid fever should excite suspicion while this disease exists in a neighbourhood. During the existence of typhoid fever in a community, all diarrhoeal discharges should be disinfected.