

# MARCH.

1845.

3. *Early Rising*; and in order to this, take no supper, or if any, a very slight one, and go early to bed. *The hour before bed time* should be spent in agreeable relaxation, or in such exercises only as tend to compose the mind and promote inward peace and cheerfulness.

## MOON'S PHASES.

Last Quarter, 1st day, 5h. 29m. morning.—S.

New Moon, 8th day, 1h. 52m. morning.—N.

First Quarter, 15th day, 9h. 8m. evening.—S. W.

Full Moon, 23d day, 3h. 34m. evening.—N. E.

Last Quarter, 30th day, 0h. 16m. evening.—W.

| D. M. | D. W. | CALENDAR, &c.           | Ris. & Sets<br>h. m. h. m. | Sun's<br>dec. S<br>d. m. | O. R. O<br>& sets<br>h. m. | High<br>water<br>h. m. |
|-------|-------|-------------------------|----------------------------|--------------------------|----------------------------|------------------------|
| 1     | Sat   | St. David.              | 6 27 5 33                  | 7 30                     | 1 13th                     | 7 31                   |
| 2     | SU    | 4th Sunday in Lent.     | 6 26 5 34                  | 7 8                      | 2 14th                     | 8 1                    |
| 3     | Mo    | Moon in perigee.        | 6 24 5 36                  | 6 45                     | 3 9kn                      | 8 46                   |
| 4     | Tu    | <i>Hail or ruin.</i>    | 6 23 5 37                  | 6 22                     | 3 50kn                     | 9 44                   |
| 5     | We    | Bat. of Barrosa, '11.   | 6 22 5 38                  | 5 53                     | 4 35le                     | 10 31                  |
| 6     | Th    | <i>Cold winds.</i>      | 6 20 5 40                  | 5 35                     | 5 10le                     | 11 10                  |
| 7     | Fri   | Perpetua.               | 6 19 5 41                  | 5 12                     | Sets. fe                   | 11 39                  |
| 8     | Sat   | Pollux s. 8 29          | 6 17 5 43                  | 4 48                     | 6 47fe                     | 11 48                  |
| 9     | SU    | 5th Sunday in Lent.     | 6 16 5 44                  | 4 25                     | 7 54le                     | morn                   |
| 10    | Mo    | Regulus so. 10 45       | 6 15 5 45                  | 4 2                      | 9 1he                      | 0 54                   |
| 11    | Tu    | <i>Falling weather.</i> | 6 14 5 46                  | 3 38                     | 10 0ne                     | 1 29                   |
| 12    | We    | Gregory martyr.         | 6 13 5 47                  | 3 14                     | 11 2ne                     | 2 7                    |
| 13    | Th    | Hersch. disc. 1781.     | 6 11 5 49                  | 2 51                     | 11 59ne                    | 2 47                   |
| 14    | Fri   | Ad. Hotham def. F.      | 6 10 5 50                  | 2 27                     | Morn ar                    | 3 33                   |
| 15    | Sat   | Moon ap. [fleet, '95.   | 6 8 5 52                   | 2 3                      | 0 51ar                     | 4 26                   |
| 16    | SU    | 6th S in Lt. Palm S.    | 6 6 5 54                   | 1 40                     | 1 37br                     | 5 37                   |
| 17    | Mo    | St. Patrick. Low tid.   | 6 4 5 56                   | 1 16                     | 2 20br                     | 6 50                   |
| 18    | Tu    | <i>Moderate.</i>        | 6 3 5 57                   | 0 52                     | 2 56br                     | 8 29                   |
| 19    | We    | [1815.                  | 6 1 5 59                   | 0 29                     | 3 30ha                     | 9 52                   |
| 20    | Th    | Bona. entered Paris     | 6 0 6 0                    | 0 5                      | 4 5ha                      | 9 48                   |
| 21    | Fri   | Good Friday. St.        | 6 0 6 0                    | N. 13                    | 4 25be                     | 10 20                  |
| 22    | Sat   | [Benedict.              | 5 59 6 1                   | 0 41                     | 5 1be                      | 10 52                  |
| 23    | SU    | Easter Sund. High       | 5 57 6 3                   | 1 5                      | Rises. re                  | 11 42                  |
| 24    | Mo    | Easter Mon. tides.      | 5 56 6 4                   | 1 29                     | 7 35re                     | eve.                   |
| 25    | Tu    | Annun. Lady Day.        | 5 55 6 5                   | 1 52                     | 8 45re                     | 0 56                   |
| 26    | We    | <i>Showery,</i>         | 5 54 6 6                   | 2 16                     | 9 55ie                     | 1 30                   |
| 27    | Th    | <i>with high winds.</i> | 5 52 6 8                   | 2 39                     | 11 6se                     | 2 24                   |
| 28    | Fri   | Moon in perigee.        | 5 50 6 10                  | 3 3                      | Morn th                    | 3 14                   |
| 29    | Sat   | Moon runs low.          | 5 48 6 12                  | 3 26                     | 0 25th                     | 4 19                   |
| 30    | SU    | Low Sunday.             | 5 46 6 14                  | 3 49                     | 1 6kn                      | 5 10                   |
| 31    | Mo    | Regulus south 9 23      | 5 44 6 16                  | 4 12                     | 1 58kn                     | 6 25                   |