

nnual College Sunday ices Yesterday - Pow-Sermon on Efficiency.

a man will be a hewer of drawer of water. A mere awn in the game of life; it he will be a leader and a

said, 'The grand fleet dom'-l will finally decide the fate arring nations. ler to bring before you

living crea

should be the first Man was made 'n ntioned. Man was made in of God, and we must expect e something like God in in-efficiency. Second, the face The lion has always been of of strength and courage. of Judah tooks it as their sich today is perpetuated up-titlah coat of arms. Here is d mark of efficiency which to find in our may be the In of emclency which and in our men of the This present terribls that out remarkable ex-courage. It was seen then England, in order aker nation, and to re-er plighted word, dread of the

along at its nd is what is on is the fourth



with the eagle eye can see less, and takes a deep in-he welfare of his church, his province, his dominion, and vitally concerned with all inected with the Empire." ag the reverend gentleman et us play the game of life nost. It is worth while, and ang its own reward."

## EME WEAKNESS D SUFFERING

low Mrs. Goodling got lief and Strength.

A.—"I have used Lydia E. Vegetable Compound and found it to be all yes say it is. I was se is that I could not stand at my sink to wash dishes and I ould not taiks and I had the doctor every few days but since I have taken the Com pound I don't have to send for him. I have had to thim. I have had the com pound I don't have to send for him. I have had the com pound I don't have to send to the com pound I to the com pound I don't have to to the the com pound I should be to be the com-tend to the compound I the com pound I to the com pound I don't have to to be the the com pound I don't have to be the the com pound I don't have to be the to the com pound I don't have to be to be the com pound I don't have to be the to the com pound I don't have to be don't have to

health to so many, no

Pinkham Medici tial), Lynn, Mass.

Ottawa, June 18.—H. B. Gust, of the parliament press gallery, who has represented the Montreal Mail and Montreal News here for some years, has enlisted as a private with the 207th Battalion of Ottawa. He is a graduate of Toronto University, and is recognized as a correspondent of exceptional ability. of strength-giving nutriment with the least tax upon the digestive organs. Shredded Wheat Biscuit contains all

For Belgian Relief.

Mrs. E. Atherton Smith, Regent, Royal Standard Chapter, I. O. D. E., sratefully acknowledges the receipt of \$17 for the Beigian relief fund from the Tide-head Dramatic Club of Campbellion, N. B.

Mary Pickford in the last two months has, according to rumor, join-ed forces with several different manu-ficturing companies, the latest report appearing in several of the cosmopol-tian newspapers is to the effect that she has definitely identified herself for the ensuing year with the Lasky.

Melodrama Made Without the Mellow.



Wheat Biscuit contains all the muscle-making material in the whole wheat grain-the most perfect food given to man—made digestible by steam-cooking, shredding and baking. Contains more real nutriment than meat or eggs and costs much less. Being ready-cooked and ready-to-serve, it is the ideal Summer food. Delicious for breakfast, for luncheon or any meal with milk or cream, or with fresh fruits. Made in Canada.



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