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MARKATAN PARAMETER PARAMET

The Home 48

DAINTY ACCESSORIES.

Every fastidious woman loves dainty things, and the wise woman has learned that the "style" of dress is frequently more apparent in the finishing touches than in the actual gown worn. A girl in soiled stock and tie, untidy shoes, or ripped gloves can never look well dressed, no matter how modern her grown or how expensive. With these accessorees fresh, dainty and becoming, any girl can appear well dressed on a very limited allowance, and it is remarkable how much one can save by learning to clean her own gloves, ribbons, laces and all such small belong ings.

Kid gloves may be cleaned by washing and rinsing in gasoline. Put the gloves on the hands and wash in the gasoline, as if washing the hands; then rinse in clear gasoline. Keep the gloves on the hands

gasoline. Keep the gloves on the name until nearly dry, and pull them off in their proper shape, and hang them in the air. White vells may be washed in a light suds by pressing and squeezing between the hands, but never rubbing till they seem quite clean ; then rinse in clear water slightly blued, with a lump of sugar added to give the right degree of stiffness. Dry by pinning evenly over some smooth sur-

face and exposing to the air.

Lace and ribbons may be cleaned by washing in suds made with white castle soap and soft, warm water, and the earlest way to clean the ribbons is to lay them on a clean table and scrub with a small brush dipped in the suds. Delicate-colored ribbons usually become faded before they are badly worn, and they can be colored any of the rich dark shades by dipping in Diamond dye for silk, and, if they are carefully pressed, they will look as nice as new ribbons. The ribbon should be covered with a cloth and ironed on the wrong side before it is quite dry, but each piece should be carefully smoothed with the fingers before pressing.—Examiner. should be carefully smoothed with

CONCERNING GLOVES.

Gloves from so important a part of a well-dressed woman's wardrobe that care in putting them on and taking them off should not be ommitted unless indeed one's purse be a very large affair. The heedless lady who hurries on a pair of new gloves at the first wearing may ruin their nice fit for all time to come. A good plan is to have one's gloves fitted on by the saleswoman in the shop where they are purchased. With a delicacy and gentleness which are caressingly pleasant she smoothes and pats and pulls, till the glove is moulded on the buyer's hand. When they are removed gloves should not be pulled off by the finger tips, but taken at the wrist opening or top should be peeled off, wrong side out. If moist from perspiration they should remain in the air until dry, then carefully restored to their shape, the fin-gers pulled out, one glove laid over the other. They should be laid between folds of tissue paper in a box. The thrifty soman is fastidious about her evening gloves and keeps them in a compartment by themselves. Best gloves for church or calling may be of light gray or cream white shades, of tan or of black. They should be relieved for common wear by second best, while for errands and running about to market or shop, old and often cleaned and repaired gloves may be utilized. No elegant woman wears soiled gloves. The cost of cleaning is slight. Many men clean their own gloves, using gasoline or naptha for the purpose. This must never be used in the evening or near a lighted lamp or flame of any kind, or near the kitchen range. Last summer witnessed a revival of the pretty black silk mitts, popular years ago. They are a dainty addition to a gentle woman's summer toilette, but the season for them is now past. -Christian Intelligencer.

HINTS TO DYSPEPTICS.

Eat slowly, masticating the food very even more so, if possible,

than it required in health. The more time the food spends in the mouth, the less it will spend in the stomach. Avoid drink at meals : at most take a few sips of warm drink at the close of the meal, if the food is very dry in character. In general, dyspeptic stomachs manage dry food better than that containing much fluid. East neither very hot nor very cold food. The best temperature is about that of the body. Avoid exposure to cold after eating. Be careful to avoid excess in eating. Eat no more than the wants of the system require. Sometimes less than is really needed mus be taken, when digestion is very weak Strength depends, not on what is eaten, but on what is digested. Never take vio lent exercise of any sort, either mental or physical, either just before or just after a meal. It is not good to sleep immediate ly after eating. Never eat more than three times a day. For many dyspeptics two meals are better tuan more. Never eat a morsel of any sort between meals. Never eat when very tired, whether exhausted from mental or physical labor. Never eat when the mind is worried or the temper ruffled, if possible to avoid doing Eat only food that is easy of digestion, avoiding complicated and indigestible dishes, and taking but one to three kinds at a meal. Most persons will be benefitted by the use of oat-meal, wheat-meal, crack ed wheat, and other whole-grain preparations, though many will find it necessary to avoid vegetables, especially when fruits are taken .- Public Health Journal.

TO CLEAN PAINT.

It frequently happens that when one moves into a new house the paint merely needs cleaning-not renewing. To do this requires more care than people think. In some houses, where the rent is Ow, the doors and windows receive only one coat of paint, and when this is scrubbed by the too energetic housewife a great deal of it is taken off. Therefore, in those cases, no soap should be used, but provide yourself with warm water, some whiting, and a soft flanuel. Sprinkle some whiting on the flannel, which you have wrung out of the water, and with it rub the paint until the dirt is removed. Rinse with clean water, and, wiping as try as possible, polish with a leather. Where the paint work has been neglected for many months, the following plan may be tried; Dissolve a bar of soap, cut small, in two quarts of boiling water. Then add two teaspoonfuls of powdered borax and two tablespoonfuls of turpentine. Let it become cold, when it will be a stiff jelly. Wring a flannel out of hot water, spread some of this on it, and rub the paint. Rinse with soft cloths.

BABY'S FIRST TOOTH.

A Family Event That Does Not Always Bring Unmixed Joy.

Bring Unmixed Joy.

Baby's first tooth does not came unannounced. Inflamed gums and impaired digestion produce a feverish and fretful condition about which the mother often feels concern. The baby boy of Mrs. George McGregor, of Hamilton, Ont, was troubled with diarrhoes while teething and was cross and restless. He did not sleep well and matters became serious. The mother writes as follows: "My sister has used Baby's Own Tablets for heaby and advised me to try them. I got a box and after giving the Tablets to the baby a few times he began to improve and was soon well. He is now a big healthy baby and whenever he gets fretful or does not feel well I give him a Tablet and he is soon all right again."

Baby's Own Tablets replace with great advantage castor oil and other nauseous, griping drugs. They sweeten the stomach, quiet the nerves and promote healthful sleep. They are guaranteed to contain no opiate and to be absolutely harmless. If your druggist does not keep them you can obtain a ful'-size box by mail, post paid, by sending 25 cents to the Dr. Williams' Medicine Co., Brockville, Ont., or Schenectady, N. Y.

WHAT THE TOYS SAID.

The Hobby Horse said,
As he shook his head:
"It's a long, long way to go
O'er the white snow's foam
To the Little Boy's home;
But I hear the tin horns blow,
And must race away till I'm out of breath
To the Little Boy who will ride me to
death!"

And the Toy Drum said:—

"I've a hardened head,
And away on my sticks I'll go
From this icy dome
To the Little Boy's home, I can beat my way through the snow! Away! away! till I'm out of breath. To the Little Boy who will beat me to death!"

And the Toy Doll said,
As her gold crowned head
Shone over the wintry snow;
"To the Little Girls
Of the golden curls
In a fairy coach I'll go;
Far, far away till I'm out o' breath,
To the Little Girls who will kiss me to

But the Elephant said:—
"If that way I'm led,
And they treat you all so bad,
I tell you now
That there'll be a row,
And they'll wish they never had!
For I'll pack them all in my trunk, you see.

see, And lock it, and throw away the key!"

WHAT ENGLISH WILL DO.

A report in a Missouri paper is quoted by the Chicago Chronicle as an example of what queer tricks the English language will play on one who does not does not master it.

At a recent church entertainment the master of ceremonies announced:

"Miss Bates will sing, 'Oh! That I had wings like a dove, for then would I fly away and be at rest,' accompanied by the minister."—Ex.

"THE DRINK."

A remarkable temperance sermon was delivered by a priest in Ireland, which concluded with this convincing statement to his flock: "What makes ye shoot at yer landlords? The drink! Ay, and what makes ye miss them? The drink!"

SYMINGTON'S COFFEE ESSENCE

makes delicious coffee in a moment. No trouble ne waste. In small and large bottles, from al

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Diarrhœa, Dysentery, Cholera, Cholera Morbus, Cholera Infantum, Cramps, Colic, Sea Sickness and all Summer Complaints.

Its prompt use will prevent a great deal of unnecessary sulfering and often save life.

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