

MY RULE OF CONDUCT.

" Learn of me for I am
meek and humble of heart "

It is simple, it is easy, and exacts nothing that my poor soul cannot accomplish; yet I feel that it unites me to God; that it renders me more devoted, more submissive in suffering, more faithful to my duty, and that it sweetly prepares me for death.

Since I have followed its teachings, it has ever been my consolation, my light, my strength, and yet, my God, thou well knowest that I have had painful hours in my life.

Dear souls, you who, like myself, wish to become saints, I give you my direction in all its simplicity; hearken to it, for it comes from the loving Heart of Jesus, and is based on these words of Jesus-Christ: "*Learn of me, for I am meek and humble of heart*"