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The Natives of this Kingdom, are very frugal, yet live in much plenty, the Earth producing every where abundance: Nor did their Navigation in former days, less conduce to their Support and Grandeur; being held the first *Europeans* that publickly Trafficked into the remote parts of the World, to bring it to any considerable Perfection. The People are generally straight Limbed, and well proportioned, very soft skinned, but somewhat inclined to swarthinness, by reason of the heat in those parts; the Air is very healthy, and the Country for the most part Hilly, though few of note.

The Roman Catholick Religion, is only publickly professed. There are three Arch-Bishopricks, viz. at *Lisbon*, *Braga*, and *Elvora*; and Ten Bishopricks. They have Parliaments as occasion requires it, held at *Lisbon* and *Porto*, and Twenty seven places have their Generalities; and the Revenues of the Kingdom is held to be about Ten Millions of Livers, not accounting their Colonies in the *East-Indies*: And although *Portugal* was seized on by the King of *Spain*, after the fatal Battle of *Alcazar* in *Affrick*, and the Death of King *Henry*, who Succeeded *Sebastian*, slain by the *Moors*; it revolted in the year, 1640. And is governed by a King of its own, as a separate Kingdom from *Spain*, and thus much for *Portugal*,

A Description of Italy, In its Kingdoms and Dominions, &c.

I*Taly* is a very Fruitful Country, and held for its Pleasantness to be the Mistress of all Countries, as it once was Empress of the World, and is incompassed with the *Adriatick*, *Jonian*, and *Tyrrian* Seas: Except, towards *France* and *Germany*, from which it is parted by the *Alps*, which renders it in a manner