

Thou, who suffered it for me, have Mercy on me.

God be merciful to me a Sinner.

Prayers after Confession.

O God of Mercy and Pity, having now, through thy gracious Goodness, disburdened my Conscience of the Guilt wherewith it was oppressed, and, in the humblest Manner I was able, discovered all the Sins I could possibly think of to thy Minister, my Ghostly Father: I most humbly beseech thee to accept this Confession, and forgive me all my Trespases, as well such as I forgot, as those which I remembered.

Grant me Grace, O Lord, to live more carefully and diligently hereafter, and to abstain from my former Follies, which I utterly detest, firmly purposing, through thy Grace, never any more to offend in them; especially, O my merciful and most bountiful Saviour, give me Grace to withstand those Temptations wherewith I am most grievously infested, [*here they are to be mentioned*] as also to avoid all the Occasions of offending thee for the future.

The just Man falls seven Times a Day, much more then shall I fall, O my Lord, having, through my own Frailty and vicious Customs, increased the Wickedness and Blindness which I received from my Forefather *Adam*; yet, Lord, as I hope and purpose firmly, by thy merciful Favour, to refrain from consenting to any mortal Sin, (from which