

matter, both for the historian and poet. Some men, indeed, regarding the Indian simplicity of life as essential to happiness, have left the refinements of civilized society, and retiring into the woods, have assumed the manners, and adopted the customs, of a particular nation. How captivating soever that simplicity may appear, either when dressed in the imposing language of history, or associated with the most beautiful images in poetry, it can have few attractions to that man, whose mind, guided by the principles of a sounder philosophy, has been led to form a different estimate of human happiness\*.

The Indians are strangers to a number of those diseases which are incident to man in a polished state of life. The manner in which they are treated in youth, and the nature of those hardships to which they are exposed in manhood, have certainly some share in ren-

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\* For further particulars concerning the Indian Nations in Upper Canada, see Mackenzie's *Voyages in North America*, Carver's *Travels*, and Charlevoix's *History of Upper Canada*.