

The author, Lieut. C. F. Upton, R. A. M. C., winner of the open light weight wrestling championship of the world, 1915, has designed a system adapted for all classes, schools and training corps. He has had world-wide experience in physical culture under Japanese and Indian professors as well as the most prominent European experts, and has concentrated into this book all that is most essential for a knowledge of modern physical culture. A British system by a British officer, and a welcome rival to the countless foreign systems flooding the market.

Now is the time when the schools, the great centres of factory and commercial industry, and the great offices under both government and private control, can take serious steps to procure means of physical improvement on a systematic basis, for it must now be recognized that sound physique carries with it increased energy both mental and physical, which must produce a higher standard of work. In schools particularly, where, one may say, the teachers have in their hands the physical and mental formation of the rising generation, this question of physical training is a very important matter.

Canadian business men, and those in other countries doing business, or prepared to do business in Canada, have felt the need of a concise and accurate source of information concerning Canadian industry, commerce and finance. Such a volume has just been prepared, and published by the Industrial and Educational Press, Ltd., 45 St. Alexander Street, Montreal.

The opening chapters of the book are devoted to a discussion of modern business methods as applied to Canada, in which the author deals with the three divisions — industry, commerce and finance — in a lucid and authoritative manner. The aim is to present the information in such a way as to make it easily comprehensible. The volume is of particular value to the young business man and to foreigners doing business with Canadian merchants. The information is especially useful to Canadian merchants at the present time when so many firms are beginning to do an export trade, to which a considerable portion of the book is devoted.

Percival Chubb, author of *Festivals and Plays* was one of the speakers at a meeting in New York of The Drama League of America. In the preparation of *Festivals and Plays*, which is designed for the use of schools and all those engaged in festival undertakings, Mr. Chubb was assisted by his associates at the Ethical Culture School in New York, in which he was then Director of Festivals.

A volume of poems by Alan Seeger, just published by Mr. S. B. Gundy, Toronto, reminds us that one of the greatest tragedies of this war is the heavy toll it is taking from the ranks of those whose lives gave promise of rich fulfillment — those "rich dead" whose hearts, as Rupert Brooke, one of their number, sang: "Were woven of human joys and cares washed marvelously with sorrow, swift to mirth," and "dying, have made us rarer gifts than gold."

Of this company of immortals is Alan Seeger, the young American poet, who died gloriously for France, on the field of Belloy-en-Santerre. As we read his poems and the story of his life we are reminded of Rupert Brooke. Both died at the age of twenty-eight, martyrs to the great cause of humanity; both were passionate devotees of the goddess of beauty; both typified the ideal radiance of youth and poetry; and both gave promise of immortal achievement.

The Most Interesting American — the phrase quoted by Colonel Harvey in the current *North American Review*, is Matthew Arnold's, and referred to the late Wayne MacVeagh, who is the subject of a striking tribute by Colonel Harvey in the *Review*. An article by Major-General Carter, U. S. A., on *Our Defective Military System*, one by Lieut.-Commander L. A. Cotten, U. S. A., on *Our Naval Problem*, and a paper on *How to Raise Armies*, by Sydney Brooks, in which the distinguished British publicist applies to America's needs the lessons learned through hard experience by England — there are the chief contributions of the March *North American Review* to the momentous discussions of the hour.

The public will welcome the new issue for 1917 of *5,000 Facts About Canada*, the popular and valuable cyclopedia of Canadian dates, compiled by Frank Yeigh of Toronto, the well-known writer and lecturer on the Dominion. No up-to-date and intelligent Canadian can afford to be without this "hardy annual," which is a revelation in concrete form of the wonderful growth of our country in a single year, despite war conditions; indeed, it circulates all over the world, and as such is a splendid advertisement. The chapter of *War Facts* is by the way, both timely and illuminating. Fifty other chapters are devoted alphabetically to every phase of our national life, from Agriculture to the Yukon, while several sketch maps are of high value. Copies may be had from newsdealers or by sending 25c. to the Canadian Facts Pub. Co., 588 Huron Street, Toronto, Canada.

Birds in the War Zone is the title of an interesting article contributed by Major Allan Brooks, of the Canadian Contingent to *Bird-Lore* for February. It describes the effects of shell-fire, trench warfare, and aeroplaning on bird-life in Flanders, and incidentally throws illuminating side-lights on the bird student as well as the bird.

Frank M. Chapman contributes to this number an amazing story of a hunter whom he recently met in the Andes, and who acknowledged that he has sent the wing and tail-quills of no less than sixteen thousand Condors to millinery houses in Paris.

Reports from over two hundred observers from *Bird-Lore's* nineteenth Christmas Bird Census give a clear idea of the character of the winter bird-life of the United States.

N. B. Official Notice.

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THIRD, SECOND, FIRST, and the next higher class of Normal Trained teachers of Nova Scotia, certified by an Inspector as competent and by the Superintendent in Nova Scotia as in good standing, and holding Dominion Physical Training Certificates of Grade B., may be admitted promptly for the corresponding classes of license by the Chief Superintendent in New Brunswick, for one year, on condition that such teacher or teachers engage to pass the examination in School Law and Civics required for the class for which application is made. If a candidate makes not less than fifty per cent on this examination, a permanent license of the appropriate class will be issued accordingly, to take effect at the beginning of the next school year.

W. S. CARTER,

Chief Superintendent of Education.

EDUCATION OFFICE, February 15, 1917.