

Mrs. Knox's Corner

Nourishing Desserts

A GROWN-UP'S as well as a child's dessert should be more than just something sweet to top off the meal; it should be a wholesome and nourishing dish which rounds out and perfects the luncheon or dinner.

For instance, a good nourishing dessert, which I have found to be a general favorite with all the family, is Chocolate Blanc Mange. It is a favorite with the housewife, too, because it does not have to be cooked over the fire, and it is so easily and quickly made.

A woman recently wrote me that this is now her husband's favorite dessert because it is so smooth and creamy and is always just right. He was very fond of Chocolate Blanc Mange, but every time she made it of corn starch he complained that it was lumpy and not smooth. A friend told her about my recipe; she tried it and it was a revelation to her. Now her husband praises it and complains because she does not serve it oftener—especially when they have company.



CHOCOLATE BLANC MANGE

- 1/2 envelope Knox Sparkling Gelatine.
- 1/4 cup cold water.
- 1 pint of milk.
- 1/2 cupful of sugar.
- 1/4 teaspoonful of salt.
- 1/2 teaspoonful vanilla.
- 1 square chocolate or 4 tablespoonfuls of cocoa.

Soak gelatine in cold water five minutes. Scald milk and add sugar, grated chocolate or cocoa and salt. When well blended, add the soaked gelatine and flavoring; pour into a wet mold or individual custard cups, and chill. Serve with milk, cream or custard sauce.

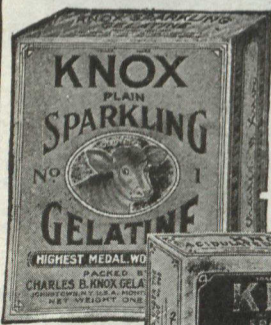
Not only does Knox Sparkling Gelatine make many delicious desserts which require practically no cooking at all—but being unflavored, it will blend with meats, fish, cheese, vegetables and fruits to make many different kinds of meat and fish loaves, cheese, vegetable and fruit salads—each adding an appetizing, luxurious touch to the meal—although in reality they are most inexpensive.

Besides being a pure, super-refined gelatine, Knox Gelatine is a favorite with housekeepers because of its economy. One package of Knox Gelatine goes four times as far as the ready-prepared packages and serves four times as many people. Flavored packages serve only six people and do for only one meal, while one package of Knox will make twenty-four individual helpings and serves a family of six with a tempting dessert or salad for four different meals. That is why experts call Knox the "4-to-1" gelatine—because it goes four times as far as the flavored packages, besides having four times as many uses.

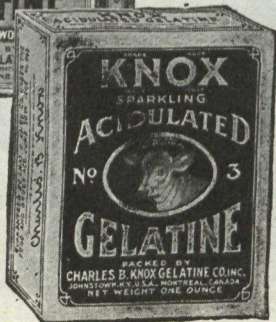
SPECIAL HOME SERVICE

If you are interested in other "Nourishing Desserts" and salads, write for my recipe books "Dainty Desserts" and "Food Economy," enclosing a 2c. stamp and giving your grocer's name.

MRS. CHARLES B. KNOX
KNOX GELATINE
Dept. F, 180 St. Paul St. W.
Montreal



"Wherever a recipe calls for Gelatine—it means KNOX"



This package contains an envelope of pure Lemon Flavor for the convenience of the busy housewife



IT WAS the week before little Willie's birthday, and he was on his knees at his bedside petitioning Providence for presents in a very loud voice.

"Please send me," he shouted, "a bicycle, a tool chest, a—"

"What are you praying so loud for?" his younger brother interrupted. "God ain't deaf."

"I know He ain't," said little Willie, winking towards the next room, "but grandma is."

And he continued, louder than before:

"—a scooter, a drum, a talkin' machine, and a pony. Amen."

EXPERIENCE, like a marriage certificate, is not transferable.

"**I HOPE** you've had a good night's rest," said the landlady to the new lodger.

"No," replied the mild-mannered little man, "your cat kept me awake."

"Oh," said the landlady, "and I suppose you are going to ask me to have the poor thing killed?"

"No, not exactly," said the gentle lodger, "but would you mind having him tuned?"



CROYDER, England, has found that German helmets—spoils of the war—are splendid substitutes for paving blocks. Tens of thousands of these are being used.

BETTER be a nettle in the sides of your friend than his echo.

A YOUNG lady recently sent this question to the editor of a ladies' weekly journal.

"Do you think it right for a girl to sit in a man's lap, even if she is engaged?"

The editor spent some time in thought and then answered her as follows:

"Yes; if it were our girl and our lap. Yes, again, if it were some other fellow's girl and our lap. But if it were our girl and some other fellow's lap, emphatically no. We don't approve of such frivolity."

THE SAME size derby covers a lot of different size brains.

A NOTED gambler and "con" man strayed into a church where a revival meeting was in progress. The leader, who knew his reputation, called on him to repent. "No need for me to repent," replied the bunco man. "Then how do you expect to get to Heaven?" asked the preacher. The gambler began to retreat. "Read the twenty-fifth chapter of Matthew, last part of the thirty-fifth verse," he answered. Much puzzled, the good man did so. He read, "I was a stranger and ye took me in."

GRIGGS: "When I don't catch the name of the person I've been introduced to, I ask if it's spelt with an 'e' or an 'i.' It generally works, too."

Briggs: "I used to try that dodge myself until I was introduced to a young lady at a party. When I put the question about the 'e' or 'i' she flushed angrily and wouldn't speak the whole evening."

"What was her name?"

"I found out later it was—'Hill.'"

THE VICAR took as his text: "The wicked flee when no man pursueth." When Georgie arrived

THIS page is compiled simply of waifs and strays. It is not intended to be either uplifting or demoralizing, sense or nonsense, clever or prophetic, so—

If the anecdotes chronicled hereon are "stale"—comfort yourself with the thought that you're smarter'n I am.

If the bits of news seem to you to be not extraordinary—take pride in the knowledge that you are an unusual and discriminating reader.

If you cannot agree with my views—write and tell me so. I love an argument.

If something on this page reminds you of something else, twice as funny, twice as interesting—send it in. I'll pass it on.

If the page appeals to you—read it as a personal tribute to me. Thanks!

The Editor

home he was asked by his doting grannie what the sermon had been about.

"I couldn't make out all of it, grannie," he replied; "but I think it was rather a nice one, about the wicked flea that nobody could catch."

WHAT the average man can't understand is why his wife has so much faith in him.

A MAN from the north of Scotland was on a holiday in Glasgow. On Sunday evening he was walking along Argyll Street when he came upon a contingent of the Salvation Army and a collection bag was thrust in front of his nose. He dropped a penny into it.

Turning up Queen Street, he encountered another contingent of the Salvation Army and again a smiling "lass" held a collection bag in front of him.

"Na, na!" he said. "I gied a penny tae a squad o' your folk roon the corner just the noo."

"Really?" said the lass. "That was very good of you. But, then, you can't do a good thing too often. And besides, you know, the Lord will repay you a hundredfold."

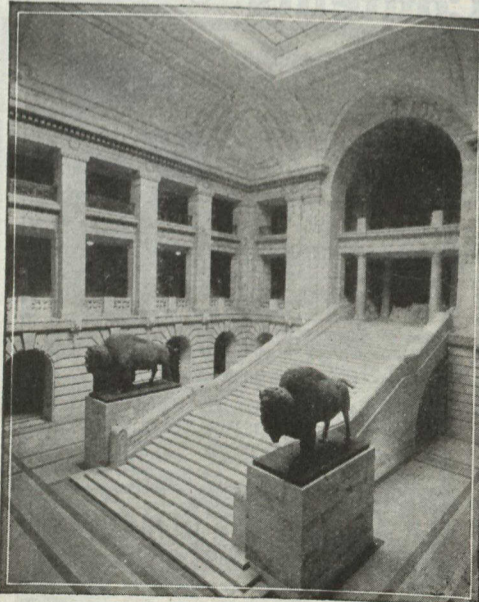
"Aweel," said the cautious Scot, "we'll just wait till the first transaction's feenished before we start the second."

TO REPEAT an unkind truth is as bad as to invent a lie.

HE: "If I were rich, darling, would you love me more than you do?"

She: "Well, I might not love you any more, but I should look forward to our wedding-day with a great deal more impatience than I do at present."

THERE is nothing sadder than a man who thinks he is funny.



THE picture shows Grand Staircase and Main Entrance to Parliament Buildings at Winnipeg.

THE WAY to keep happiness is to give it away.

ROBERT: "Mother, was Robinson Crusoe an acrobat?"

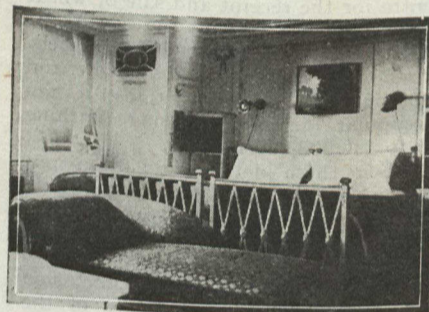
Mother: "I don't know. Why?"

Robert: "Well, this book says that after he had finished his day's work he sat down on his chest."

THE MORE you tell your troubles the more there are to tell.

THE Health Department of Toronto has made the following analysis of 127 cases of smallpox reported during March, showing the usefulness of vaccination as a preventive measure: Eighty-seven cases had not been vaccinated. Thirty-one had not been vaccinated within ten years. Six were vaccinated within two weeks of the time the disease appeared (too recent a vaccination to be effective). Only three cases where people had been vaccinated within nine years took the smallpox.

YESTERDAY'S unanswered mail is a mortgage on to-day.



THE first German liner to sail under the British flag is the "Imperator," which has been overhauled by a huge staff of ship engineers, painters and decorators, and is now making regular trips between New York and Southampton. This photo shows the bedroom of the ex-Kaiser's state rooms aboard the "Imperator."

AMONG recent memorable sayings regarding Canadian life and character has been Dr. John Logan's description of the spirit of Canadian literature as he believes it to be: To do one's work as well as one can; to be humble; but to be self-reliant and self-confident. Sir John Willison, writing on British and American relations in "The Canadian Magazine," says: "In the field of international relations the British people practise restraint as it is practised by no other people, and Canada can follow no better example." A rural mail driver in Ontario, speaking to two American visitors, is reported by "The Christian Science Monitor" as saying that he was of U.E.L. descent and that it was something to live up to. He preferred "the one and undivided Empire of associated free nations," and, he added, speaking of the American Revolution: "It was a mistake to split up the English-speaking peoples that way."

WHEN in doubt tell the truth.

IT IS not always easy—

- To apologize.
- To begin over.
- To admit error.
- To be unselfish.
- To take advice.
- To be charitable.
- To be considerate.
- To endure success.
- To keep on trying.
- To avoid mistakes.
- To forgive and forget.
- To keep out of the rut.
- To make the most of a little.
- To maintain a high standard.
- To recognize the silver lining.
- To shoulder a deserved blame.

—But it is always worth while.
MANY a born leader throws up the sponge and becomes a follower.