Callie Bonney Marble in Chicago Times-Herald "It is so long, dear, since I saw you-We have missed you from soires and ball;

And at our clubs and receptions, Why, we never see you at all. You used to delight in the opera. At a dance be the gayest one there, And trampled o'er masculine heartstrings-

A queen in our vanity fair.

"But now, like some nun in her cloister, The paths of our world know you not, And the foibles and tollies referred to You doubtless long since have forgot. Not so? Ah, then, Dora, do tell me What made you drop out of our set, And own that you think of past pleas-

With something akin to regret."

Volent, ringing laugh was the answer, And do you not really know Why I've given up balls and parties, And the other attractions forego? Why. I've given up flirting and dancing And the other joys of our sex; Carnot even be called a 'new woman,' With her aspirations complex?

Secure I am wholly engrossed, dear, In a club that numbers just four;
And though it claims quite all my ser-

Tis not I assure you a bore.
The members? Myself and three others,
All masculine? Billiards? On, no! No golf, nor tennis nor euchre-Wny, do you not really know?

Tis a home club, where love is the umpire, Palalsuffrage? You might call it so. the members-my boys and their father.

At I'll tell you-but whisper it

List the best woman's club in existence Is the one that includes our men, too. vi vote? No, Jack does that for me. and the boys wear the colors—'true ·blue.'

HOUSEHOLD HINTS.

a piece of rare beefsteak is left over is a breakfast, it makes an excellent andwich filling for luncheon, if chopped | jar. very time and seasoned with salt and response. In this condition it is much more digestible than when reheated in the maiversally detested stew.

Housekeepers who cook dried fruit roperly prepare it by washing it thornghly, letting it soak in cold water half all dirt or sediment has been loose d and washed off then rinse it thorughly and put, it to soak for twentyfour hours in clear water, Cook it slowly and not very long in the water in which it has been soaked. This process brings out the real fresh fruit flavor better than uny other,

Early morning exercise is denounced his dead image. nowadays by the majority of hygienic teachers. At that time, they say, vitality is at its loowest ebb, and needs the stimdation of food. About mid-atternoon is the best time for gentle outdoor exercise. At this time, too, it is most desirable that mental labor should cease.

Victoria pudding is a dish very com mon at English tables, and is made from boiled potatoes Pass them, while hot and in the mealy stage, through a sieve, and mix with them a little butter, sugar, two eggs to six medium-sized potatoes, three teaspoonfuls of cream, and the grated rind of a lemon. A pudding-dish is outtered, and preserved plums or peaches spread on the bottom. The potato pudding is poured over and baked in a moderate oven. Serve hot with light the fire in the morning powdered augar sprinkled over the top. That you can't keep books,

One way to stuff eggs is to boil them bard, cut them in halves, removing the yolks. Pound these with butter, sait, and a little anchovy paste. Refill the whites with the mixture, putting each half on a square of dry toast. Serve with a white sauce poured around each, with a dust of Parmesan cheese over it.

The best manicure acid is a teaspoon ful of lemon juice in a cup of tepid water. This not only whitens and removes all stains from the nails, but it loosens the cuticule much better than scissors do. A dash of lemon juice, too, in a glass of water is an admirable toothwash after the use of onions or anything that will affect the breath.

To those who study the niceties of detail in the preparation of even a simple dish, it may be suggested that chocolate used as a drick is much improved if blended several hours beforehand. It is better even to break the lumps of unsweetened chocolate into an earthen bowl the night before, adding cold water and covering closely. In this way the flavor of the chocolute is best extracted.

A French cook never, it is said, washes the pan in which an omelet is made. It is wiped clean with pieces of paper, then rubbed dry with a cloth. In this way the omelets made in the pan are not so apt to burn. These artists in cooking lay great stress upon the quality and the care of their tools.

It is the advice of an authority to those who would grow plump and preserve their complexion to keep warm, says an American writer. Many a wo-man has gone through life shivering and plain. when she might have been comfortable and pretty, if she had only known it. To be chilly and shivering about half the time, having cold hands and feet, is a serious tax upon one's per-

PURE BLOOD is the foundation of health. Hood's Sarsaparilla makes the blood pure, rich and nourishing and gives and maintains good HEALTH.

sonal appearance; but many women sub mit to it under the impression that it is a case of temperament, and must be endured. such make an effort to keep genially warm, and they will be surprised at the improvements in their looks. There is a mistaken notion, which obtains con-siderable credence, that the lightest underwear and bed covering that one can get along with contributes a toughening effect that is valuable. This is only true when the reverse practice is carried to extremes. A skin specialist says that the permanent roughness of some wo men's necks and arms came in the beginning from continued chilliness. What is known as a good flesh condition of the skin existed so constantly that it became permanent. If you belong to the thin, pinched sisterhood, make it a business to wear warm, light clathing and keep yourself in big, luxurious chairs, or in a nest of downy pillows.

> Once a week in summer and once a month in winter is, according to a hairdresser, often enough to wash the hair. For frequent washings weaken it. The scalp should be carefully dried after wards. The hair should be trimmed about once a month to prevent it from falling out. Occasionally, its condition becomes poor, just as the general system gets run down. It then needs a good tonic, and should have it; but other wise hairdressings are generally to be avoided. Brush thoroughly once a day, at least, and do not braid tightly at night. While care will do much towards strengthening weak growths of hair, it is, after all, a matter of temperament. I have seen strong young women. says a writer on the subject with very poor hair, and I have seen their opposites with magnificent locks. I knew an Irishwoman, sixty years old, who had blueblack hair with a satiny lustre that was beautiful lt fell below her waist, and was so thick that it covered her like a mantle when she let it down. I doubt if she had ever brushed it; a has y combing through in the morning and a twist, with a common back comb stuck in to hold it up, was all the dressing it ever got. It is such contradictory conditions as these that make it hard to treat hair successfully."

What Wlies Should Remember.

That 'blessed are the meek.' That nine men in ten detest gossip. That all angels are not of your sex. That confidence begets confidence. That men sometimes have 'nerves.' That there should be no place like iome.

That it takes two to prolong a family That the least said is the soonest

mended. That with all his faults you love him

That you should have no secrets from That husbands have troubles of their

That he's 'all right' when you know

That woman's best weapon is her weak-That home is more than half what

you make it. That he is just as anxious to get rich as you are.

That wives are unusually tayored in this country.

That he likes to hear that the baby is

That six pairs of slippers are enoug

for any man. That a man likes neatness in your at

tire at all timer. That you should not run up bilis with-

out his knowledge. That she who puts on the gloves should know how to spar

That it is policy to let him believe he is 'lord and master.'

That your relationship is closer to him than to your mother.

That a prompt and pointed answer

does not turn away wrath. That he does not get sleepy the same

moment that you do. That there are letter drop-boxes on the

near by corners. That you should not expect him to

That you can't keep books, and there

is no use of your trying. That he expects you to look your best when you go out with him.

That it does not improve his razor to use it for chiropodical purposes.

That house hunting is not reckoned by the average man as a pastime. That Sp.m. is 60 minutes past 7 o'clock,

not 15 minutes to 9.

FRILLS OF FASILION.

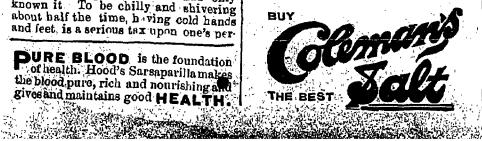
The latest thing in hats is a toque of white broadtail trimmed with white feathers. The low, broad effect in arranging the trimming on all hats is the novelty in midwinter millinery. High one-sided decorations are out of date.

Antique satin, peau de soie and satin duchesse are favorite silks of the moment. Besides these there are the corded and twilled silks in Oriental pat terns, which are used for waists. Roman striped taffetas make pretty petticoats.

Something new in lace is a 'wire-grounded' Valenciennes for trimming underwear and warranted to wear out the nainsook it decorates.

White sudde gloves are the thing for afternoon and evening wear, and white sudde slippers are worn for dancing.

The newest things among the novelties are gun metal beading, very much seen on fine half mourning dresses, and gun metal buckles for bats and throat latches, and in dress decirations, gun metal belts. Another charming recent arrival, to be halled by women of small purses and large ambitions, is the lace jewelry. Scraps of pretty old lace are applied on black or cream net and worn as dog collars, and as collars with lace tendrils falling out on the shoulders as pendants. Lace bracelets are among



other pretty oddities, and especially exquisite patterns are mounted on white wire and worn as coronets in the hair.

An American exchange says the promince of May are already being made, and tender hearts who will not have the plumage or bodies of dead songeters in plumage or bodies of dead songsters in their hats can this spring trim the hats with levely ibis feathers, that cost no lives and ara fair to look upon. Of course the purple ibis feathers from Egypt are to be classed among the costly beauties of millinery, but we have our own American scarlet ibis to borrow tail feathers from, which may be fixed in our They have shouted, lay and cleric, of the new wide brimmed hats This delicate plumage is dyed many handsome colors, and besides this and estrich feathers, to be sately adopted by any Audubonite, we are going to have levely hats later on trimmed gracefully and economically with nothing but masses of shot taffeta silk cut on the bias and every edge close-ly pinked. This piece silk will assume, in fact has already largely taken, the place of ribbon bows for the trimming of simpler hats.

The pain that sometimes strikes a man at the most inopportune moment is due to indigestion. It may come in the midst of adinner and make the least a mockery. It is a reminder that he may not eat what he chooses, nor when he chooses. He is a slave to the weak ness of his stomach. A man's health and strength depend upon what he gets out of his food. This depends on his digestion. Remove the obstruction by taking Dr. Pierce's Pleasant Pellets They are a positive cure for constipation and its attendant ills-headaches, sour stomach, flatulence dizziness, biliousness and "heartburn." The "Pellets" are very gentle in their action. They simply assist nature. They give no vio-lent wrench to the system. They cause Father Marquette, Monk La Carron, who no pain, nor griping.

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Page Pommela St. Amour, of the City and District of Montreal, wife, common as to proporty, of N. pedeon Vainde, of the same place, merchant, duly authorized "a cater en justice," has this day instituted an action against her said husband, forsecuration from proporty.

BEAUCHAMP & BRUCHESI,

Attys. for Plaintiff.

Montreal, 18th December, 1897.

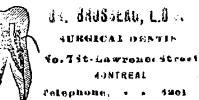
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Rose Pearl (fisch colored.) Weighted lower enter for shallow laws. Upper sets for wasted faces gold crown plate and bridge work, painless at tracting without charge if sets are inserted. Too: filed; teeth repaired in 50 minutes; sets in the hours (frequired.

WHAT CATHOLICS HAVE

BONDERS STATE OF THE STATE OF T

DONE FOR AMERICA.

Men have said and preached and written for a hundred years and more, That the Cathelics were never an advantage to this shore.

'patriotic' clan, America owes nothing to the 'Roman' Irisaman.

Come and read our country's story, and behold how they have lived, See how Catholics discovered, and the Irish for her died:

Lo, La Casa, famous Piuzon, with Columbus in command, Leaving sunny Spain behind them for a visionary land.

And Americus Vespucius, kneeling at the papal throne, Asking God to bless and guide him, in his quest of lands unknown.

What were they? I ask the bigots, were they Catholic by birth? Found they not for all God's people, best and greatest land on earth?

At what altar prayed the Cabots, great De Sota and Champlain. And the world renowned Balbon, who

our cities and our States, From Quebec to St. Augustine, onward to the golden gates

Were not Catholics the foremost: First and only in that day To protect and grant all people right to worship their own way

by a truthful hand-See the Cytholics who suffered and the onter ramparts manned

At Long Island, Trenton, Princeton, B andywine and Germantown, Monmouth, Moultrie and Point Stony Valley Forge of sad renown,

And whose blood bedewed each valley, and encrimsoned every rill, From the banks of Yerktown River back to bloody Banker Hia.

Who was founder of our may in those dark and doubtful days? Will Jack Berry and McDonough ever possible seas to enable at a contract of win the bigot's praise"

Know they not that sons of Patrick, who it seems they cannot bear, Saved our Wishington and army from starvation and despair?

Do they know that "Romish" Poland, "popish" Spain and "papist" France, Sent their snips to aid our struggle, war-

like men with gleaming lance? Have they heard of great Pulaski, Rechambeau and Lafayette,

sum s all never set; Gallant Moylan and O'Brien; Carroll, he whose noble hand Signed the scroll of independence for the State of Maryland.

The immortal Kosciusko, whose fame's

And the thousand other brave men, who fought well for Freedom's Chart, And whose names and deeds are graven on the Nation's grateful hearts?

And again in the Rebellion! Lo, the records brave and bright, Of the fearless sons of Erin in the awful, bloody fight

At Fair Oaks and Lookout Mountain, Gettysburg of deathless fame; Shiloh, Corinta and Antietum-Glory yet delights to name.

And at Fredericksburg and Vicksburg, where they charged through shot and shell, Till the rebels ran before them, as from out the mouth of hell;

Heard they of heroic Meagher, dashing Sheridan and Shields. Dauntless Corcoran, Phil Kearney, hero of Chantilly's fields;

But why thus pursue the story of the Catholics high deeds; It is eimply westing paper, for the bigot never reads. -J. T. Gallagher, M.D., in Donahue's

Magazine. What He Objected To-Dr. Molar (kindly)-Now, does that hurt?

Horephiz-I don't mind you working on he too h so much 1' you would only keep your sleeve button out of my eye.

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The about typor from the Pro-Health shows that in 186 the most sumption will 27 sporson in Onto-from this plazue, in fact, amost double those from scrib tower, and whooping cough, diplatheria at 1 bined

And the world renowned Balboa, who first saw the peaceful main?

Ponce de Leon. Varrezani, valiant Cortex and La Salle.

Father Marquette, Monk La Carron, who Lake Huron loved so well

And the Admiral Magellan, who first sailed the globe around,

And Cartier, who Canada and the grand St. Lawrence found?

Few I name, but they were potent in revealing this broad land

From the ley hills of Greenland to the torrid polar strand.

Turn a page, and view the founders of our cities and our States.

Initiated, So Adenide stro Cwest, AT is Software post office and express adores; are the to be defined the Sloram cure) will be presented to software the sufference should take in tant case. Creat for generate proposition, and where stress to their say you saw this recently in February Messas. Persons in Parada scenik Sloram could be in American mapers will please say a to complete to toronto.

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