

## The Onion Has Many Virtues.

For a clear skin and beautiful complexion nothing can beat onions. Those who include onions in their regular diet never suffer from neuralgia, headache or kindred troubles.

## GIRLS OF LONDON HEAR MISS MARY ALLISON

C. G. I. T. Program Must Be Lived, as Well as Studied, Said Speaker.

Although the rally of girls at the Central Collegiate Institute yesterday afternoon was not very large, it was a most inspiring meeting. Miss Mary Allison, Ontario girls' work secretary, was the guest of honor, the gathering having been called by the girls' work board of the city, in order to give the girls an opportunity of hearing her speak.

In her address Miss Allison emphasized the fact that the wearer of a C. G. I. T. pin, should be a real C. G. I. T. member, one who lives her four-fold program every day, not one who merely became enthused at great rallies and group meetings. She pictured the 40,000 C. G. I. T. members of the dominion, all in middie blouses and wearing C. G. I. T. pins, and expressed the hope that everyone should be a real C. G. I. T. girl.

She referred to the interest which the movement was creating, and in this connection told of how one mother had expressed to her the wish that the church would start a "Canadian Mothers' in Training" program.

Miss Allison stressed strongly the necessity for having girls carry out the C. G. I. T. spirit in the home. And taking "home" as a basis, she gave four words, corresponding to the letters with which it is spelled, and by them pointed out to the girls what the home stood for. The words were hospitality, others, memories and equality.

Miss Kathleen England, occupied the chair at the meeting; Mrs. H. D. Detwiler head of the girls' work board also being on the platform. An interesting singing was given by Miss Beatrice Brown, assistant girls' work secretary of the city.

Miss Verna Brazier reported on the Christmas work, and it is expected that most of the clubs will be undertake to supply presents to the men at Westminster Hospital.

## LORNE AVENUE CLUB.

The drive for new members of the Lorne Avenue "Mothers' Club" has closed, the team captained by Mrs. Gowie winning against Mrs. A. A. Spalding's team, which was now treat the winning team to a party at the Lorne Avenue Club.

The next meeting in December will take the form of an entertainment for the children of the school. At this week's meeting the chief speaker was the Rev. F. W. K. Harris, who spoke on the "School, Home and Church." Mrs. John Rose, who has but recently been elected to the school board, was also present and addressed the members.

A brief program included a reading by Miss Fannie Agnew, a piano solo by George McNaughton, a vocal solo by Mrs. Goldson, and a violin solo by Robert Rider. Mrs. Campbell and Miss E. Luck assisted in the serving of refreshments at the close of the meeting.

## FREQUENT HEADACHES

A Sure Sign the Blood Is Watery and Impure

People with thin blood are more subject to headaches than full-blooded persons and the form of anaemia that afflicts growing girls is almost always accompanied by headaches, together with disturbances of the digestive organs.

Whenever you have constant or recurring headaches and pain of the face, they show that the blood is thin and your efforts should be directed toward building up your blood. A fair treatment by Dr. Williams' Pink Pills will do this, and the rich, red blood made by these pills banishes the headache.

More disturbances to the health are caused by their blood than most people have any idea of. When your blood is impoverished, the nerves suffer from lack of nourishment, and you may be troubled with insomnia, neuritis, neuralgia or sciatica. Muscles subject to strain are undernourished, and you may have muscular rheumatism or lumbago. If your blood is thin and you begin to show symptoms of any of these disorders, try building up the blood with Dr. Williams' Pink Pills and as the blood is restored to its normal condition the trouble will disappear. There are many people who have their present state of good health to Dr. Williams' Pink Pills, and most of them do not hesitate to say so.

If you are suffering from any condition due to poor, watery blood, or weak nerves, begin taking Dr. Williams' Pink Pills now, and note how your strength and health will improve. You can get these pills through any dealer in medicine, or by mail, at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.—Adv.

## PERSONALS

Miss Lewis of Goderich is visiting Miss Madeline Green, Grosvenor street.

Mrs. J. C. Laird of Windsor is the guest of her mother, Mrs. George McBroome, Hyman street.

The Lieut.-Governor and Mrs. Cockshutt are entertaining at a dance at Government House on January 11.

Mrs. Harry Kingsmill, Mr. Sydney Kingsmill and Miss Chestnut of St. Catharines attended the Ridley College dinner held at the King Edward Hotel, last evening.

The informal at home given last evening by the Acadian Club in the club rooms was a delightful affair. Dancing was enjoyed with the De Luxe Orchestra in attendance, followed by a tempting supper. The committee in charge included Messrs. Fred J. Walker, W. Benton H. Sangster and D. Gerald.

Among the charming affairs of last evening was the dance given by the Nightingale Club in the Masonic Temple. Many attractive novelties were introduced during the evening, and excellent music was provided by the Orpheus Orchestra. The committee in charge included Mrs. J. H. Husband, Miss Etta Staples and Miss Verna.

Mrs. M. McKough, Helmut avenue, spent her home this week for social evening given under the auspices of St. Michael's Mothers' Unit. During the evening cards were enjoyed, the prizes going to Mrs. F. Graham and Mr. J. Shannon. Enjoyable piano selections were given by Mrs. A. Conway, and dainty refreshments were served later. The proceeds of this successful affair are to be used for a treat for the children of St. Michael's school.

The tea given this afternoon by the executive of the Ladies' Highland Golf Club at the club house was a charming affair. Mrs. Jared Vining was assisted in receiving the many guests by Mrs. A. O. Hunt. Pink gaily mums adorned the tea table, and the prizes were given by Miss Emery, Mrs. Travers, Mrs. Frank White and Mrs. C. E. Morris. Mrs. Arthur Little and Miss Ruth Kingsmill gave a number of enjoyable solos during the afternoon. In the tea room the assistants included Mrs. Angus Graham and Miss Josephine Macle, Lorraine White, Amy Bartram, Alice and Marjorie Dawson.

Scores of guests called at the home of Mrs. Corbin A. Brown, formerly Miss Margery Jenkin, when she received for the first time since her marriage at her new home in Central avenue. Mrs. H. Jenkin and Mrs. Arthur Brown assisted the hostess in welcoming the guests. The tea was served by Mrs. Brown, and the assistants were Miss M. Fuld, Miss Mildred Pocock, Miss Lillian Richard, Miss Anna Brown and Miss Dorothy Day.

## Mr. Salamander Pokes Out His Head and Shouts "Hello! Hello!"

By THORNTON W. BURGESS.

Danny Meadow Mouse, watching at a safe distance, saw Danny Meadow Mouse climb up on a little mound of sand and proceed to dig down in the middle of it. But he didn't dig. No, sir, he didn't dig. He changed his mind, and he changed his mind very suddenly. You see, his quick little ears heard someone in the ground just below him. He listened for just a second, then turned and scampered over to join Nanny.

"Look, Danny, look!" exclaimed Nanny in great excitement as Danny joined her. "You may be sure Danny turned and looked. Sand was being pushed up from the very middle of that little mound. The door was being opened, but it was being opened from the inside. The sand rolled down the sides of the little mound. Then out of the very middle a head was poked. Danny and Nanny held their breath. They hoped the owner of that head would come wholly out. They knew it must be the one Mr. Mocker called Salamander."

"Look, Danny, look!" exclaimed Nanny in great excitement as Danny joined her. "You may be sure Danny turned and looked. Sand was being pushed up from the very middle of that little mound. The door was being opened, but it was being opened from the inside. The sand rolled down the sides of the little mound. Then out of the very middle a head was poked. Danny and Nanny held their breath. They hoped the owner of that head would come wholly out. They knew it must be the one Mr. Mocker called Salamander."

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## WOMEN and THE HOME

## Dorothy Dix's Letter Box

The Middle-Aged Wife Whose Husband Is Having His Last Fling—Shall She Stand by Her Girl Friend When All the World Has Turned Its Back? Can Two Live on \$25 a Week?

Dear Dorothy Dix—I am a middle-aged married woman with a husband I still love, notwithstanding the way he acts. I have always worked hard, and made many a sacrifice to help my husband succeed in life, and until recently he has been devoted to me. But now he is inclined to find fault with everything I do. He is cold and distant to me, never says anything nice to me, never gives me any presents any more. He is a changed man, and I do not know whether he has ceased caring for me entirely or not.

Of course, there is a woman in the case. He is infatuated with a woman from whom he gets love letters, and on whom he is wasting his money. I do not know what to do. I hate to break up the home, and yet my heart is breaking over this change, and it seems almost impossible to stand the strain much longer.

Answer: I believe that in a case such as yours that patience and forgiveness are a better remedy for the situation than divorce. A young woman, whose husband has been unfaithful to her, can wipe off the slate, and make a fresh start, and rebuild her life again, but at middle age it is too late. A woman who has loved her husband for many years can no more really separate herself from him than she can cut herself in two, and still go on living. He is part of her very existence, and she is happier near him, even when her soul is torn with jealousy, than she is entirely away from him.

There is no excuse for a middle-aged man who has been a good, faithful husband suddenly turning into a Lothario, but it is a very common thing for men to do, and you have plenty of company, if that is any comfort to you. Brokenhearted Wife. Around fifty is the dangerous age for men when even the sedate of them often start to sow a wild-oat crop, and when they fall easy victims to any vamp who comes along. Why they do this heaven only knows. Perhaps it is a last flareup of romance before they settle down to old age. Perhaps it is sort of a reaction against the long years of jogtrot matrimony and a desire to see if they are still lady killers. Perhaps it is because by that time a man has usually made his fortune, and the gold diggers go after him.

Anyway, many middle-aged men break their faithful old wives' hearts, and make fools of themselves by indulging in a little flirtatious fling of which they soon tire, because it does not take them long to ascertain that they have gotten too old for such escapades; that they are at heart too moral to enjoy the double life; that there is small allure for them in bought kisses; and that, after all, there is no woman for whom they really care except the old wife at home with whom they have all memories in common, whose affection is true and tried, and who knows just what they like to eat, and what to do for their rheumatism.

So, if the old wife has enough patience, and philosophy, and humor, to let her husband have his little spree, he will come back to her a chastened man, and be a better and a tenderer husband to the end of the chapter. Nor should this be so hard for the woman to do, because no wife can live with a husband for twenty or thirty years without finding out that every man is a small boy who has to be spanked, and kissed, and forgiven every now and then.

Dear Dorothy Dix—I have a girl friend who, as far as I know, hasn't done any serious wrong, but that she has taken part in a disgraceful incident. I understand that she wasn't at fault in this case, and is trying to live it down. I feel sorry for her because I do not believe in turning your back upon a friend in trouble. But I find that people who know this girl's past are inclined to judge me by her.

Would you advise me to leave her alone, or to stand by her in spite of public opinion? A FRIEND IN DOUBT.

Answer: If you are convinced that the girl is innocent, and that she is really trying to do right, stand by her. There is often a crisis in which a woman is either pushed down into the pit, or lifted up into safety by just one outstretched hand. The fact that you believe in the girl will make other people believe in her, and public opinion, which blows first one way and then another, will veer to her side in time.

But it is true that we are judged by the company we keep. Especially girls are, and unless this young woman shows unmistakably that she has broken with her old associates, and that she is determined to walk warily, you will not be justified in making the sacrifice that is required of you.

Dear Miss Dix—I am engaged to a young man whom I love very much, and who loves me, but he only makes twenty-five dollars a week. Can two people live on that in these days? A. B. C.

Answer: I suppose they could if the woman was a very good manager, and they didn't have any sickness, and no babies came, but it wouldn't leave much margin for doctor's bills and dentist's bills, and all the other bills and life of daily life.

Much money isn't necessary for people to marry on, but you must have a margin of safety. No marriage is happy where there is continual anxiety over where the next meal is coming from, and where the wolf is howling at the door. Better wait until your sweetheart is making a better salary. DOROTHY DIX.

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## The Ontario Wine Company

Lake Shore Road, New Toronto

Are Makers of Two Highly Recommended Brands

Dr. Coventry's & Bludwine Invalid Port Wine

In combination with other ingredients of known medicinal value, they contain a base of PURE NATIVE WINE

Sold at all reliable Druggists

Telephone Lakeside 5454.

## Carrier Pigeon Fastest Bird.

A carrier pigeon, which many believe to be one of the fastest birds, can make four miles in three minutes. Carrier pigeons in a racing contest from Ghent to Rouen made 100 miles an hour.

## AWARD SPORT PRIZES AT UNIVERSITY DANCE

Medical School Gym Is Scene of Enjoyable Event Friday Night.

A happy informal dance was held last evening in the Medical School gymnasium by the athletic directorate of the Arts and Medical School departments of Western University. During intermission, the trophies won at the track meet in October were presented by the president, Professor N. C. Hart, assisted by Dr. E. G. Young.

The winners, who received their awards last evening were: Track and field (ladies), first, Misses H. Talbot, R. Duncan, M. Dawson, L. Montgomery, M. L. Drew, C. Stothers, M. Dawson, E. Dorney and I. McCubbin; individual championship, M. L. Drew. Men, first, H. James, R. A. Creasey, J. Sifton, S. Brownlee, G. Hungerford, C. Wilson and L. McCubbin; second, J. Sifton, F. Hungerford, H. James, R. Creasey, C. Wilson, S. Steadman, W. J. Ross and L. P. Gray; individual championship, Cameron Wilson.

Banners for inter-year work: ladies' event, Arts '27; men's pre-medical year '29; and Medicine '26. Tennis prizes: Ladies' singles, Olga Miller; men's singles, G. R. Targart; mixed doubles, Olga Miller and H. R. Newell. The Arts won the inter-faculty championship. Following this interesting ceremony dancing was resumed.

## Fashions by Wire

Special to The Advertiser.

Paris, Dec. 7.—Long, flowing sleeves of chiffon form a feature of many of the newest evening frocks. The sleeves invariably trail on the floor, in lieu of any other train.

Tight-Fitting Skirt. London, Dec. 7.—Skirt-gowned women at the Savoy and Berkeley are wearing a skirt that fits very tightly around the knees and flares below. This is hailed as one of the foremost fashions of next spring.

Egyptian Embroidery. New York, Dec. 7.—Egyptian all-over embroidery is seen today on swanky little short-coated suits designed for Palm Beach wear. In some cases, quaint little Egyptian faces peer out in the midst of lotus buds and ancient religious symbols.

Fur Has a Rival. London, Dec. 7.—Wool-backed satin, remarkably soft and luxurious, is rivaling fur as a lining for evening cloaks. Many of the richest and best beautiful fabrics are lined with velvet.



And what a wealth of pretty and artistic Christmas novelties are to be found in London's famous shops.

Follow Peg's weekly shopping tours and keep abreast with "things new."

EARLY Christmas shopping means 100 per cent service.

WOULDN'T you grown-ups like to cuddle a great big lovely doll with real human hair, fingers and toes, and live over again your girlhood? Just think, they talk, walk, undress and go to sleep. I saw the most wonderful dolls I ever saw in my life at the Doll Lady's Shop in the old Advertiser building. I wanted to be a little girl again just for an hour so I could sit in the dolls' playroom and cuddle a real ma-ma doll.

all satin with the flat flowers so popular just now. And so reasonable in price.

MAM JOHN. IT'S such a fascinating game you will soon have the whole family playing. Mingled with "Merry Christmas" you'll hear many "pungs" and "chows" this year, and the "Merry Christmas" will sound a bit merrier because of it. The sets at the Willow Hall are so pretty you must see them.

YOU know someone that needs silverware. Nearly every housewife does. There are always times when she is running short. Cowan Hardware Company have everything in sets and odd pieces that anyone could wish for.

HOME gifts always satisfy a woman. IT is such fun to heap the tea table with goodies and roll it into the sun parlor. Mother would like so much to have one when she serves Sunday night suppers. She knows, too, that they are a very attractive ornament to add to any room. The Thomas Furniture Company have beauties to suit any purse.

If you like home-cooked food, dine at the Blue Dragon Tea Room. Afternoon tea parties a specialty. The cosiest place in town.

THE story of Peter Rabbit, so dear to the hearts of children, may now be had in Q. R. S. word roll form at Heintzman & Company's for \$1.50. It would be futile to attempt a successful denial of the favorable and lasting impression made on the juvenile mind by the adventures of Peter Rabbit. You should go in and hear the song story yourself. You will find its melody infectious.

FASHION turns to tunics. THE Little Green Art Shop specializes in hand-decorated Christmas gifts. You will find on sale there a beautiful line of Christmas greeting cards known for their individuality of their hand-coloring and distinctive covers. 737 Richmond street, near Oxford.

YOUR table Christmas day should be laden with the best food obtainable. By selecting yours from T. A. Rowat & Company you are sure to have the best. Cheese imported from Switzerland, France and Holland. Tasty English biscuits, shortbread and which you should go in and hear the song story yourself. You will find its melody infectious.

I FOUND some very attractive Parisienne combs at the Grey Beauty shop which will help you solve your Christmas present problem.

A COMING attraction to Loew's entire week of December 15 is Leona LaMar, the youngest mind-reader in the world. She sees all, knows all, tells all.

MIRRORING the housewife's Christmas wishes. If you gaze right down into the mirror of her desires you will catch the reflection of beautiful china and glass. Willow Hall have the most gorgeous display I have ever seen. New designs in English china, brilliant colors in Japanese ware, every table accessory used, and their children's china—well, you simply cannot resist it.

A RETURN of the muff is prophesied. WHY wear out-of-date clothes, when yours can be cleverly overhauled at The Meadows & Rainey dressmaking establishment? They will make your last year's dress like new. They also make up new materials. Prices very reasonable, at one eighth-three and a-half Dundas street.

HOLLINS' Print shop have the finest assortment of children's games, toys and Christmas decorations. They are quite worth a trip to London East to see.

NOTHING can quite equal a lovely personal photograph as a Christmas gift to one's closest friends. The Darragh Studio do exquisite work.

DAINTY silk lingerie—the feminine favorite.

BEFORE deciding on that fur coat, you should see the bargains the Royal Millinery and Fur Company are offering during their tenth anniversary sale. Muskrat coats at \$95, real electric seal with sable or beaver trimmings for \$147. Hudson seal and Persian lamb at \$295. They are also showing the smartest little hats in metallic and satin combinations and

## SATURDAY Is the Last Day for Dress Lengths FREE

AT 259 DUNDAS ST.

With Every Purchase of \$5.00 or Over We Are Offering Free Dress Lengths

HERE ARE A FEW OF THE SPECIALS

34 in. Pongee Silk at	69c Yd.
Crepe De Chine	\$1.39 Yd.
56 in. All Wool Serge	89c Yd.
40 in. Canton	\$2.25 Yd.
Paisley	89c Yd.
Coatings	\$1.79 Yd.

COME TONIGHT.

## London Silk &amp; Woolen House

259 DUNDAS STREET

MAIL ORDERS PROMPTLY TAKEN CARE OF

## LONDON NURSE SERVES INSTITUTION 44 YEARS

Miss M. Flynn Retires This Week From Ontario Hospital Staff.

Miss M. Flynn, who this week retired from the nursing staff of the Ontario Hospital, has spent forty-four years in the service of that institution, and as such is a veteran nurse indeed.

On Dec. 28, forty-four years ago, a young girl began her duties at the Ontario Hospital. That girl was Miss Flynn. In those days the late Dr. Buckle was superintendent, and Miss Pope, the matron. There was no regular nursing staff. In fact it was only in 1904 that Miss Flynn became a graduate nurse, receiving her diploma with the first graduating class at that institution.

It is with a feeling of great sorrow that Miss Flynn is giving up her work at the hospital. She has come to delight in the care of her patients, many of them very serious cases, and she feels as if she were leaving some of her best friends behind. This week Miss Flynn was made a life member of the newly-organized Ontario Hospital Nurses' Alumnae.

Scalloped Hem Line. Paris, Dec. 7.—The scalloped hem line is here once more. Many velvet coats for winter wear have this interesting finish, which today is often outlined with fur.



## Girls! Use Moist Hair Brush

Try It! Instantly a Gleamy Mass of Beautiful Hair

The effect is startling! You actually see plain flat, oily or colorless hair become soft, fluffy, lustrous and abundant in a moment. Try it! When combing and dressing your hair, just moisten your hair brush with a little "Danderine" and brush it through your hair. You can do your hair up immediately and it will appear twice as thick and heavy—a mass of gleamy hair, sparkling with life and possessing

ness and luxuriance—yet not greasy, that incomparable softness, freshness and beauty. The hair "Danderine" is also toning and stimulating each single hair to grow thick, long and strong. Hair stops falling out and no longer disappears. Get a 25-cent bottle of delightful, refreshing "Danderine" at any drug or toilet counter and see how healthy and youthful your hair becomes.