## Harnessing the Nile--Great Dam at Assouan the walls. They are cut right through the granite dam and are closed or opened by steel doors, which move up

WITH DELUGE OF ABYSSINIAN WATER EQUAL TO TWO MIL-PENTER'S GRAPHIC DESCRIP-

[By Frank G. Carpenter.]

Pillar and the obelisks were taken by three crops every year. he ancient Egyptians, just below the

drops down over the first cataract. I basin-like terraces. save Egypt from famine.

We all look upon this as the oldest traces like an old plow mule.

In the past he has been feeding his He has sometimes stuffed her to reing a famine. This was the case dur- stand. ing the seven hungry years of Joseph's time, and the fat years of that day by a system of dams to hold back the imals and men.

drink. You have all heard of the wonders of the stream itself.

It is, with the exception of the Mississippi, the longest river of the world, so long that if it were stretched out In one straight line it could reach from the Great Lakes to the Gulf of Mexico, and then, turning, cross our country from the Atlantic to the Pa-

During the upper part of its course it is known as the White Nile, and this

At Khartum, 1.350 miles from the Mediterranean, the Blue Nile, which rises in the Abyssinian Mountains, times overflows into the villages, and piling of one stone upon another. comes in, and about 140 miles further

The volume of the Nile is enormous. lion tons of water go by every day. first cataract, where I now am. There Upper Egypt. is so much water then that no dam could hold it, and all of these great works have to be made so that the water can be let in and out and allowed to pass through at will.

RICH MUD CARRIED BY NILE. by the Atbara or Black Nile. It is waters. carried by the floods all over Egypt

the Black Nile become almost dry, and pushed by men, which run over it, the white water of the main or Vic- from one side to the other. toria Nile is about all that Egypt has, up by the Assouan dam, and it feeds lowed to pass over it from bank to remarkable structure.

# The Poisons

There are three ways, and three the walls of a palace. only, by which the system can be rid On the upper side or north face the of poisonous waste matter, the bowels, wall is perpendicular, forming a the kidneys and the skin.

on them falls the greater part of this down a ladder on that side at one work, and so long as they do their duty place almost to the river, and could there is seldom trouble with the kid- see that the blocks are fitted so closely neys or skin as excretory organs.

become sluggish and constipated there stone throughout with the exception is work thrown on the kidneys which of where the great sluices are cut, to they have no business to do, and which allow the river to flow through at they cannot do for any length of time times of the flood, and as the floods without becoming deranged.

ment which recognizes this condition. There are 180 of these sluice gates of affairs, and that is Dr. Chase's in the dam, each of which has steel Kidney-Liver Pills. This is, so far as doors that can be raised and lowered we know, the only kidney medicine to allow the whole river to flow which regulates the bowels, as well as through or to hold back as much or the kidneys, and thereby removes the as little as the engineers will. The cause of trouble and cures the most dam is thus a great stone wall pierced complicated cases.

liver and bowel troubles, and which gates and the canal at one side. When could not therefore have been pre- the gates are closed during the dry vented by the use of Dr. Chase's Kid- season, enough water is held back by ney-Liver Pills. One pill a dose, 25c this structure of steel and granite to a box, at all dealers, or Edmanson, form a lake 140 miles long, and this Bates & Co. Toronto.

MUD-MIGHTY FORCE OF THE have been pouring down through this of the structure it is necessary to Nile Valley, but whenever the rains know the enormous weight it supports. have been scanty in the highlands of When the reservoir is full the water in LION HORSES-FRANK G. CAR- Abyssinia and in Central Africa the it amounts to almost a quarter of main stream has not been high enough trillion gallons. It contains 234,000

to reach the whole country. flooded only once a year, and if the were all loaded upon wagons it would Nile was especially low some could take two billion horses to haul the have no water at all. By the new sys- load. tem it is planned to give Egypt water | We have in the United States some-Within a mile or so of the red gran- all the year round, and to supply thing like eighteen million horses. te quarries out of which Pompey's enough to make it produce two or One hundred times that many, all har-

irrigation works of the past. The masonry is required to hold back. sland of Philae, with its stone temples whole of the Nile Valley above Cairo If the water could be loaded on built ages ago to the Goddess Isis, far is cut up into a series of basins. For freight cars at 100 tons to the car, it up the Nile Valley, on the edge of 600 or 700 miles north of this point would take 10,000,000 cars to carry it, Lower Nubia, I write these notes for the valley slopes very gradually, and, and if each car were forty feet long the in order to save the water, dikes have train would reach 30,000 miles, or one-I am in the heart of the desert, 700 been made across it and embankments third of the distance from here to the miles south of the Mediterranean Sea, run parallel with the river, turning moon. at the point where the great river the whole country into a series of There is water enough in the reser-

have come here to describe the As- Each basin contains from 5,000 to United States all they could use for souan dam, which the British have 15,000 acres, and the dikes are such six or eight months, and enough to built to harness the Nile and thereby that the water has to flow from basin GAL tHREE-Harnessing the Nile to basin, between the Nile embank- supply Great Britain and Ireland all ments and the walls of the desert so the year round. If the water were of rivers, but the Nile god of 1907 has that none of it is lost. These basins loaded on two-horse wagons, each many new aspects. For ages he has are often subdivided, and they are so team being given a width of eight feet been ramping and charging at his own connected that the water flows from and a length of forty feet on a road-

Jaughter Egypt or not, as he pleased. higher up, until at last all have become equator. great ponds and Egypt is one vast GREATER THAN THE PYRAMIDS pletion, and at others has held back inland sea cut up by the embankments his supplies of water and mud, caus- and islands upon which the villages

IMMENSE IRRIGATION SYSTEM.

Egypt from time to time since the days and some small. There are also bas- made so that it would retain this huge of the Pyramids, and it is only within ins higher up closer to the river which lake and at flood time let a lake equal the past generation that man has at- are filled with sakiyehs or shadoofs, to it pass through every day. tempted to control the old river and rude irrigation pumps worked by an-

this way, and there are now great ated in order to take advantage of the years. barrages at Cairo, at Assiout, and, flow of the river. They have to be more important than all, away up here so made that the water can be drained Abyssinian mud contains a great deal \$12,000,000, and the men who worked But first let me tell you in a nutshell of salt, and it is just as bad to have upon it were better paid than any how Egypt is watered. The country is land is overwatered the salts dissolve valley of the Nile. both land and people their food and has made Egypt becomes wormy and the crops are of- the most prosperous country of the the nations who are difficult to disten sown too late.

The red water, or that containing the salt, is allowed to stand on the this time it drops a great deal of sediment and furnishes enough moisture for the crops.

trolled by the village headmen, and the Egypt. should be called the main stream of least break is filled with stalks of mil-let and earth. The village officials than the pyramids in its mechanical often finished in some extraordinary the globe must therefore be abandoned. least break is filled with stalks of milhave the right to call out the people to construction. Old Cheops is built on way which he fancies to be original. help, and no one refuses. If the Nile gets too high it some-

north the Atbara or Black Nile, which flood the people go about in boats dred feet wide and a hundred feet deep with as much ornamentation as posalso is from Abyssinia, joins the main from village to village. The donkeys, had to be excavated in the granite sible. Silk facings, braided edges and

plows its way through the desert val- as the floods subside. Harvest comes The dam itself contains more than The German is in many instances a ley, in which it has built up Egypt, on within a few months, and unless a million tons of granite and about modified American. He likes plenty of At flood times here at Assouan a bil- be kept high throughout the year and the river at every hour of the day, and The river then rises twenty-five feet round. This is already the condition tell them what the Nile is doing in at Cairo, thirty-eight feet at Old in a great part of the delta, and it is Abyssinia, in Central Africa and the Thebes and almost fifty feet at the aimed to extend it to the farms of Soudan.

> GREAT DAM AT ASSOUAN. The Assouan dam is one of the won-

ders of modern Egypt. It is in full

men, some by animals and some by ing 120 feet above the bed of the river, After the floods subside the water walls on its top, and there is a little possesses. grows clear again. The Blue Nile and car line, the wagons of which are CONTF

The dam serves as a bridge as well.

the trot to time to examine the construction. Must Be Removed The dam is made of great blocks of red granite as fine as that of any tombstone in the United States. They are beautifully cut and fitted as closely as

straight up and down barrier against The bowels are named first because the waters of the Nile. I climbed

that the cement does not show. When the bowels fail, however, and The wall seems almost one solid subside to shut back the waters to form Now there is only one medical treat- the great reservoir for the dry season.

by these gates.

You can scarcely find a case of kid- The Nile never flows over the top ney disease which did not begin with of the dam, but always through the is let out as needed, to supplement the

ENRICHING PLAINS OF EGYPT water and mud as in the times of the ordinary flow of water all summer

through. For thousands of years these rivers In order to appreciate the strength million gallons and weighs over 1,000 The most of the lands could be million tons. It is so heavy that if

nessed together and ail pulling at once I have been much interested in the could not carry the weight which this

voir to give all the families of the sweet will, but he is now being har- one to the other and finally passes out way, the line of teams required to nessed and will have to work in the of the lower basin back into the Nile, carry it would be one-half mile wide When the floods come, the lowest and would form a solid train of that basins are filled first and then those width encircling the globe at the

The weight is indeed stupendous and the force inconceivable. Nevertheless, during the floods fully as much water runs through the dam every day as the There are forty-five such systems of whole supply kept back in the dry were undoubtedly produced by high Niles. Such changes have occurred in basins in upper Egypt, some large and season, and the structure had to be

souan dam is far more wonderful than waters and let them out over the farms When I tell you that the fall of this they. The Pyramid of Cheops revalley from here to Cairo is only seven quired 100,000 men and thirty years in Within the past twenty years some- inches to the mile you will see how its building. The Assouan dam was Eng., says: thing like \$50,000,000 has been spent in carefully these basins must be gradu- constructed by about 11,000 men in 4

the salt, is allowed to stand on the land reason for the land just about forty days. During than paid for its cost every year, down made as they are five from those than paid for its cost every year. taxes have increased \$2,000,000, and iz: the products of other countries. Few people have any idea of the the lands owned by the Government work the Egyptians do in irrigating have become worth \$5,000,000 more. By erally quite two sizes too large for that at an early stage of the earth's his-

the edge of the desert on a solid stone | The Frenchman is dressy, his gar-

From the mouth of the Atbara to the sea there is not a branch or stream of any kind connected with the river. It buffaloes and bullocks live on the rock; it had to be bedded with confantastic flaps are all characteristic of also finds that radium plays no important

can plant again. If they can have a ounce of stone and steel will hold dam like this at Assouan, the Nile can back. They know the exact weight of they can grow crops all the year they have telegraphic reports which

great rain, and they know to a ton in the uniformity of his garments. just how much water Lower Egypt is sight of me as I sit here on the left They even estimate the force of the suitable he discards a vest, and his of the mysteries of the centuries. Now bank of the Nile, with the desert at sun on the water and know how much jackets are close-fitting and finished comes. Professor See, who shows that it my back. It looks like a great stone it drinks up every day. When the with a low roll. Generally speaking, was due simply to the expulsion of lava It is at flood time that the Nile viaduct crossing the rocky bed of the reservoir is full old Sol takes a million there is less peculiarity to note about from beneath the Gulf of Corinth, which Valley gets its rich feed of Abyssinian river joining the stong hills which and a half tons from it every twenty- the Spaniard's dress than with many thus made the sea bottom unstable, and This is brought down in part wall the Nile on both sides and hold-four hours, and the engineers estimby the Blue Nile, but more abundantly ing back a portion of its mighty at the evaporation not only at As-

I have had some talks here with Mr. machinery, it is conducted to nearly being a mile and a quarter in length. dam, and am surprised at the wonder-McDonald, the engineer in chief of the There is now a roadway guarded by ful intelligence bureau which Egypt

CONTROL WATER BY SLUICE

only and not with a thick mixture of two Arab boys who came behind on each as high as a two-story house, and mark the English garment. so wide that you could drive a hay

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and down inside the wall on rollers. Upon the top of the dam there are machines for moving these gates, and

they are so made that a child could operate them. They are so equipped that they can be moved by hand, and this mighty force, so great that 2,000,- AND NOT GROWING ANY COOLER, 000,000 horses would be required to move it, is now controlled at will by the muscular power of a single man This thought was impressive as I

sat below the dam, right where the eight central sluices pressed onward by the millions of tons of water lying behind them pour forth their mighty flood. I had climbed down the steps at the north side of the center of the great structure to make a photograph of the streams flowing through.

They came forth with a rush as great as that of Niagara and go foaming over the rocks with a force that might generate thousands of horsepower. The noise is like thunder and the streams fairly shake the earth. my right, and further over I could see the spray from others all dashing through the dam until they met in a vellow foaming mass several hundred! the rocks to Egypt

They flow out with such a force that they tear up the rocky bed of the formations. Now comes Professor See with Nile, lifting stones weighing many tons an elaborate argument more exhaustive and carrying them some distance down stream. They have done so much damage of this nature that a cement foundation has now been made below the dam itself in order to prevent the gouging out of the bed and thus unrmining the main structure.

#### NATIONALITY TOLD BY CLOTHES

FOREIGNERS AS VIEWED BY LONDON TAILOR-MEN OF VARIOUS COUNTRIES.

A man's dress invariably proclaims

The pyramid was made by forced who and what he is; it is an index to cause, labor and it improverished the peo- his character, his tastes, and his naoff as rapidly as it is let on. The ple. The dam cost altogether about tionality; and, without making a too shaking earthquakes proceed from the abtruse study it is possible to inditoo much of it as too little. If the others who have ever labored in the cate those features which proclaim the nationality of the wearer.

Of course there is an aristocracy of beneath the oceans. don made, as they are free from those

The Assouan dam is more wonderful lounge and Chesterfield, and these are to the secular cooling and contraction of

platform, and it is little more than the ments are close fitting and decidedly "waisty." He favors the frock and the the mud huts crumble. During the For the Assouan dam a trench a hun- morning coat, which he has finished

> is often a seam up the front of his ments are angular, and in style he quakes were due to the same cause as that favors the morning coat and lounge. There is a lack of personality about the Academy in Athens, and Aristotle his attire, and one can invariably de- was a boy 11 years old, the Homeric city They have dispatches as to every tect the result of his military training of Helike, on the southern shore of the

using, so that they can tell how much the Frenchman. His garments are mic sea wave. or how little to let out for the farms. tasteful and neat. If the weather is The cause of this disaster perplexed the They even estimate the force of the suitable he discards a vect. and his Athenian sages, and has remained one

The Austrian and Hungarian parsouan, but all along the great stream ticipate in the characteristics of the was first devastated by the movement of carried by the floods all over Egypt and by means of irrigation canals and by various pumps, some worked by various pumps, some worked by twenty-six feet wide at the top, riscut and finish, suggesting a skillful was covered by the waves until only the blending of French and German no- tops of trees remained above water. tions. On the other hand, the Italian that you get more of the artistic finish ed, and in the concluding note attention of the French in their clothing than you find in the Austrian or Hungarian.

The Norwegian and Dane are sel-I am also amazed at the strength dom distinguishable from the Eng-It is this white water that is stored and donkeys, camels and men are al- and delicacy of the machinery of this lishman as far as their clothes are the country in much the same way as bank. I crossed on the car at a cost It is so arranged that a child can ness that is apt to suggest stiffness in concerned, except it be in a preciseour irrigation canals do, with water of 25 cents, my motive power being operate it. The great sluice gates are place of that ease and grace which

The colonial is invariably attired in As I came over I stopped from time wagon through them without touching utilitarian garb, a tweed lounge suit in a modified English style, cut for comfort and made up for strength. He has no desire for show, and cares little for decorations, so that he is rarely seen in a frock or morning coat.

RECENT ORIGIN OF TROUSERS.

The modern custom of wearing trousers was taken from the military dress introduced into the army by the Duke of Wellington during the Peninsular War, says the Tailor and Cutter. In early days hese were known as Wellington trousers, after the duke.

When they were coming into general kidneys. use at the commencement of the nineteenth century the religious world were most determined in their opposition. A clause in the original trust deed, dated they require the assistance of Dr. 1820, of a Sheffield Nonconformist chapel provided that "under no circumstances whatever shall any preacher be allowed to occupy the pulpit who wears trousers."

But this was not all. Some doubts were the question whether a man could be religious and appear in trousers. One of as Dr. Hamilton's Pills. For all wothe founders of the Primitive Methodist manly irregularities their merit is body remarked to a colleague in the ministry "that trousers wearing, beer drinking so and so will never get to heaven. Father Reece, a famous Methodist minister, twice president of the conference are safe, and are recommended for

PROF. SEE CONCLUDES.

The Crust Only About Twenty Miles Thick, and Earthquakes, Volcanoes and Mountains the Results of Leaks -Endeavoring to Demolish Prevailing Theories.

In the September number of the Proceedings of the American Philosophical Society, Professor T. J. J. See, U. S. N., has a memoir of the cooling of the earth and the theory of earthquakes held by the Each is about fifteen feet in height ancients. In part the memoir is a further and is as yellow as mud. There were elaboration of the paper published last eight such streams of golden foam at March by Professor See to show that earthquakes are due primarily to the leakage of the ocean's bottom.

feet below me and rolled onward down by have held that the earth is cooling, and herefore slowly contracting. In this way they explain earthquakes and mountain that that of Lord Kelvin, tending to show that the effects of secular cooling of the globe are insensible, and totally denying the contraction of the earth.

For almost a century scientists general

Professor See's memoirs may be summarized as follows: The earth's temperature has an elliptical distribution within, being about 8,300 degrees Fahrenheit at the center, and falling off toward the surface, where it is zero. As the earth slowly cooled, the crust was the only part which experienced an appreciable fall in tempera-

Hence the crust is thin, with a thickness of not more than twenty miles, which agrees with the depth deduced from the study of the world-shaking earthquakes. The great earthquakes originate at a depth of about twenty miles, and none is known of a depth exceeding forty miles. As the earthquakes all have superficial origin, and no shakes have a deeper The Tailor and Cutter, London, source, it follows that there is no deepseated contraction of the earth. Conse quently all changes in the crust are due to ordinary earthquakes, and to no other

Secular cooling is infinitely slow, and affects only the crust, whereas worldlayer just beneath the crust. As earthquakes occur mainly along the seacoast, they cannot depend on secular cooling, but must be due to the expulsion of lava from

Hence great earthquakes are not due world. It has added to it more than tinguish except by some peculiarity of to secular cooling at all, but to the leak-1,500,000 acres of tillable land and has face or figure. Their clothing is re- age of the oceans, which produces steam than \$13,000,000 per annum. It has more fined and tasteful, and leads one to beneath the crust. This eventually pushes

As the effects of secular cooling are in-Since it has been built the yearly glaring peculiarities which character- sensible, it follows that the earth is not contracting, as held in the books for The American's garments are gen- three generations. Dr. See shows, indeed, and taking care of their farms. The the raising of the dam, as now him, the collar of his coat is exceed- tory, contraction was going on, but it It rises in Lake Victoria, in the heart of Central Africa, and drops a distance greater than the altitude of the highest of the Alleghenies before the flows into the Mediterranean Sea the highest of the Alleghenies before ments are watched as the Dutch watch lt flows into the Mediterranean Sea. the dikes of Holland. They are pathenic seams. His favorite garments are the ltm of the countries of the Alleghenies before ments are watched as the Dutch watch watch the crust. This will almost double the amount of trousers pegtops finished with raised pumice everywhere beneath the crust. Seams. His favorite garments are the

> The mountains are formed by the expulsion of lava from beneath the sea, and hence they are parallel to the coast. Dr. See concludes by a mathematical inquiry that the age of our encrusted earth does not exceed some ten million years, which is a much shorter time than geologists have generally allowed. He

Professor See translates Aristotle's theory of earthquakes, which has never before been made accessible to English readers. The Greeks all held that earthnarrowing and widening until a few they have some mean of irrigation, 15,000 tons of steel, and the calculation, especially about the chest, pors within the earth, which tended to quakes were due to the agitation of vamiles below Cairo, where it divides outside the Nile floods, they must wait into two great branches and flows off until the following year before they consequently there which part of his anatomy he delights escape and diffuse themselves in the attention to make much of; consequently there can be seen and steel will hold to make much of; consequently there can be seen and steel will hold to make much of; consequently there can be seen and diffuse themselves in the attention to make much of; consequently there can be seen and diffuse themselves in the attention to make much of; consequently there can be seen and diffuse themselves in the attention to make much of; consequently there can be seen and diffuse themselves in the attention to make much of; consequently there can be seen and diffuse themselves in the attention to make much of; consequently there can be seen and diffuse themselves in the attention to make much of; consequently there can be seen and diffuse themselves in the attention to make much of; consequently there can be seen and diffuse themselves in the attention to make much of; consequently there can be seen and diffuse themselves in the attention to make much of; consequently there can be seen as a second diffuse themselves in the attention to make much of the can be seen as a second diffuse themselves in the attention to make much of the can be seen as a second diffuse themselves in the attention to make much of the can be seen as a second diffuse themselves in the attention to make much of the can be seen as a second diffuse themselves in the attention to make much of the can be seen as a second diffuse themselves are can be seen as a second diffuse themselves are can be seen as a second diffuse themselves are can be seen as a second diffuse themselves are can be seen as a second diffuse themselves are can be seen as a second diffuse themselves are can be seen as a second diffuse themselves are can be seen as a second diffuse themselves are can be seen as a second diffuse themselves are can of a volcano, and concluded from the ccat from the waist. In cut his gar- vapor noticed to escape that all earthproducing eruptions.

When Plato was 54 and at the head of Gulf of Corinth, was thrown down by an The Spaniard is a modified form of earthquake, and overwhelmed by a seis

when it gave way it also carried the shore on which Helike stood; indeed, the city

Besides the sinking of Helike, other cases type is a Germanized French style, so of the subsidence of the land are mentionis called to the elevation of the mountains and the sinking of the sea bottom now going on in the vicinity of the Aleutian and Kurile Islands, in the North Pacific.

#### **Wives and Mothers** Suffer With Backache

Unfortunately They Fail to Recognize the Dangerous Cause of the Trouble.

Constantly on their feet, attending to the wants of a large and exacting family, women often break down with nervous exhaustion.

farm are weak ailing women, dragged down with torturing backache and bearing down pains. Such suffering isn't natural, but it's dangerous, because due to diseased

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The · dizziness, insomnia, deranged menses and other symptoms of Kidney complaint can't cure themselves Hamilton's Pills, which go direct to the

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