boy put

Calgary?

it just right

when he said:

"My! But ain't Kellogg's

easy to eat!"



It is undoubtedly every woman's ambition to have a good figure, and every woman knows how important it is to wear a perfect fitting corset to attain that end You cannot get a perfect

fitting corset, unless you consult an expert corsetiere, who has made a life study of fitting cor-

Then consult our corsetiere; she has the proper corset for your particular figure. Phone and make an appoint-

B. C. Binning 112 8th Ave. E

at the corner of Ninth avenue and son and daughter, Rev. Mr. and Mrs. Third strest east, will be opening tonight with appropriate services. All being the denominations will be services. All being the denominations will be services. the different denominations will be represented by the ministers and laymen. Special music, both instrument tal and vocal, will be rendered under the direction of Mr. Walt, the Mission monton, where they will reside permaners. organist. The present building just nently. completed on the rear end of the lots, is only to be used for temporaary purposes, as it is being arranged to build a large reinforced concrete block of four storeys, with accommodation for 256 beds, reading rooms, restaur-vancouver, formerly of All Saints, by Rev. S. E. Marshall. After spendant and all that comprises a first class Windsor.

BY ELIZABETH BAILEY Mr. Frank Pratt is holidaying at

Gull Lake. Mrs. A. DeMare, 18th Avenue, has Miss Elna Williams, Edmonton, is spending a few days in town. Mr. O. B. Culberton, Edmonton, is spending a few days in Penhold on

Mrs. Jukes, who has been visiting Mrs. Sanders Glencoe, left yesterday for Banff.

Mr. and Mrs. E. Downing have returned from a week's sojourn in Nel-. . .

Mrs. Dr. F. Porter, Waubausline

Ontario, is visiting her sister, Mrs. Laura Williams, Pictou-Rev. Mr. and Mrs. A. M. McLean leave on Friday to spend several weeks at Gull Lake.

the guest of Mrs. E. Downing, 529 Fifth avenue west. Miss Sills and Miss Phina Pearce left Pass Alpine Camp. esterday to holiday at the Vermillion

Miss Mary Roche of Winnipeg is

Miss Henry, of Hamilton, is Mrs. A Dank's guest at the Devenish apart-Miss Elizabeth and Miss Isabel For-

Miss Elizabeth and Miss Isabel For-une have left on an extended trip occupy his pulpit at Crescent Heights Mrs. J. A. Breckenridge's guest, Miss

Murcheson, of Seattle, has returned | Stagg will be pleased to know she was Miss Margaret and Miss R. Cuddy, f Winnipeg, are the guests of Mrs. A. . Van Every, 1617, Fifteenth avenue

Mr. and Mrs. Guy Sales, and Mrs. S. Sales, have returned from a leasant holiday spent in Portland, Seattle, Vancouver and Spokane.

the guests of Mrs. A. M. Terrill, left Allan, and Messrs. Balfour, Braden, Miss Agnes Damer will remain in the Stevens, Switzer, Neilson, Mrs. Jellis. ity some weeks yet.

Mrs. Albert Munn, who has been visiting Mrs. G. M. Robinson and Mrs. coast. Mrs. Robinson and her brother, Dr. McKenzie, will accompany her. Rev. Wm. and Mrs. Shearer, Sixth

#### A SONG OF POPPIES

T LOVE red poppies! Imperial red poppies! Sun-worshippers are they; Gladly as trees live through a hundred summers They live one little day.

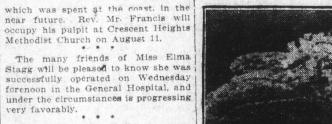
Mainly About Women

I love red poppies! Impassioned scarlet poppies! Ever their strange perfume Seems like an essence brewed by fairy people From an immortal bloom.

I love red poppies! Red, silken, swaying poppies! Deep in their hearts they keep A magic cure for woe-a draught of Lethe-A lotus-gift of sleep.

I love red poppies! Soft silver-stemmed, red poppies, That from the rain and sun. Gather a balm to heal some earth-born sorrow,

When their glad day is done.



Miss Jardine, 1201, Fifteenth avenue west, entertained a number of her friends on Tuesday evening at cards, which were followed by a jolly informal dance. Those present included Mr. and Mrs. Ackland, Miss McElroy, Miss Sagrott, Miss M. Neilson, Mrs Mr. and Mrs. Damer, who have been Jellis, Mrs. Seaton, Miss McMillan, Mrs ast night for their Vancouver home. McCullough, Bull, Binny, Harper, Mrs. James E. Halland, 524 23rd Ave

west, was a hostess at a one o'clock luncheon, on Tuesday, complimentary fury, her sisters, leaves shortly for the to Mrs. Cook of Denver, Colo., who is visiting in Calgary, the guest of her daughter, Mrs. W. C. Ferguson. Covers were laid for six, each place being marked by a dainty bunch of Th new Calgary Gospel Mission hall avenue west, have visiting them their sweet peas. A pretty potted fern in

Music furnished the entertainment

by Rev. S. E. Marshall. After spending a few days in Calgary, Mr. and All are heartily invited to attend Rev. J. B. and Mrs. Francis are ex- Mrs. Kitchen will return to Cayley, pected home from their wedding tour where they will reside perman



HELEN GOULD-the United States millionairess, who has gained fame during the last few days by her elo- may, incite the women of Calgary to be alive to the opportunity for quent and forceful replies to a real downright service, in our midst. preacher who criticised women for remaining single. He said no woman be called at an early date, and we trust that every woman, who has a vote, as well as hundreds who have no vote, will come and assist ster. Miss Gould's arguments against us in forming a league so strong, that its influence will be felt. Watch this attracted attention all over the the papers for meeting toward end of this month.

A Few Decided Words in Even Tone and Fair Punishment the Best Remedy

If we remember that in the household we are making by our own examples the very tone of voice, look and manner of the children, we shall take ourselves to task for giving way in the past to the sharply spoken word, the irritated look and the untuned voice. When we recall, also, that the children's spirits are but the more ruffled and their nerves chafed by "scolding," we shall feel that that habit merits our poor opinion, and will welcome any substitute that may prove effective and have fewer ill results. That which we all recognize as "scolding" is not so much in the words as in the manner, perhaps. Besides the counts against it given above, there is this to say that it does not accomplish its purpose. It arouses the combativeness of the ch'd, puts it on the defensive. Authority deed ion, can be shown as well, and better, f the parent is entirely composed or The son of Daniel Webster said his

father's habit with him in his boyhood was to stand him between the paternal knees, gently and firmly clasp him by the arms, and then look at him long and sorrowfully, without speaking and without anger. He said these mournful looks never fassed of last doe
effect. Not many parents can bring in fact,
to bear upon their erring children such
a face and such eyes as Daniel Webwould. ter, but his method might often work ell in spite of that. Christ himself only looked reproachfully on Peter woman. The desire to look well she when in the hall, after the arrest, that be stronger than the desire for par disciple had denied him ; yet Peter and potatoes, candy and liquids. went out and wept bitterly on account

of his weakness and disloyalty. talk with the child about his misconfuct cannot well fail to influence it. A manner and voice also that manifest the love and benevolence that the mother feels wins, while an irritated method hides the kind intention. A few decided words, gently uttered and prompt action in the way of proportionate and necessary punishment fitting method and remedy The child will readily discern if the

parent's mind is clearly made up and her will resolute as to the course of None of us wishes to be pictured in the memories of our children hereafter as having been petulant or irascible The scolding manner comes perilously near to giv oing unpleasant photographs to re-main for the years to come. All the ends of family government can be reached without such dimaging im- which I had made up my mind not to

support of the Park Row newspapers in there just the same. his contention.

calm, decistve words are best.



The female form is beautiful to be- with it and respect it. Nothing is more lovely than the slim,

Women with much development

o wear without a silk petticoat. Cling-

ate the figure and thinness of material does not make thinness of figure. in fact, it shows every bulge far more prominently that a thick material It takes only a little strength of

can get into the habit of dieting as quickly or quicker than into the habit og gorging. I cannot understand the intellect that weakens at the sight of I have heard women say that they

in reason to reduce their too fully de veloped figures, and then have seen them eat candies and drink ice cream sodas all the afternoon instead of walking and drinking lemon juice It is so easy to be just as your mind pictures your desires. Only let the mind control and not the senses. You can be just what you have a mind to be; it is all a question of mind and its dominion

pression. Self poise, serene looks, do. I would feel that I had insulted my intelligence. When you make up your mind to do something that is A man arrested in connection with the killing of Mrs. Hopp says that he will explain it. As it is fashionable just from your purpose, you visibly acnow to blame it on the police, and knowledge your weakness of mind-he probably would have the undivided You may not admit it, but the truth is

The Bertram J. Vine Co.

Calgary's Exclusive Coat and Suit House 1214-1218 FIRST STREET WEST

# Our Great Sale Still Proceeding



#### **WAISTS**

In silk chiffon, crepe de chine and many French models, white lingerie. Regular price \$1.95 to \$20.00. All at HALF PRICE.

Belts—In all the newest designs; all colors; 500. All at HALF PRICE.

The Mark of Satisfaction.



Enquiries from out-oftown residents cordially invited. P. O Box 2037.

Prompt delivery to all parts of the city, by our own vansy Phone 2040.

Store Hours: 9 a.m. to 5.30 p.m.; Wednesdays 9 a.m. to I p.m.; Saturdays 9 a.m. to 9 p.m.

### Western Residential Schools

BRAEMAR A high-class residential and day school for girls of all ages.

Shaughnessy Heights, Vancouver. Large grounds, magnificent buildings, with every modern appliance for health and comfort.

Staff unequalled; every teacher a peclalist in her own department.

Staff unequalled; every teacher a peculiar in her own department.

Fifteen acres, adjoining Shaugh-nessy Heights, Vancouver. Buildings, embodying the latest ideas in school architecture, to a

Both schools open this autumn. For particulars address: DR. E. D. McLAREN, 4 Stanley Court, Vancouver, B.C.

They are usually caused from improper manicuring. When the cuticle at the base of the nails is not kept pushed back and free from the nai will split and peel down, causing painful hangnails. If you will send ne a stamped, addressed envelope shall be glad to send you instruction for manicuring and formula for an excellent cleansing cream.

FLORENCE: Buttermilk is excellent for the complexion. I do not think it will cause a growth of hair. I have never heard of it doing so. half glass of buttermilk and applied to the face once or twice a day will remove freckles that are not too deepy burned in. Allow it to dry on the face, and when it is thoroughly dry move it by using one-third ommonia apply plenty of good cold cream, allowing it to stay on a few minutes and washing the face in warm water Give this treatment a fair trial and then if the freckles are stubborn and refuse to submit send me a stamped addressed envelope and I shall send ou a stronger bleach for freckles.

L. B.: If you have naturally oily complexion be careful of your diet. Do not eat rich, greasy foods or sweets. Eat plenty of fresh vegetables. salads and fruits. Bathe frequently ith warm water, using a flesh brush. few drops of tincture of benzoin or little borax should be added to the vater. Instead of using soap use almond cream meal sifted into the water. If you will send me a stamped, addressed envelope, I shall send you the formula for an astringent lotion which will remedy an oliy skin.

MABEL: To keep the hairlight i should be washed at least two or three times a month with a good shampoo When washing the hair be sure that ou get all the shampoo mixture out of it, for there is nothing that wi spoil the lovely golden shade as soap if it is allowed to remain. The hair should be rinsed and sprayed four or five times and if the hair is particular heavy it should be rinsed in six or seven different waters and sprayed with a strong spray. This is the only way to get all the shampoo out of the hair. Never rub soap directly on the hair, for this spoils it. If you use a good shampoo you will not have to put anything in the water to soften it Too much ammonia, borax or soda, or anything of that kind will in time make the hair dry and lifeless. If you send me a stamped, addressed enve-

MARGARET F .: I shall be glad send you formula for an excellent astringent lotion for closing the pores f you will send me a stamped, addressed envelope. There is no danger of a cold cream causing a growth of strange creatures are to be for hair on the face if it does not contain Milwaukee! animal fat such as tallow. The vegetable fats such as wax will not cause a grow h of hair. I shall be glad to would scrub the send you the formula for the cold the cause of suffrage. cream which I use almost constantly that's what suffrage really needed was you care for it.

#### Electric Cooking Heating Appliances

Electrical household articles an becoming very popular, being economical as well as labor savers. Any of the following ap pliances in your household will lighten the work of the house wife and make it a pleasure. Al of these appliances are ready for use and none require any spe cial wiring.

Holpoint Electric Iron-in 5 lb. weights, guaranteed for b years. Superior Electric Iron veight, guaranteed for 3 years,

"El Chafo"-Always ready for use, no smoke, no fumes. Each "El Boilo"-Fine for heating

small quantities of water. Eac. Toaster-Makes crisp brow

Travellers' Outfit\_Can be use as an iron or for boiling water .American Beauty Iron, in 6 ll

weight. Each . "El Perco"-Brews full flavored coffee on the dining table "El Perco"\_Machine make

coffee of proper flavor. "El Eggo"-Boils or poache eggs on the breakfast . \$10.00 "El Stovo"-For all kinds of

cooking. Each .. Curling Tong Heate used on any electric light sock

Ashdowns

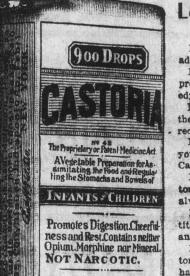
Quality Hardware

Judge Backus, of Mi that immodest clothes of today are the cause

Mrs. O. H. P. Belmont

## Don't Poison Baby.

FORTY YEARS AGO almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THÊRE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. CASTORIA DOES NOT CON-TAIN NARCOTICS, if it bears the signature of Chas. H. Fletcher.



Recipe of Old DeSAMUELPHORES

vorms, Convulsions, Feverishes and LOSS OF SLEEP. Fac Simile Signature of THE CENTAUR COMPANY MONTREAL&NEW YORK

35 Doses - 35 Cents

Exact Copy of Wrapper

Letters from Prominent Physicians addressed to Chas. H. Fletcher. Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and

advise its use in all families where there are children." Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children." Dr. Agnes V. Swetland, of Omaha, Nebr., says: "Your Castoria is

the best remedy in the world for children and the only one I use and Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."

Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it." Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it

an excellent remedy for the young." Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy." Dr. J. A. Boarman, of Kansas City, Mo., says: "Your Castoria is a splen-

did remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an

excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the



In Use For Over 30 Years.



The Mistake of Thin Clothes. old when seen in well fitting clothes.

transparent things. the place of places to ssudy women. petticoats were far more becoming and flesh disguising than the present

fashion of knickerbockers. thin skirt with the sun penetratng it, showing every unbecoming out line. Surely, a woman should stand on a chair in front of a window with strong light and regard her figure n a mrror before she goes out be fore an unprotected multitude. Lnen, and even pongee, are too thin

ing or transparent garments accentu character to reduce the outline of any

woman. The desire to look well should be stronger than the desire for pastry the study which is given to hiding flesh were put on the effort to reduce Gentle and entirely self controlled it a better result would be the reward.

pathed fat and would do anything

I would be ashamed to do anything

Remember: Your clear mind is you

best friend; cultivate an acquaintance

New York, July 31.—One of the New York's "Big Four," as the delegates at large are known, to be sent to the national convention of the new party at Chicago next week, probably will be a Chicago next week, probably will be a chicago next week, probably was made

woman. This announcement was interested by Wm. H. Hotchkiss, state chairman of the new party. Who the woman will be has not been decided. Mr. Hotchkiss says the selection would likely be left to the feminine wing of

the party.

According to the chairman, the three other delegates at large probably will be Oscar Vraus and Henry Stoddard, and either Chauncey J. Hamlin of Buffale or Virgil K. Keilogg, of Water-

amusements, and New York spent \$3,000,000 more than that sum for

ot necessarily suited for comparis-

CALGARY WOMEN PURPOSE

FORMING A CIVIC LEAGUE

What is the matter with having a Women's Civic League

While many women are clamoring for the franchise, there

There is great need, right here, of woman's hand in both the

much work we may do for the good of humanity, and our own city

noral and social uplift, as well as in the actual civic affairs. We

have had unrest and disturbance, in our city government, and while

ur men have formed a civic league, to aid in the re-construction of

said government, what is to hinder our women bestiring themselves,

1,600 Women Vote in Calgary

fully realize the power of such a vote at any election? Our vote

solid, could turn the scales in favor of any candidate, and thus aid

good of our city, which means, the good of the home, and our boys

We have some 1,600 women voters in Calgary. Do the women

Not only this, but there are many things we can do for the

The women of Boston has a Woman's Municipal league, which

After an existence of three and a half years, it has a member-

The work of the league is grouped under four heads: Streets,

The Streets and Alleys' committee, employs a salaried woman

The Woman's Municipal league of New York, which was

inspector, who receives complaints from district committees, and

ounded in 1897 by Mrs. Charles Russel Towell, has a fine record of

much the same work. It has working committees on Health, Streets

Women's Court, Dance Halls, Police, Tenements, Parks and Play-

grounds. Ten district chairmen preside over the work, in as many

Opportunities For Good Work

healthful city, but the women banded together in some such way, as suggested by the reports from New York and Boston, can aid

greatly, in more quickly bringing about the desired end.

Surely there is plenty of work for us along many of these lines,

The city officials can do much to give us a clean, moral and

We hope the example set us by the women of older cities

A meeting to form a Woman's Civic or Municipal league, wil

if we only utilize what powers we already have.

and turning their energies in the same direction?

has been of the greatest value to that city.

Alleys, Education and Housing.

to be done right here and now.

sections of the city.

the men, in what they deem best for the city's welfare.

ship of 1,800, representing every race, creed and occupation.

carries them in person to the proper city officials.

nusic. But the two sets of figures are

CONSTANT READER: Peroxide does straight, youthful lines, even in thin, not act as a hair tonic. I bleaches the It is a good, mild bleach transparent things. hair. If the growth is heavy I would juice you to have it removed imshould be careful to avoid chiffon and mediately before it gets any heavier. thin materials, especially when they The electric needle is the safest way wear so little underneath. The board to remove uprefluous hair. If the walk at Atlantic City seems to be growth is light you may try to re-It is not my place to criticize wom- to two-thirds peroxide of hydrogen. en, except in a friendly way, but I The peroxide will bleach the hair and and then taking it off with a cloth must say that the old fashioned pretty | the ammonia will greadually kill the roots.

MISS L. M .: Never pull or bite the Nothing can be more ludicrous than hang off nails. Cut them as closely as



COIFFURE ARRANGEMENT-One the many new arrangements of hair that are becoming to young faces. As will be noted, the sidecombs and barette play an important

Before Deciding Wall Papers

for that drawing room, dining room, bedroom or den be

S. B. Ramsay THE DECORATOR,

lope I shall send you formula for an excellent shampoo for blonde hair.

man have for

of night as

s me that "won" A

re arrange

ne person wi lly and truly better for vening inst he kindnese e seemingly sm

pulled away she writes to nk I should an ild I not? Answer her letter ner wife and m

One of Many 'Dear Miss Libbe or at leas best friend seer and unless n she will be one y who must se release. he promising

ich they were years he wish ase him and he town and in iled, more fro reditors, and bay back her me

> CANA For \$2.00 B

> > THE BI

Ice are

919 1