

# A PARTICLE OF DANDRUFF OR A FALLING HAIR

Ten minutes after an application of Dandérine you can not find a trace of dandruff or falling hair. Your scalp will not itch, but please you most will be amazed at the new hair growing at first—fine and downy at first—really new hair growing at scalp.

Dandérine immediately restores the beauty of your hair. No more dull, faded, brittle hair. It moistens a cloth under your hair, taking one strand at a time. The effect is as if your hair were light, and away, and have an appearance of abundance; an incomparable softness and luxuriance.

25-cent bottle of Knowlton's Dandérine from any drug store or painter, and prove that your hair is as pretty and soft as any—has been neglected or injured—treatment—that's all—nearly can have beautiful hair of it if you will just try a Dandérine.

of the crew were in danger of approximately \$25,000 damage.

of No. 2 Military District, and a meeting called against connection with an item costing \$931, given in honor by the Toronto Exhibition. Major-Gen. Logie de-termined that he told Dr. and attended only as a courtier when the invita-

# ASTORIA

For Infants and Children  
Use For Over 30 Years



has been neglected or injured—treatment—that's all—nearly can have beautiful hair of it if you will just try a Dandérine.

## THE FAIREST FLOWERS

That Ever Bloomed in the Garden of Shoedom

are in, now blooming at this store. See the new colors and leathers. An invitation to all the ladies is extended.

# COLES SHOE CO.

122 COLBORNE ST.  
Bell Phone 474.

# AUTOINTOXICATION OR SELF-POISONING

The Dangerous Condition Which Produces Many Well Known Diseases.

## HOW TO GUARD AGAINST THIS TROUBLE

"FRUIT-A-LIVES" — The Wonderful Fruit Medicine — will Protect You

Auto-intoxication means self-poisoning, caused by continuous or partial constipation, or insufficient action of the bowels.

Instead of the refuse matter passing daily from the body, it is absorbed by the blood. As a result, the *Kidneys and Skin are overworked*, in their efforts to rid the blood of this poisoning.

Causes of Eczema, Loss of Appetite and Disturbed Stomach. It may produce Headaches and Sleeplessness. It may irritate the Kidneys and bring on Pain in the Back, Rheumatism, Gout, and Rheumatic Pains. It is the chief cause of Eczema—and keeps the whole system unhealthy by the constant absorption into the blood of this refuse matter.

"Fruit-a-lives" will always cure Auto-intoxication or self-poisoning—as "Fruit-a-lives" acts gently on bowels, kidneys and skin, strengthens the bowels and tones up the nervous system. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

# How Julia Arthur Came Back to the Stage

Famous Canadian Actress Desires to Raise Money For Allied Cause—Call of the Old Love Strong Within Her

The following extract from the reminiscences of Mrs. Cheney (Julia Arthur) tells of her recent return to the stage after a twelve-years retirement:

The story of my "come-back" after my return to the stage last year, after some many years of absence—has its beginning in the supreme tragedy of to-day—the European war. Mr. Cheney's business ventures were seriously affected by the war, as were those of so many others. When I felt the surge of the great national impulse to help the victims of the war, I suddenly realized that I could not offer help in the big way in which I longed to do it. My friends were appealing to me from every side. Every mail brought requests for donations. It would have taken a small fortune to respond to them all—and I could not go to my husband at that time and ask him for the thousands I wanted.

Suddenly an inspiration came. I would get up a great "benefit." I would return to the stage in one performance of, say, my beloved Mercedes, and get my old friends in the theatrical world to help me. The whole plan shaped itself in my mind within a few moments of the original idea, and the thrill that came at the thought of getting back to the footlights taught me something. I had always missed them, but I had not realized it.

I was in the Parker house in Boston when the inspiration came.



"Something may happen to it, you know," I warned her. "I never know what I am doing in certain respects in Mercedes. It may get broken." "If it does," smiled Mrs. Aldrich, "it will perish in a good cause." So I wore the comb and, fortunately it was anticipating the experience. But I am anticipating, for which I

was a bit late owing to my interviews with Mrs. Aldrich, Mr. Tyler and the dressmaker, I mentioned my project to Mr. Cheney. When he learned that most of the details were already settled he gave it an approval which I am afraid he did not really feel. Indeed, he looked as though he saw something that resembled the hand-writing on the wall.

The plan grew like a rolling snowball. The stage friends to whom I wrote immediately promised their services, and others who heard of the project wrote offering to help. Lawrence M. Clardy was the stage manager. Never shall I forget the help given me by "the boys" of the Boston Press. One and all they stood by me, with the result that we had to give the benefit in a larger house. Madame Mathilde Gottrelly volunteered for the role of Ursula. Ernest Gladding consented to play Captain Linvois. William Courtleigh and Forrest Robinson took the roles of Lavoissiere and Padre Josef, and Edmond Breece handed me, accepted the small part of the Sergeant.

"I'd carry a spear for you," he said when I apologized for the only role left.

When the cast of Mercedes was filled offers of special acts and turn-poured in from every side, with the result that on the sixth of November we gave the Boston public a great bill, lasting from two o'clock in the afternoon until six o'clock at night. Incidentally we packed the Boston theatre and cleared between four and five thousand dollars for the war victims.

I confess that my first two minutes on the stage as Mercedes during that revival found me the victim of the worst case of stage fright I have ever known. The thousands of eyes fixed on me caused me a sick foreboding. I had been away from the stage so long! Would these people care for me now? I had a tremendous reception, but it did not calm me. It merely brought a great lump in my throat—which was especially unfortunate, as my scene opened with a lullaby! I could not sing it. For the moment I was helpless, speechless—as sorry a victim of panic as the worst amateur could be. But the friendly reception continued, giving me time to pull myself together, and in that interval I actually prayed.

"Let me forget myself," I inwardly begged. "Let me think only of Mercedes, the part I love so well."

In the next instant I felt as though the soul of Mercedes had entered my body. Instead of shivering Julia Arthur, there was now before the audience the tragic Spanish girl whose great hour of life and death had struck.

Six weeks later, on December 15, I repeated Mercedes with the same cast at the Shubert theatre in New York at a war benefit arranged by

# LEN'TEN RECIPES FOR HOUSEWIFE

## Escalloped Oysters.

Heat the strained liquor from a quart of oysters with 1 cup milk; melt in it 1-4 cup butter; cover the bottom of a buttered baking dish with cracker crumbs, wet them with butter and milk, then add a layer of oysters, salt and pepper, then cracker crumbs again and oysters, having a thick layer of crumbs on the top; beat 1 egg, stir it into the milk that is left and pour it over; bake about 1-2 hour.

## Finnan Huddle

Take fish, place in deep pan, cover with boiling water, let it stand for 15 minutes, pour off water and bake in a hot oven for 30 minutes. Serve on a hot platter with bits of butter and pepper over it. A nice dish for supper.

James Gordon Bennett, William Vanderbilt and Mrs. Whitney Warren, in behalf of the Secours National and the Actors' relief fund. This, too, was an all-star bill, with John Barrymore, Douglas Fairbanks, Holbrook Blinn and others on the splendid program. The performance netted about seven thousand dollars. Then Daniel Frohman asked me to help him out by giving the balcony scene from Romeo and Juliet at the actors' fund benefit, and I did so.

The result of all this, as Mr. Cheney had foreseen, was inevitable. I was back in the world of footlights and grease paint, taut nerves and tense emotions, big ambitions and fine friendships—and I was like a traveller who after many wanderings had found his way home. That was back "for good" was taken for granted by my associates. Erycrose said: "Of course you'll remain on the stage, now that you are well again." And although my tongue did not always reply, something else in me invariably made the same answer: "Of course I shall!"

## SEED GRAIN

"OUR SEEDS ARE TESTED"

We have a choice lot of O. A. C. No. 72 Oats and No. 21 Early, pure and true to name. We are headquarters for Clovers of all kinds.

# DOUGLAS & ROY

SEED MERCHANTS  
Both Phones 882 7 George St.

# Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of



In Use For Over 30 Years  
The Kind You Have Always Bought  
THE CENTAUR COMPANY, NEW YORK CITY.

## Notice to Creditors

All persons having claims against the Estate of JUDSON M. DRAKE, late of the Township of South Dumfries, Farmer, deceased, who died on or about the 1st day of January, 1916, are required to send particulars and proof of same to Clayton E. Drake, St. George, Ont., or A. Allan Drake, 5 George Street, Brantford, the Executors of the Estate, or to the undersigned, not later than the 20th day of March, 1917, after which date the Executors will distribute the assets of the Estate among the parties entitled thereto, and will not be liable for such assets or any part thereof to any person of whose claim they shall not have notice at the time of distribution.

Dated this 10th day of February, 1917.  
C. S. TAPSCOTT, Brantford, Solicitor for Executors.

## SPIDER STARS.

The Giant Spider who was so big that his legs cast a shadow like a tree, was tired of being big. That was the plain fact of it. He wanted to be smaller. He wanted, indeed, to be just the size he had been before he stuffed himself with fairy milk and honey and grew and grew. So he went to a wise Giantess who lived on a fairy mountain.

"Giantess," he said, "do you remember me?"

The Giantess looked hard at him.

"Why," she said, "you're the Spider who wasn't big enough to weave me a cobweb parasol, aren't you? And you ate fairy milk and honey until you grew and grew and then you wove the parasol."

The Spider nodded.

"Yes," he said, "but now I'm tired of being big. At first I thought to be king of the fairy forest because of my size and I spun for myself a wonderful fairy castle, but the Wind came and blew it down. Now I want to get back to my old size before magic made me a giant."

"And what can I do?" asked the Giantess, yawning.

"Oh," said the Spider, "I've heard that you're pretty wise and I thought perhaps you knew a way to make me smaller."

"Hum," said the Giantess, "hum." Then she laughed and she laughed so loud that it rumbled among the hills like thunder. "There is one way," she nodded, "that I can make you smaller, but it's bound to hurt—bound to hurt!"

"Try it," said the Spider. "Anything is better than having legs like trees."

So the Giantess told the Spider to stand up against a rock and with her mighty hand she struck him on his spider head. Why, he saw stars! Stars and stars and stars! They seemed falling all about him. But he knew he was shrinking. He could tell by the way his legs felt.

She hit him again and again and the stars flew, red and blue and green. His head ached and his legs ached and he felt so shrinky and queer that he was a little afraid she was overdoing it, but when she told him to look at himself he saw that he was nothing like as small as he wanted to be.

And so she hit him again on his spider head and the stars just flew again. But that time he shrank back entirely to his old size. And when he came to himself there were stars lying all around the ground. They glittered red, they glittered green, they glittered blue and gold, and, do you know, that Giantess strung them on some spider silk he spun for her and used those spider stars for a necklace.

## OUR DAILY PATTERN SERVICE

Valuable Suggestions or the Handy Homemaker—Order Any Pattern Through the Courier. Be Sure to State Size.

## CHILD'S DRESS

By Anabel Worthington.

A girl begins to take notice of her frocks almost as soon as she passes the "rattle" age, but not until she has gone over the sixth year mark does she know how to take the necessary care of them to make mother's work easy. Therefore mother should select such dress models as will be no work to make, to launder or to slip on and off the girls.

This illustration suggests the correct way to make a day dress for a girl of from two to six years of age. It shows the front with a yoke that is finished for lacing after slipping the frock over the head. The upper edges of the dress fronts are neatly gathered and joined to the yoke, and a belt with its ends buttoned to the front sides is arranged over the back fulness. To match the sailor collar, the cuffs on long sleeves have a piping to correspond. It rests with you whether the short sleeve is to be used instead.

For a play dress, linen, gluing, cotton chevrons and like weaves are suitable, and for kindergarten wear plain ground woolen weaves and wool plisids and checks are excellent. There are no outpockets or buttonholes to bother with and really one can cut and finish several of these little dresses in a very short time.



The dress pattern No. S114 cuts in sizes two, four and six years. To make in the medium size requires 1 3/4 yards of 36 inch material, 1/2 yard contrasting goods to trim 22 inches wide. To obtain the pattern send 10 cents to the office of this publication.

When You Make That Dress You Will Need BUTTONS. See Our Assortment  
**The RITCHIE BUTTON Co.**  
53 Colborne St. Phone 2085

## To City, Town and Village Dwellers in Ontario

# "A vegetable garden for every home"

In this year of supreme effort Britain and her armies must have ample supplies of food, and Canada is the great source upon which they rely. Greater production is a vital necessity. Everyone with a few square feet of ground can contribute to victory by growing vegetables.

## Four Patriotic Reasons for Growing Vegetables

- 1—It saves money that you would otherwise spend for vegetables, thus being an effective means of thrift, leaving your money free for purposes more directly helpful to the cause.
  - 2—It helps to lower the "High cost of living."
  - 3—By increasing production your vegetable garden helps to enlarge the urgently needed surplus of produce for export to the motherland and her allies.
  - 4—Every dollar's worth of vegetables you grow saves several hours' labor of some worker somewhere whose effort at this critical time should be expended upon producing food for export, or upon other vital war work.
- Multiply your effort by the number of available garden plots in cities, towns and villages all over Ontario and the significance of vegetable production as a form of patriotic thrift becomes one of startling importance to the country!



## The Ontario Department of Agriculture will help you

The Ontario Department of Agriculture appeals to Horticultural Societies to devote at least one evening meeting to the subject of vegetable growing. Manufacturers, labor unions, lodges, school boards, etc. are invited to actively encourage home gardening. Let the slogan for 1917 be, "A vegetable garden for every home."

Organizations are invited to arrange for instructive talks by local practical gardeners on the subject of vegetable growing. In cases where it is impossible to secure a local speaker the Department of Agriculture will, on request, endeavor to send a suitable man.

The demand for speakers will be great. The number of available experts being limited, the Department urgently requests that arrangements for meetings be made at once; if local speakers cannot be secured, send applications promptly. Address letters to "Vegetable Campaign," Department of Agriculture, Parliament Buildings, Toronto.

The Department suggests the formation of local organizations to stimulate interest by offering prizes for best vegetable gardens. It is prepared to assist in any possible way any organization that may be conducting a campaign for vegetable production on vacant lots. It will do so by sending speakers or by supplying expert advice in the field.

## To the Boys and Girls of Ontario

Boys, here is a splendid chance to help in the war. Grow vegetables this summer. What a fine way to spend some of your spare time. Ask your parents for the use of the ground, and their help; they will gladly give it, knowing how valuable the experience will be to you—and to the Country.

## Send for Literature

To every one interested in vegetable growing the Department of Agriculture will, on receipt of request, send literature giving instructions about implements necessary and methods of preparing the ground and cultivating the crop. A plan of a vegetable garden indicating suitable crop to grow, best varieties and their arrangement in the garden will be sent free of charge to any address.

## Write for Poultry Bulletin

The waste from the average table would support a small flock of hens. They are inexpensive to keep, and you will be highly repaid in fresh eggs. Write for free bulletin which tells how to keep hens, and deals with the results of experiments conducted at the Ontario Agricultural College.

# Ontario Department of Agriculture

W. H. Hearst, Minister of Agriculture  
Address letters to "Vegetable Campaign," Department of Agriculture, Parliament Buildings, Toronto