it worthily, would not allow the way of distributing It, to become an obstacle to Its reception especially where the sick are concerned. So on the 23 of December,1912 he declared that with permission of the Ordinary the Sacred Host could be carried "privatim." The stole under the clothing, custode suspended from the neck resting on the breast and an escort, is all that is necessary.

Truly we can say that Pius X has thought of everything and of every one and apply to him this text of Holy Writ: *Nec est qui se abscondat a calore ejus.*

Pius X has carried out his programme, we must second his efforts and march with zeal and energy in the way he has traced.

A. Camirand

> Never Lonely, Never Alone. <

Lonely—alone? Oh, no, never alone, never lonely, not even for an instant. God never leaves us alone. He is with us always. He is with us in the freshness of the morn, the brightness of the noon, the calmness of the evening and the dead of night. He is with us without and within, above us and beneath us; in our toil, in our rest; when we are well and when we are sick; when we are awake and when we are asleep. Not for an instant does He leave us. To Him we can always speak; at Him we can always raise our eyes; on Him we can always depend. Him we can always glorify. Where He is there is no loneliness, no aloneness. In us He sees His image, His likeness; in Him we see our joy, our place and our happiness, ever and forever, world without end and Heaven without ceasing. Lonely, alone, Oh no! O no!

F. Deepen.