including postage 40 cents. (c) To attend the monthly meetings, and to organise among Gleaners who are friends less formal gatherings for prayer and study. (d) To enlist other Gleaners. (e) To forward in all possible ways all effort for the evangelisation of the world, especially all Canadian effort.

We can desire no greater blessing for our Church in Canada, than growing zeal for the missionary cause. For as our Bishop told us so emphatically lately, the churches that do the most for the heathen abroad, are always the churches that prosper the most at home.

Applications to join the Gleaners' Union should be made to me as Secretary of the Montreal Branch at 66 McTavish Street. The entrance fee is five cents,

## A PERFECT LESSON.

## EUGENE STOCK.

At a recent meeting of the Montreal Branch of the Diocesan Sunday School Association Mr. Eugene Stock of the C. M. S. gave the following summary of the points which a good Sunday School lesson should include:

1. THOROUGH PREPARATION, including

Industrious Application.
Patient Meditation.
Fervent Supplication.

2. CONSTRUCTION.

Scriptural Foundation.
Appropriate Classification.
Strict Condensation.
Vivid Realization.
Gospel Declaration.
Aiming at Easy Assimilation.

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